



EQUIPPING CHURCH LEADERS
• EAST AFRICA •

OKUSAASIRA HAMWE N'OKUGARUKANISA

ekya

Jonathan M. Menn

B.A., University of Wisconsin-Madison, 1974

J.D., Cornell Law School, 1977

M.Div., Trinity Evangelical Divinity School, 2007

Equipping Church Leaders East Africa, Inc.

714 S. Summit St., Appleton, WI 54914

+1-920-2846841 (mobile and WhatsApp)

jonathanmenn@yahoo.com

www.ecllea.net

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Okusaasira n'okugarukanisa biri ahagati y'obuheereza bwa Kristo ahariitwe, kandi bishemereire kuba ahagati y'emikoreere yaitu ahabandi. Omushomo ogu nigukwata aha musingye gw'ebhandikirwe bikuru eby'okusaasira hamwe n'okugarukanisa. Nikugamba eki okusaasira hamwe n'okugarukanisa biri hamwe na ebi kutari hamwe n'oku okugarukanisa kuri kutaana n'okusaasira. Enshonga z'okukora ahabwaki okusaasira hamwe n'okugarukanisa birikugambwaho kandi n'enteekateeka y'okukora okutukubaasa kusaasira hamwe n'okugarukanisa biteirwemu. N'ebindi harimu omukago gw'okusaasira hamwe n'okweteisa hamwe n'enshonga y'okwesasira.

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OKUSAASIRA

Ebyahandiikirwe Ebikuru Ebirikugambwaho¹

I. Okusaasira n'ekicweka ky'obuhangwa bwa Ruhanga

A. Okusaasira n'ekicweka kikuru omu mitwarize ya Ruhanga

- 1. Ruhanga we akagira ngu:** ⁶ MUKAMA yaaraba omu maisho ga Musa, yaaranga naagira ati: MUKAMA, MUKAMA, Ruhanga ow'okusaasira n'embabazi, otarahuka kugira ekiniga, oijwire embabazi n'amazima, ⁷ ogirira embabazi abantu enkumi n'enkumi, osaasira okutahikiirira n'okushiisha n'ekibi; otasingisiriza na kakye abaine orubanja; ohoora abaana ahabw'eb'okushiisha bya baishebo, n'abaijukururu baabo okuhitsya aha busingye bwa kashatu n'obwa kana." (Kur 34:6-7)
- 2. Eki kikahamibwa abandi:** (Kub 14:17-19; Zab 103:2-3; na Zab 130:3-4).
- 3. Ruhanga kusaasira ebibi byaitu nikyoreka obwesigwa bwe aharitwe:** "Ku twatura ebibi byaitu, niwe w'okwesigwa kandi ohikiire kutusaasira ebibi n'okutwozyaho eby'okutahikiirira byona" (1 Yoh 1:9).

B. Okusaasira n'emwe aha micwe n'ekigyendererwa kya Yesu Kristo

- 1. Kristo wenyini akagira ngu aine obushoborozi bw'okusaasira ebibi by'abantu:** ³ Ku yaabaire naakigamba, haija abantu bana bamureeteire omuntu ozingazingirwe, bamuheekire omu ngozi. ⁴ Ku baabuzire ah'okuraba kuhika ahari Yesu ahabw'omutwe gw'abantu, baakambura aha mutwe gw'enju aharinganiire n'ahu Yesu yaabaire ari; ku baaherize kuhakambura, baashuumizaho ozingazingirwe omu ngozi, ei yaabaire arimu. ⁵ Yesu ku yaareebire okwikiriza kwabo, yaagira ozingazingirwe ati: Mwana wanyeye, ebibi byawe byakusaasirwa. ⁶ Kwonka aha rubaju hakaba hashutamiho abamwe aha bahandiiki, baatandika kwetomboita nibeebuuza omu mitima yaabo bati: ⁷ Beitu shi, omuntu ogu ekirikumugambisa kityo n'enki? Naarogota! N'oha orikubaasa kusaasira ebibi kureka Ruhanga wenka? ⁸ Ahonaaho Yesu, ku yaamanyire omu mwoyo gwe okwetomboita kw'omu mitima yaabo, yaababuza ati: Nimwetomboitera ki mutyo omu mitima yaanyu? ⁹ Ekirikurahuka ni kiiha, okugira ozingazingirwe nti, Ebibi byawe byakusaasirwa; nari okugira nti, Imuka oyekorere engozi yaawe, ogyende? ¹⁰ Kwonka mumanye ngu Omwana w'omuntu aine obushoborozi aha nsi okusaasira ebibi, yaahindikira ozingazingirwe yaamugira ati: ¹¹ Ninkuragiira nti: Imuka oyekorere engozi yaawe, otaahe. ¹² Yaimuka, ahonaaho yaayekorera engozi ye, yaashohora omu maisho gaabo boona; kyabatangaaza boona, baahimbisa Ruhanga nibagira bati: Eki tikikareebwaga." (Mak 2:3-12) Ebindi ebirikukwata aha mukoro ogu n'ebi Mat 9:2-8 na Luk 5:17-26. Reebe na Luk 7:48-50: Obushoborozi bwa Kristo obw'okusaasira bukareebwa abandi; Luk 23:33-34: Kristo akasaasira abandi n'obu yaabaire ari aha musharaba.
- 2. Kristo okusaasira ebibi by'abantu, kikaba kandi kiri ekicweka kikuru munonga ky'ekigyendererwa kye omu nsi; nikihika aha musingye gw'engiri, kikarangwa entumwa, kandi naitwe nikyo twine kuranga:**
 - a. Byak 5:29-32:** ²⁹ Petero n'ezindi ntumwa baagarukamu bati: Tushemereire kworohera Ruhanga okukira abantu. ³⁰ Ruhanga wa baatatenkuriitwe akazoora Yesu ou mwaitsire muhanikire aha muti. ³¹ Ogwo Ruhanga akamutembya, yaamuta aha rubaju rwe rwa buryo, ngu abe Omwebembezi mukuru kandi Omujuni, okuhaisa Abaisraeli okweteisa n'okusaasirwa ebibi. ³² Itwe turi baakareebi b'ebyo hamwe n'Omwoyo Orikwera ou Ruhanga yaahaire abarikumworohera."
 - b. Byak 13:36-39:** ³⁶ Nimumanya Daudi ku yaaherize kuhikiiriza enaama ya Ruhanga omu biro bye, yaagwejegeya, yaaziikwa na baishenkuru, yaajunda; ³⁷ kwonka Ogwo ou Ruhanga yaazoire tarajunzire. ³⁸ N'ahabw'ekyo, B'eishe-emwe, mumanye ngu ahabw'Omushaija ogwo okwihwaho ebibi nikubagambirwa; ³⁹ kandi ahabw'Ogwo orikwikiriza weena naihwaho orubanja rw'ebibi byona, ebi mutaakubaasize kwihwaho Bragiyo bya Musa.
 - c. Kol 1:13-14:** ¹³ Niwe yaatwihire omu butegyeki bw'omwirima, akatutaasya omu bukama bw'Omwana we ou akunda, ¹⁴ ou twatungiiiremu okucungurwa, nikwo kusaasirwa ebibi byaitu.
 - d. Reebe na: Luk 24:46-47; Byak 2:38; 10:43; 13:38-39; 26:15-18; Efe 1:7; 1 Yoh 2:12.**

¹ Ebyahandiikirwe byona ebirikugambwaho omu Baiburi nibiruga omu nvanuura ya New American Standard okwihaho ebindi ebirikwerekwa.

II. Kristo naaturagiira—nk'ekicweka kikuru ky'okuba Omukristaayo—okusaasira abandi

A. Okushaba kwa Mukama nikutwetengyesa kusaasira abandi, nk'oku twasaasirwe: ⁹ N'ahabw'ekyo mushabe muti: Tataitwe ow'omu iguru, Eziina ryawe ryezibwe,¹⁰ Obukama bwawe bwije; Eby'okunda bikorwe omu nsi Nk'oku bikorwa omu iguru;¹¹ Otuhe hati eby'okurya ebi otuha obutoohsa;¹² Otusaasire amabanja gaitu, nkaitwe oku tusaasira abu turikwihuza;¹³ Otatutwara omu kwohibwa kureka otujune Omubi. ¹⁴ Ku murisaasira abantu eby'okushiisha byabo, naimwe Shoimwe ow'omu iguru aryabasaasira; ¹⁵ kwonka ku muriba mutarikusaasira bantu eby'okushiisha byabo, naimwe Shoimwe taribasaasira by'okushiisha byanyu. (Mat 6:9-15) Ebindi ebirukwata aha mukoro ogu ni **Luk 11:2-4**.

1. Yetegereze ngu ekicweka kyonka omu kushaba kwa Mukama waitu eki Yesu yaataireho amaani n'okugambaho, n'ekicweka ky'okushaba ekirikukwata aha kusaasirwa.

2. Yetegereze ngu obutasaasira n'ekibi.

3. Eky'ahamuheru. yetegereze ngu Kristo akyoreka butunu ngu okusaasirwa kwaitu Ruhanga

nikukwatanisa n'okusaasira kwaitu abandi: Ruhanga naija kutusaasira twasaasira abandi; kwonka Ruhanga tarikwija kutusaasira twayanga kusaasira abandi. Nka D. A. Carson naashoboorora ati:

“Abantu nibeshara aha okusaasirwa, ku barikuba bagumire munonga omu burwaire bwabo, batarikubasa, nainga batarikwenda kusaasira abandi. Omu mbeera nk'ezo, tibarikworeka kwefuza, okuhendeka, tibarikwetegereza omugasho gw'okusaasira, tibarikwetegereza ngu nabo bakakora ebibi, tibarikweteisa.” (Carson 2002: 79)²

B. Eky'okureeberaho kya Yesu ekirikukirayo obwire buraingwa omu kitabo kya Matayo ³ nikyoreka oburemezi bw'okusaasira abandi: ²¹ Bwanyima Petero yaija, yaamubuuza ati: Mukama wangye, mugyenzi wangye ku araagume nanshaagiza, mmusaasire kangahi? Mpitsye emirundi mushanju? ²² Yesu yaamugarukamu ati: Tindikukugira nti, Ohitsye emirundi mushanju, kureka nti, Ohitsye emirundi makumi mushanju emirundi mushanju. ²³ N'ahabw'ekyo obukama bw'omu iguru nibushushanibwa n'omugabe owaayenzire kubara n'abambari be ebintu ebi yaabaire ababiikize. ²⁴ Ku yaatandikire kubara, baamureetera omwe owaabaire aine eibanja rye ery'etalanta kakumi. ²⁵ Ku yaabuzire eky'okwihura, makama we yaaragiira ku bamutunda, we n'omukazi we n'abaana be n'ebi yaabaire aine byona, ngu abone kumara eibanja. ²⁶ Omwambari ogwo nikwo kumukwata amaguru akamweshengyereza, naagira ati: Mukama wangye, nyihuza mpora, naanye ndyakwihura byona. ²⁷ Mukama w'omwambari ogwo ahabw'embabazi ze yaamurekura, yaamusaasira eibanja eryo. ²⁸ Kwonka omwambari ogwo, ku yaashohoire, yaabugana omwambari mugyenzi we, owaabaire aine eibanja rye ery'edenaari igana; yaamukwata, yaamutq aha munigo, naagira ati: Nyihura eibanja ryangye. ²⁹ Ogwo mwambari mugyenzi we yaamukwata amaguru, yaamweshengyereza ati: Nyihuza mpora, niinyija kukwihura. ³⁰ We yaayanga, yaagyenda, yaamuta omu kihome, okuhitsya obu araheze eibanja. ³¹ Mbwenu abambari bagyenzi be, ku baareebire ebyabaho, baamugwerwa kubi munonga; baagyenda baabigambira mukama waabo byona. ³² Mukama waabo nikwo kumutuma, akamujuukirira ati: iwe mwambari 'we omubi, nkusaasiire eibanja eryo ryona ahabw'okuunyeshengyereza; ³³ naiwe toshemereire kusaasira omwambari mugyenzi waawe, nk'oku nkusaasiire? ³⁴ Mukama we yaamugwerwa kubi, yaamuhayo omu mikono y'abarinzi, okuhitsya obu ariihura eibanja ryona. ³⁵ Nikwo Tata ow'omu iguru aribagira atyo, ku muriba mutasaasiire bagyenzi baanyu, mwihire aha mutima.” (Mat 18:21-35)

C. Eky'okureeberaho kya Yesu ekirikukirayo oburaingwa omuri Luka (n'omu Baiburi) nikikwata aha kusaasira n'okugarurwaho: ¹¹ Kandi yaagira ati: Hakaba hariho omushaija owaabaire aine abatabani babiri. ¹² Omuto yaashaba ishe ati: Taata, mpa omugabo gw'ebintu ebi waakundagire. Ishe yaababaganisiza eitungo rye. ¹³ Bwanyima y'ebiro bikye, omwana ogwo omuto yaateerana hamwe ebintu bye byona, yaagyenda, yaaza omu nsi endiijo eya hare. Ku yaahikireyo, yaashiishagurira ebintu bye omu micwe mibi. ¹⁴ Ku yaabiherizeho, haabaho enjara nyingi omu nsi egyo; yaaconcozoza. ¹⁵ Ahabw'ekyo yaagyenda, yaashumba aha muntu ow'omu nsi egyo; omushaija ogwo yaamwoherezaomu mariisizo ge kuriisa empunu. ¹⁶ Yaayetenga kurya ebishushu ebi

² Randi Alcorn akigambireho ati: “Titurikubaasa kukora kubi omuntu weena kurabira omu kugira ekiniga nk'oku turikwera kubi. Hariho owangambire ati: “Okukwatwa ekiniga nikishushana n'okunywa obutwa orikutegereza ondiijo muntu kufa.” (Alcorn 2009: 425)

³ Eky'okureeberaho kya Yesu eky'abahuuku babiri (Mat 18:21-35) kirimu ebigambo 245 omu bihandiiko by'orugriika, otwariiremu n'ekibuuzo kya Petero ekirikukwata aha bwire obu tushemereire kusaasira abandi ebibi byaitu, ekyabaireho omukoro gw'okugamba eky'okureeberaho, hamwe n'ebigambo ebirikutandikaho efumu ya Yesu, “Yesu akagira ati.” Eky'okureeberaho kya Yesu eky'akabiri, eky'abakozi omu musiri gw'emizaabibu (Mat 20:1-16), kirimu ebigambo 241 omu Rugriika (harimu n'ebigambo bibiri ebatarikwetegereze); kwonka ebigambo ebyo byona, n'ebigambo bya Yesu. (Aland, et al. 2001)

empunu zaabaire zirya, kandi tihariho waabaire amuha ekintu kyona. ¹⁷Ku yaayegarukiremu, yaayebuuza ati: Abapakasi ni bangahi abarikukorera tata, abarya eby'okurya bakaremwa; haza nyowe enjara neenyitira aha! ¹⁸Ka nyimukye, nze owa tata, mmugire nti: Taata, nkacumura aha W'omu iguru kandi n'omu maisho gaawe; ¹⁹tinshemereire kwetwa omwana waawe; ongire nk'omwe aha bapakasi baawe abakorera ebihembo. ²⁰Yaimuka kuza owa ishe. Ku yaabaire akiri hare munonga, ishe yaamureeba, yaakwatwa embabazi, yairuka, yaamugwa omudna, yaamunywegyera. ²¹Omwana yaamugira ati: Taata, nkacumura aha W'omu iguru, kandi n'omu maisho gaawe, tinkiri w'okwetwa omwana waawe. ²²Kwonka ishe yaaragiira abahuuku be ati: Mwehuute mureete ekijwaro ekirikukira oburungi, mukumujwekye, n'empeta omu rukumu, n'enkaito omu bigyere; ²³mureete enyana y'ebishaju, mugiite, turye, tushemererwe; ²⁴ahabw'okuba omwana wangye ogu akaba afitire, hati yaazooka; akaba azaahire, mbwenu yaazaahuuka. Baatandika kushemererwa. ²⁵Obwo mukuru we akaba ari omu musiri; ku yaarugireyo, yairira haihi n'eka, yaahurira emikuri n'okuzina. ²⁶Yaayeta omwe aha bahuuku, yaamubuuza ebyo oku biri. ²⁷We yaamugarukamu ati: Murumuna waawe yaija; kandi sho yaamubaagira enyana y'ebishaju, ahabw'okumubona akihuriire. ²⁸Onu yaaguubwa kubi, yaayanga kutaaha omuka. Ishe yaashohora, yaamweshengyereza; ²⁹omwojo ogwo yaagarukamu ishe ati: Reeba, mmazire emyaka mingi ninkuheereza, tinkagomeraga kiragiyo kyawe kyona; kwonka tokampaga kabuzi, ngu naanye nshemererwe n'abanywani bangye. ³⁰Mbwenu omwana waawe ogu, owaamariire obutungu bwawe omuri baamaraaya, ku yaija, waamubaagira enyana y'ebishaju. ³¹Ishe yaamugira ati: Mwana wangye, otuura naanye ebiro byona, kandi ebyangye byona n'ebyawwe. ³²Kwonka eky'okwesiima n'okushemererwa kyaba kihikire; ahabw'okuba murumuna waawe ogu akaba afitire, hati yaazooka; akaba azaahire, mbwenu yaazaahuuka." (Luk 15:11-32)

D. Yesu akakwatanisa okusaasira kwaitu n'okukunda kwaitu: ³⁶Omwe aha Bafarisaayo yaamweta kurya nawe; yaataaha omu nju ye, baashutama aha by'okurya. ³⁷Omukazi omusiisi w'omuri tauni egyo, ku yaamanyire ngu ari aha by'okurya omw'Omufarisaayo, yaareeta eihembe ry'amajuta ag'omugaju, ³⁸yaamwemerera enyima aha bigyere naarira; yaatandika kubijubya n'amarira, yaabiragaza n'eishokye rye, yaabinywegyera, yaabisiiga amajuta ago. ³⁹Omufarisaayo owaamwetsire, ku yaakireebire, yaateekateeka ati: Omuntu ogu, kuri yaaba ari nabi, akaamanyire omukazi ogu orikumukoraho oku ari, ku ari omusiisi. ⁴⁰Yesu yaagarukamu naamugira ati: Simooni, nyine eki ndikwenda kukugambira. Yaagira ati: ngambira, Mwegyesa. ⁴¹Yesu yaamugira ati: Hakaba hariho omuntu owaabaire aguza; akaba aine abu yaagurize babiri, omwe naamwihuza edenaari magana ataano, n'ondi makumi ataano. ⁴²Ku baabuzire eby'okumwihura, yaabasaasira bombi. Mbwenu ahari abo bombi, owaakizire kumukunda n'oha? ⁴³Simooni yaagarukamu naagira ati: Ningira ngu, n'ogwo ou yaasaasiire bingi. Yesu yaamugira ati: Waagarukamu gye. ⁴⁴Yesu yaahinduka, yaareeba omukazi, yaagira Simooni ati: Nooreeba omukazi ogu? Naataaha omu nju yaawe, tiwampa maizi g'okunaaba ebigyere byangye, kwonka we yaajubya ebigyere byangye n'amarira ge, yaabisiisiriza n'eishokye rye. ⁴⁵Iwe tiwaanywegyera, kwonka we, okwiha obu naahika aha, takarekire kunywegyera bigyere byangye; ⁴⁶tiwansiiga majuta aha mutwe, kwonka we yaasiiga bigyere byangye amajuta. ⁴⁷N'ahabw'ekyo ninkugambira nti: Ebibi bye bingi yaabisaasirwa, ahabw'okuba okukunda kwe ni kwingi; kwonka oasaasirwa ebikye, okukunda kwe ni kukye. ⁴⁸Yaagira ogwo mukazi ati: Ebibi byawe byakusaasirwa. ⁴⁹Abaabaire bashutami nibarya nawe baatandika kubuuzana bati: Ogu n'oha kandi orikusaasira ebibi? ⁵⁰Yesu yaagambira omukazi ati: Okwikiriza kwawe nikwo kwakujuna; gyenda n'obusingye." (Luk 7:36-50)

E. Yesu akakwatanisa okusaasira abandi n'okushaba kwaitu n'okusaasira kwa Ruhanga: ²³“Kandi buzima nimbagambira nti: Weena origira orushozi oru ati, Tsinduka, onagwe omu nyanja, atarikubanganisa mu mutima gwe, naikiriza ngu eki arikugamba nikiija kubakwo, aryakikorera. ²⁴Nikyo ndikubagirira nti: Byona ebi murishaba omu kushaba kwanyu, mwikirize ngu mubihairwe, kandi kwo muryabiheebwa. ²⁵Obutoosha ku muraagume mwayemerera nimushaba, mwaba mwine ekigambo aha muntu weena, mumusaasire; na Shoimwe ori omu iguru abone kubasaasira eby'okushiisha byanyu. ²⁶Ahakuba ku muraabe mutarikusaasira, na Shoimwe ori omu iguru taribasaasira by'okushiisha byanyu.” (Mak 11:23-26)

1. Yetegyerereze ngu Yesu akagamba eki bwanyima y'okutaaha omuri Yerusaailemu n'ekitiinisa, akaire kakye atakomirwe aha musharaba. N'obu buri kimwe eki Yesu yaagambire kiri eky'omugasho, ebigambo ebi yaagambire arikuteekateeka aha kufa byeyongyeire kuba eby'omugasho.

2. Yetegyerereze ngu omu kigambo eki, Yesu akagarukamu ebigambo ebi yaagambire obu yaayoreka omugasho gw'okusaasira omu kushaba kwa Mukama waitu. Ebigambo nibigarukwamu kwenda kworeka omugasho gwabyo.

III. Abatumwa nibatugambira kusaasira abandi, turikukoresa engyenderwaho hamwe n'eky'okureeberaho

A. Paulo naaturagiira kusaasira: Mukorerane gye, mugirirane embabazi, kandi musaasirane, nk'oku Ruhanga yaabasaasiire omuri Kristo (Efe 4:32; reeba na 2 Kor 2:7; Kol 3:13).

Carson naagamba aha mushororongo ogu ati: “kitekateeko tikiri ngu tukasaasirwa, n'ahabw'ekyo tushemereire kusaasira, kureka ngu Ruhanga wenka, omuri Kristo, atusaasiire, n'ahabw'ekyo eibanja ryaitu tiririkubaasika. N'obu haraabe hariho ebibi bingi ebikozirwe ahariitwe, n'ikye munonga wagyerageranisa n'ebibi ebi tukozire omu maisho ga Ruhanga. Kwonka Ruhanga omuri Kristo atusaasiire. Ku turaabe nitumanya ekintu kyona ekirikukwata aha kushohoza okusaasirwa oku, ku turaabe twetegyereze eibanja ry'amaani eri twine ahari Ruhanga, okusaasira abandi tikirikwija kureebeka nk'ekintu.” (Carson 2002: 80-81)

B. Paulo akataho eky'okureeberaho ky'okusaasira: ¹⁰ Omuntu weena ou musaasira, naanye mmusaasira; naanye eki naasaasiire, ku kiraabe kiriho, nkakimusaasira ahabwanyu omu maisho ga Kristo, 11 Sitaane arekye kutugobeza, ahabw'okuba tituri batarikumanya bwengye bwe obu arikutucwera. (2 Kor 2:10-11)

1. Yetegyereze ngu okusaasira kwa Paulo abandi, kukaba kuri ahabwa ekanisa (“aha bwanyu”).

Okwongyera ahari ekyo, akaba naamanya ngu eki yaabaire naakora (i.e., yaaba yaabaire naasaasira nainga atasaasira) kikakorwa “omu maisho ga Kristo.”

2. Yetegyereze ngu obutasaasira nikyoreka ngu Sitaane naabaasa “kukoresa obushoboorozi bwaitu.”

3. Ekyabaire kihikire ahari Paulo, nikihikire ahariitwe, okukira munonga abo (nk'oku Paulo) abari omu myanya y'obwebembezi omu kanisa:

a. Yaaba nitusaasira nainga tutasaasira, n'ikwata aha kanisa, omu muringo murungi nainga omu mubi.

b. N'obu turaabe tutarikubasa kumureeba nainga kumwetegyereza, buri kimwe eki turikukora (otwariiremu n'okusaasira nainga obutasaasira enshobi ezikozirwe abandi ahariitwe) nitukikora omu maisho ga Kristo—kandi nitwija kucwerwa orubanja kuruga ahari Kristo twaba tutasaasiire.

c. Okutasaasira nikuheereza Sitaane omugisha n'obujunaanizibwa bw'okukora kurabira omuriitwe, n'okurwanisa ekanisa. Obutasaasira abandi, nikijja kureetera abandi kukuratira eky'okureeberaho kyaitu kibi, reero nabo bareke kusaasira—ekalisa neeza kwebaganisamu, eyebaganisamu, kandi egwire; Sitaane niwe wenka orikwija kusingura. Kwonka, ku turaabe twine omutima gw'okusaasira, ab'ekalisa nibajja kukuratira eky'okureeberaho kyaitu. Ku turaabe nitusaasira, nitwija kuba nitubaasa kubuurira n'okwegyesa abantu ebyahandiikirwe ebiri ahaiguru omu maani g'omwoyo, tutaine buryarya. Omu muringo ogwo, Sitaane tarikwija kutunga omugisha gw'okukora kurabira omuriitwe nari ekanisa.

C. Siteefano, omujurizi w'ekalisa ow'okubanza, akatuha eky'okureeberaho ekirikukirayo oburungi (bwanyima ya Kristo), arikusaasira abo abaamwitsire, nk'oku yafiire: ⁵⁹ Okwo nikwo baateire Stefano amabaare, naashaba naagira ati: Mukama wangye Yesu, yakiira omwoyo gwangye. ⁶⁰ Yaatsimba amaju, yaagamba n'eiraka rihango ati: Mukama wangye, otabatura ekibi eki. Ku yaaherize kugamba atyo, yaagwejegyera. (Byak 7:59-60)

Okwetegyereza n'Okukoresa Okusaasira omu Magara Gaitu

I. Eki okusaasira KUTARI⁴

A. Okusaasira TIKIRI “kwetwa enshobi nk'ekihikire,” okukyendeeza obusaasi, okugumisiriza enshobi, saying “okugira ngu ebi wakozire tibikuru,” nari “tikirikukwataho,” nari “obutafayo” aha nshobi nari omukozi w'enshobi

1. Okusaasira n'okumanya n'okwikiriza ngu eki omuntu ondiijo yatukoreire NI ekigwire. Mazima, eki omuntu atukoreire kibi munonga, Kristo akeikiriza kubonabonesibwa kandi yaitwa ahabw'ekibi ekyo kyeneyine (n'ebibi byaitu ebitahikire).

2. Okugira ngu ekitahikire n'ekihikire, nari “ngu tikikuru,” nari “ngu tikirikunkwataho” nikimanyisa okureka amazima—n'ahabw'ekyo nikitubinga ahari Ruhanga na Kristo, ahabwokuba: Ruhanga

⁴ Ekicweka eki nikyegamira munonga ahari Jeffress 2000: chs. 3 na 7; Smedes 1984: ch. 5; Smedes 1996: eshuura. 2-3; Enright 2001: ch. 2; na Klass n. d.: “Okushoborora.”

n'amazima (**Kur 34:6; Zab 25:5, 10; 33:4; 40:10-11; 43:3; 57:10; 86:15; 89:14; 117:2; 119:142, 151; 138:2; Isa 65:16**); Kristo n'amazima (**Mat 22:16; Mak 12:14; Yoh 1:14, 17; 3:21; 8:45-46; 14:6; 18:37; Efe 4:21**); kandi nituteekateekwa kuba ab'amazima omuriitwe, omu maisho ga Ruhanga, hamwe n'abandi (**Zab 51:6; 86:11; 145:18; Enf 3:3; 16:6; 23:23; Yoh 4:23-24; Efe 4:25**).

3. Okusaasira tikuri okwehuriira. Ku turikusaasira omuntu, tikirikumanyisa ngu nitwikiriza eki yakozire, nari ngu nitumweta kugaruka kutuhutaaza, nari ngu nituteekateeka kugaruka kukikora. Okusaasira nikwetengyesa amaisho marungi kumanya entaaniso ahagati y'ekihikire n'ekigwire, n'okubyeta nk'oku biri—ahabw'okuba noobaasa kusaasira “enshobi,” omu mazima, enshobi y'amaani erikubaasa kukusaasa.

B. Okusaasira TIBURI bweremwa—kusaasira tikirikumanyisa ngu nofeerwa “ekitiniisa” nari “obushoborozi” bwawe

1. Okusaasira omuntu ahabw'ekibi ekiyakukoreire, nikimwe aha bintu bigumire munonga ebi orikubaasa kukora omu magara gaawe. Enshobi ku erikweyongyera kuba ey'amaani n'obusaasi, n'ekikorwa ky'okusaasira omukozi w'ebibi nikyeyongyera kuba kigumire.

2. Nikitwara amaani—g'omubiri, ag'ebiteekateeko, ag'ekigyendererwa, n'ag'emitwarize—kubaasa kusaasira omusiisi owakukosa munonga. Kwonka, Yesu atuhaira Omwoyo gurikwera; twine amaani g'okusaasira, nk'oku Yesu yaabaasize kutusaasira (n'abandi) ahabw'ebibi byaitu n'okwitwa kwe. Kuturikugyendera omu kugondera Ruhanga, omu mazima g'Ekigambo kye, n'omu maani g'Omwoyo gwe, naija kutuha okwikiriza n'obushoborozi bw'okukora ebintu bigumire, ahabw'okuba nibyo bihikire—saasira abo abatusaasize munonga (**Rom 4:19-22; 14:4; 1 Kor 10:13; Efe 3:20-21; 6:10-16; Heb 2:18; 7:25; Yud 24**).

3. Omuntu naabaasa kuteekateeka ngu okusaasira nikureetaho obujunanizibwa bwingi aha muntu owashashire, okukira omukozi w'ebibi. Kwonka, nk'oku Jeffress arikugamba: “Ruhanga tarikutwiha omu mirimo ahabw'okugira ngu n'etari y'oburingaaniza nainga egumire. Nk'eky'okureeberaho, yetegyerere ebigambo bya Yesu ebirikumanywa kuruga omu Rubazo rw'aha rushozi:

Mukahuria ku kyagambirwe ngu: Eriisho riryarihwa eriisho; kandi eriino riryarihwa eriino.

Kwonka nyowe nimbagambira nti: Otariwana n'omuntu mubi. Omuntu weena orikuteera oruhi rw'omushaya gwa buryo, omuhindirire ogwa bumoshu; n'omuntu ku aryenda kukutabaariza ngu akwakye ekanzu yaawe, omuhe n'omunagirowe gwawe. Kandi weena orikugyema kugyenda nawe mahiro emwe, ogyende nawe n'eya kabiri. [**Mat 5:38-41**]

Etegyereze ngu omuri buri mbeera ei Yesu yaagambireho, obujunanizibwa tiburikuzi ahari abo abarikugwisa kubi abandi, kureka ahari abo abarikugwisa kubi abandi. Orikugwera orubanja ashemereire kuhindura etama erindi, aheereze ekooti ye hamwe n'esaati ye, reero atambure mayiro ya kabiri.” (Jeffress 2000: 45; reeba na Sande 2004: 148-49; na Worthington 2003: 68, “Titurikusaasira ahabw'okuba kyanguhi, kureka ahabw'okuba kihikire kandi nikyoreka rukundo ya Ruhanga n'okusaasira kwe.”)

4. Ku oraabe noteekateeka ngu okusaasira omuntu owakushobire nikikureetera kufeerwa “ekitinisa” nari “obushoborozi” byawe, reeba eki: Nikyo orikuteekateeka ahari Kristo? Mbweni shi aine “ekitiinisa” kikye nainga “n'omushaija mukye” ahabw'okusaasira iwe?

C. Okusaasira TIKURI kwebwa

1. “Okusaasira tikuri omurimo gwa mpora ogurikworeka ngu ekintu nikihwaho ahabw'obwire ku burikuhinguraho. Okusaasira n'omurim gw'amani; kurimu okusharamu omukumanya hamwe n'omuhanda oguwacwamu n'obwengye” (Sande 2004: 206).

2. Torikubaasa kusaasira eki oyerabirwe. Kwonka, ku turikusaasira, nitubaasa kwebwa ahabw'okuba tukizire.

3. Ebyahandiikirwe bingi nibyoreka ngu Ruhanga “naayebwa” ebibi byaitu (reeba Zab 103:12; Yer 31:34; Mik 7:19).

a. Emishororongo egyo, nk'oku Baibuli erikugamba aha “maisho” ga Ruhanga (**2 Bus 16:9**), “amatu” gye (**1 Pet 3:12**), “emikono” ye (**Kur 24:11**), hamwe “ebigyere” bye (**2 Sam 22:10**) bibaasa kuba “okweterera eby'omuntu,” i.e., kugyezaho kushoboroora Ruhanga otarikuhwayo kwejunisa ebicweeka by'abantu. Tikirikukora makuru kwikiriza ngu Ruhanga orikumanya byona naarahuka kwebwa ku arikutusaasira reero ayebwa kimwe ebi ebihangirwe bye byakozire.

b. Baibuli neegamba butunu ngu ebikorwa byaitu byona, n'ebigyendererwa byaitu byona, ebirungi n'ebibi, nibijja kucwerwa orubanja Ruhanga (**Mat 16:27; Luk 8:17; 12:2-3; Rom 2:1-**

16; 14:10-12; 1 Kor 3:12-15; 2 Kor 5:10; Kush 20:11-15; 22:12). Eki nikyoreka ngu Ruhanga aine kwijuka ebikorwa byaitu kubaasa kucwa emanja omu buringaaniza.

4. “Emishororongo omu Baiburi erikugamba ahari Ruhanga okwebwa ebibi byaitu, negyezaho kworeka oku Ruhanga ashemereire kusaasira ebibi byaitu. Twatunga okusaasirwa kuruga ahari Ruhanga, titurikubaasa kutiina ebireije kuruga omu bibi byaitu” (Jeffress 2000: 129). Enshonga egyo neeyorekwa kurungi omu **Rom 4:7-8** (eri kugamba aha **Zab 32:1-2**): ⁷ *Baine omugisha abasaasirwe eby'okushiisha byabo, n'ebibi byabo bikashwekwa.* ⁸ *Aine omugisha omuntu ou Mukama ataribarira kibi.*

Jeffress nashoboroora: “Ekibi kitu nikituteera ibanja ahari Ruhanga. Tushemereire kushashura Ruhanga ahabwa enshobi ezitukozire. Kwonka okufa kwa Kristo kukashashura eibanja ry'ebibi byaitu, nk'oku Paulo arikushoboorora omu Abakolosai 2:13-14: ahanyima y'okutusaasira enshobi zaitu zoonza, ahanyima y'okushazamu ebaruha erikworeka ngu twine eibanja eryabaire nirituhakanisa kandi eryabaire n'obwinazi ahariitwe; kandi akarihamu omu muhanda, arikukibamba aha musharaba. Ku orikuhinduka Omukristaayo, Ruhanga naatwara eibanja eri orikumukoresa, arikurihanika aha musharaba, kandi arikugira ngu 'orishashwire omu bwijiwire.’ Kwonka nikibaasika *kusaasira* eibanja *otebirwe* eibanja.” (Jeffress 2000: 130)

5. Okukigamba omu muringo ogundi, okugamba ngu Ruhanga “naayebwa” ebibi byaitu, nikimanyisa ngu naatuhurira nk'oku yaabaire naija kwehurira yaaba ayebirwe. Nainga, “Ruhanga ku arikugira ngu tarikwija ebibi byawe’ (**Isa 43:25**), tarikugira ngu *tarikubaasa* kwijuka ebibi byaitu. Omu mwanya gw'ekyo, naagananisa ngu *tarikwija* kubijuka. Ku arikutusaasira, naacwamu obutagaruka kugamba, kugarukamu, nari kuteekateeka aha bibi byaitu.” (Sande 2004: 206)

D. Okusaasira TIKURI kureka

1. Okureka tikirikushushana n'okusaasira. *Nitureka* abantu ku turikwetegereza ngu tibashemereire kujunanwa ahabw'ekintu eki bakozire, nainga ahabw'ebirugiremu ebitahikire ahabw'ebikorwa ebi baabaire bagyendereire kukora; *nitusaasira* abantu ku turikumanya ngu *baine* orubanja ahabw'ekintu eki bakozire—ekintu ekyabaire kitahikire kandi kitarikushemera—otwariiremu n'ebikorwa bibi ebi baabaire nibenda kutugwisa kubi.

2. “Okusaasira nikugira ngu, ‘twena nitumanya ngu eki wakozire kikaba kigwire kandi kitarikwetengyesa. Kwonka ahabw'okugira ngu Ruhanga ankasaasira, nanye ninkusaasira.’ Ahabw'okugira ngu okusaasira nikukora kurungi aha bibi, nikureeta obusingye obu oburikwetwaza butarikubaasa kuheereza.” (Sande 2004: 206-07)

E. Okusaasira TIKURI kimwe nka “okwikiriza abantu”

1. Nitwikiriza abantu ahabw'emitarize yaabo *mirungi*, kandi *tubasaasira* ahabw'*ebibi* ebi batukoreire.

2. Okusaasira nikyetengyesa ekikorwa kibi. Titurikubaasa “kusaasira” omuringo gwe omubi “omutwarize gwe” nari “obuhangwa bwe,” nk'oku tutarikubaasa kusaasira oruganda rwe, ekikura kye, oruganda rwe, nainga enshonga y'okugira ngu n'omukono gwa bumoshu. Omu muringo nigwo gumwe, tituri “kusaasira” ebiteekateeko ebitarikushushana. “Nitusaasira” ebikorwa bibi byonka ebirikutusaasa.

F. Okusaasira TIKURI “kwehuza oburinganiza” kandi TIKURI “kwihaho” abantu ebibi byabo, kwonka TIKURI nk'ekyetagiso kwihaho ebirikuruga omu kukora ekigwiire

1. Okusaasira n'okw'omukago gw'abantu n'okushoborora obusaasi oburi omunda yaawe ahabw'ekibi ekyakozirwe ahariitwe—okusaasira, twakukoresa, n'ekintu eki turikukora omu mitima yaitu, ebiteekateeko n'emyoyo yaitu. Nikikorwa omu kworohera Kristo, kandi nikikira kureetaho *okukizibwa kwaitu*. *Oburinganiza* omu bantu n'obujunaanizibwa bw'ekitongore ky'eby'obutegeye n'ebye'emishango kandi n'eky'ekigyendererwa ky'okutereza enshobi ezikozirwe abantu. Okusaasira omuntu tikirikumanyisa ngu tibaine “rubanja” kandi tibarikubaasa kujunanwa omu biragi; tikirikumaraho nainga kwihaho oburemeezi bw'eihanga, ahabw'okuba enshobi ezikozirwe ahariitwe nizibaasa kukora enshobi aha eihanga abantu nainga abantu boona okutwarira hamwe.

2. Noosaasira enshobi ekyakukorerwa; torikubaasa kusaasira omuntu ahabw'enshobi ekyakozirwe omuntu ondijjo, nainga ekyakozirwe eihanga nainga abantu boona—ekyo n'okwihaho orubanja. Omuntu ku arikugwisa kubi omwana wangye, ekyo nakyo nikibaasa kumugwisa kubi, ahabw'okuba ninkunda omwana wangye. Nimbaasa kusaasira omukozi w'ebibi ow'ekiniga kyangye, ekiniga, hamwe n'ebindi bibi ebyankozire ahabwa eki yakozire omwana wangye, kwonka tindikubaasa kusaasira omukozi w'ebibi *ahabwa omwana wangye* ahabw'ekibi ekyakozirwe *omwana wangye*. Omwana wangye naija kukora munonga okusaasira omukozi w'ebibi ahabw'obusaasi obwamukozire.

3. Okwetegyereza ebirugire omu kibi kishemereire kutuhwera kwetegyereza ahabwenki turi abakozi b'ebibi baingi kukira oku turikumanya—ekibi kimwe nikiteganisa abantu baingi kukira oku turikubaasa kuteekateeka. Niyu nshonga ahabw'enki nitwetenga ngu *Kristo* atusaasire—ahabw'okuba akatwarira ebibi byaitu *byona* ahariwe. Kuturikwetegyereza oburemeezi bw'ebibi byaitu, hamwe n'oburemeezi obu Kristo yaatusaasiire, nitubaasa kusaasira abandi ahabw'ebibi ebi batukozire.

4. Oburinganiza obw'ahamuheru nibwija kubaho omu kusharaho kwa Ruhanga okw'ahamuheru, ekyo tikyo bujananizibwa bwaitu. Okusaasira omukozi w'ebibi tikirikumwikiriza omushango gwe omu maisho ga Ruhanga, kandi tikirikuhindura oburingaaniza obu Ruhanga arikwija kureeta aha rubanja rw'aha muheru.

5. Okusaasira tikirikumaraho oburemeezi bw'ebikorwa bibi.

a. “*Tihariho okusaasira okwabuzima okwihaho okubanza kworeka n'okusharaho omu mazima*” (Smedes 1984: 79). Buri muntu naahurira obusaasi bwe wenka; obusaasi bwe tiburikweyongyera ahabw'okugira ngu omuntu akozire kubi abantu baingi, nainga magana, nainga enkumi, nainga obukaikuru bw'abandi—buri muntu orikubonabonesibwa naahurira obusaasi bwe n'obu obukaikuru bw'abandi baraabe bahutaziibwe.

b. *Okugamba ngu “ebishobobo” ebimwe tibirikubaasa kusaasirwa, nikibareetera kutunga eki barikwenda, nikibareetera kuba “abantu b'amaani” nka Sitaane.* kirikutangaaza, ekyo nikibeihamu *ekyetengo* ky'okusaasirwa, nainga okwetwaza nk'abantu, ahabw'okuba tibarikuhikaana n'obuntu. Eki nikireetaho enshonga y'omutaano ngu abo abarikuteganisibwa baine kutuura n'obusaasi bwabo ebiro byona, ahabw'okuba tibarikubaasa kukira obusaasi obwo barikuraba omu kusaasira. Okureeba “ebikangabwa” (abaisi b'abantu baingi, abatuntuzi b'ebiy'obutegyeki omu byafaayo, etc.) okushusha ngu “nibataana” ahar'itwe abandi, “bahango” kutukira, nikitukyendeza kandi tikirikuwikirizana n'amazima. Amazima gari ngu “abantu ba burijio nibakora ebibi by'omutaano” (Smedes 1984: 81).

c. *Omuhandiiki omuri Russia, Aleksandr Soljenitsyn, akagira ati: “Kwaba byona bikaba byorobi munonga! Ku haabaire hariho abantu babi, abarikukora ebikorwa bibi, kandi kikaba nikyetagisa kubataanisa ahariitwe abasigaire n'okubacwekyereza. Kwonka ensharo erikubaganisamu ebirungi n'ebibi neeshara omu mutima gw'omuntu weena. Kandi nooha oyeteekateekire kucwekyereza ekicweka ky'omutima gwe?”* (Solzhenitsyn 1985: 75)

6. Ku orikusaasira omuntu owakucumire kandi akakusaasa, tikirikumanyisa ngu orikusazamu ebyarugire omu kibi kya nyakukikora.

a. “*Ebirugyirira omu bikorwa byaitu bikakorwa kurungi Ruhanga kutureetera kuba abantu abu tushemereire kuba. Okubuzabuza amashomo gaabo nikibaasa kuba eky'akabi ahari abo abu turikubaasa kuhwera.*” (Willard 1997: 262) Nk'eky'okureeberaho, obu Daudi yaashambana na Batisheba reero yaayita iba, Uriya Omuhiti, n'obu Ruhanga yaakubaasa kusaasira Daudi ekibi kye, Ruhanga akakora entebeekanisa egi: “*ekitala tikirikwija kuruga omu nju yaawe. . . Ninyija kukureetera okubonabona okuruga omu nju yaawe, ntware abakazi baawe omu maisho gaawe, mbahe mugyenzi waawe, agwejegyeze nabo omu mushana gw'erizooba. Buzima, ekyo okakikora omu kihama, kwonka ninyija kukikora omu maisho ga Israeli yoona, n'ahansi y'eizooba. . . . n'ahabw'okugira ngu ekikorwa kyawe kihaire abazigu ba MUKAMA enshonga y'okujumira, n'omwana orikuzaarwa naija kufa.*” (2 Sam 12:7-14)

b. “*Omukozi w'ebibi tarikuba ‘arugire omu kihome’ ku turikusaasira; nitukimanya ngu naitwe turi ‘arugire omu kihome’ ku turikusaasira*” (Klassen n.d.: n.p.). Nayongyeraho ati, “Ku ndikusaasira, ninyija kurekura omusibe reero nshangye ngu omusibe niinye” (Ibid.).

7. Nikyo kimwe, ku orikubaasa kusaasira omuntu owakucumire kandi akakusaasa, tikirikumanyisa ngu nooyehuzya ebyabaireho ahabw'ekibi eki yakozire ahabwawe. Nk'eky'okureeberaho, “Nimbaasa kusaasira omushaija owampumiise amaisho, kwonka okusaasira kwangye tikurigaruraho amaisho gangye” (Klassen n.d.: n.p.). Kwonka, n'eky'omugasho kumanya ngu, n'obu “okusaasira kutarikwihaho obusaasi, . . . okusaasira nikutuhwera okwekorera obusaasi” (Ibid., kwongyera amaani. eyongyeirweho). Okwongyera ahari ekyo, Ruhanga *naakoresa okusaasira kwaitu* (ekirikumanyisa okugonda kwaitu ahariwe) kutuhindura—kutuhindura nka Kristo, kutuhika haihi nawe, n'okutuha okwetegyereza, okusaasira n'obucureezi. Kurabira omu nkora egi (kandi neebaasa kuba enkora y'obwire burainywa—n'amazima, enkora y'amagara gaitu goona), nk'oku turikureeba ekigyendererwa kye omu busaasi hamwe n'enkora ye omu busaasi kandi n'omukusaasira kwaitu, naija kuhindura obusaasi kandi abutware.

G. Okusaasira tikirikumanyisa ngu oine kwesiga owakushobya, n'okugumizamu n'okuba munywani we, n'okugumizamu n'okukwatanisa nawe

1. Okusaasira nikuheebwa, okwesiga nikukorerwa. Omukago nigwetenga okwesiga hamwe n'okuheerezana ekitiinisa. Ekitiinisa, nk'okwesiga, n'ekintu ekirikukorerwa.
2. Nikitwara omuntu omwe kusaasira kandi nikitwara abantu babiri kugarukana. Okusaasira n'ekintu eki “ekirikubaho omunda y'omuntu orikukikora” (Smedes 1996: 25). Smedes akongyeraho ati, “Nitusaasira twenka omu mitima yaitu n'ebiteekateeko byaitu; ekirikuba aha bantu abu tushaariire nikibarugiriraho” (Ibid.: 177). Tikirikushushana n'okugarukanisa, n'obu kiraabe kiri ekicweka ky'okugarukanisa—okusaasira nikubanza okugarukanisa:
 - a. *Okusaasira n'eky'okugarukamu ky'omuntu omwe ahabw'obutari buringaaniza bw'ondiijo;*
 - b. *Okugarukana n'abantu babiri abarikwegaita hamwe kugaruraho enkoragana yaabo, obwesigye bwabo obwahendekire* (okwihaho oburemeezi bw'emitwarize omu kukwatanisa).
3. N'ekyamazima ngu tushemereire “kukunda abazigu baitu, tushabire n'abo abarikutuhiiganisa (Mat 5:44); tukunde abazigu baitu, tukore ebirungi abo abarikukwanga (Luk 6:27); kandi tukunde n'abazigu baitu, tukore ebirungi” (Luk 6:35). Yesu akagira ngu ekiragi, “kunda mutaahi waawe nk'oku orikwekunda,” hamwe n'okukunda Mukama Ruhanga waawe n'omutima gwawe gwona, n'amagara gaawe goona, n'ebiteekateeko byawe byona, nibyo byombekirweho “ebiragi byona n'ebya baanabi” (Mat 22:37-40).⁵
 - a. *Yetegereze ngu Yesu taragizire ngu tushemereire “kushekera” abazigu baitu.* Akamanya ngu nitwija kugira abazigu abarikutuhiiganisa. N'obu kiraabe kiri kityo, tushemereire “kubakunda.” Akongyeraho ngu, “ku murikukunda abo bonka abarikubakunda, nimutunga kiconco ki? Abarikushorooza emishoro tibarikukora nikyo kimwe?” (Mat 5:46)
 - b. *Okushoboorora n'omugasho gw'okukunda nk'okwo n'oku:* “Okukunda mutaahi waawe, n'abazigu baawe. . . tikishemereire kutwarwa nk'okukora ekirikubashemeza, kureka nk'okworeka ngu oine embabazi n'omutima murungi. . . Omuntu ashemereire kumanya ekyetengo ky'abantu kuhindurwa kurabira omu migisha ya Kristo, n'okukora kyona ekirikubaasika kubareetera kumanya Ruhanga. Eki nikibaasa kutwariramu okworeka embabazi nainga okuhana n'okufubira, byona nk'okukoresa rukundo. . . . Ekirikukwata aha rukundo ya Ruhanga [ei tushemereire kutooreza], n'obwebembezi bwa Ruhanga aha muntu. Nikitwariramu Ruhanga okukora eki arikumanya ngu nikyo kirikukirayo oburungi aha muntu, kitari eki omuntu arikwenda.” (Zodhiates 1993: *agapāō; agāpē*)
 - c. *N'ahabw'ekyo, okukunda tikirikumanyisa okwanga omukozi w'ebibi, nobu yaakuba akugwisize kubi, kureka okukorerera oburungi bwe, okumworeka embabazi n'oburungi, n'okwefeereze.* Okukunda nikitwariramu okusaasira. Kurabira omuri eki, Ruhanga naabaasa kuhindura emiteekateekyere yaawe ahari ogwo owakucumire, nk'oku arikuhindura n'okwihaho obusaasi obu orikwehurira ahabw'ekihagaro.
 - d. *Okukunda omuzigu waawe nainga muriranwa waawe tikirikumanyisa ngu oshemereire kumwikiriza kukora ebi arikwenda, nainga ngu oshemereire kumwesiga bwanyima y'okworeka ngu t'ashemereire kwesigwa, nainga ngu oshemereire kuguma nookora nawe bizinesi bwanyima y'okworeka ngu n'omushuubuzi mubi nainga omushuma, nainga ngu oshemereire kutuura nawe yaba najumirana naiga ari owookureeta butandu.* Okukora ebintu ebyo nikibaasa kutuma omuntu agumizamu n'emitwarize ye mibi. Ekyo n'amazima tikirikumukorera kurungi, kandi n'okugumizamu n'ekibi tikirikuhibisiriza Ruhanga. Nikibaasa kuba nikibaasika kugarura busya omukago n'okugarukana n'omuntu ogwo—kwonka okukikora nikyetenga ngu iwe n'omuntu ondiijo *mukoragane n'amaani* ahakugarukana, kutari kumusaasira ahabw'ekikorwa kibi eki yakozire.

II. Eki okusasira KURI

A. *Okusaasira nikushoboorwa: Okusaasira n'omuringo gw'embabazi—n'okusaasira eibanja*

Okusaasira kuri:

1. Okwikiriza ngu habaireho enshobi;

⁵ Okugamba kwe “ahari ebiragi byona hamwe n'abanabi” n'okugamba ahari *Baiburi yoona* (Endagaano enkuru)—i.e., Ekigambo kya Ruhanga kyona ekirikworeka oku tushemereire kutuura. Paulo nawe akagira ngu, “ebiragi byona nibihikiirizibwa omu kigambo kimwe, omu kigambo, ‘Okunde mutaahi waawe nk'oku orikwekunda’ (Gal 5:14). Ekigambo “kunda mutaahi waawe nk'oku orikwekunda” nikiruga omu **Lev 19:18**.

2. Okwetegyereza ngu enshobi ekareetaho obujunanizibwa bw'okushashura; na
3. Okuronda okurekura omukozi w'ebibi kuruga omu bujunanizibwa obwo n'okushashura eby'okufeerwa (Jeffress 2000: 49; reeba na Willard 1997: 262, “Tusaasira omuntu ekibi eki atukozire ku turikucwamu ngu titurikuza kumubonabonesa omu muringo gwona”). N'ahabw'ekyo, okusaasira n'omuringo gw'embabazi. Embabazi n'okusharamu *okuheereza ekintu kirungi omuntu otakishemereire*. Nikishushana nk'oku Ruhanga yaacwiremu kusaasira *iwe*. Otakayebwa ngu okusaasirwa n'embabazi za Ruhanga *zonka*; okaba OTAKI shemereire.

B. Okusaasira nikushoboorwa: Okusaasira n'ekintu ekirikukwata aha nyehurira yaitu, ekirikutwariramu ebintu byona ebirikukwata aha magara gaitu

1. Buri muntu n'ekintu ky'omutaano kandi aine ebintu bishatu by'omutaano omu mitwarize ye (okwihaho n'omubiri gwe). Ebintu ebyo n'ebiy'omuntu: (A) Obuaasa *bw'okumanya* (i.e., obushoboorozi bw'okuteekateeka, okucumintiriza, okumanya, n'okwetegyereza ebintu); (B) Obubaasa *bw'okwenda* (i.e., obushoboorozi bw'okukora okucwamu n'okukuratira okucwamu okwo; okukoresa ebyetengo); hamwe na (C) Obubaasa *bw'okwehuriira* (i.e., kicweka ky'enyehurira; okubaasa “kwehuriira”). Ku ogire ngu enshonga y'okusaasira n'okusaasira eibanja, okusaasira nikubaasa kuba “okw'omugasho” kandi okw'obutuura haaba hariho enshonga ezirikukwata aha magara gaitu, hamwe n'okumanya n'okwenda kwejumba omunkora y'okusaasira.⁶
2. Okutasaasira nikubaho ku: (A) Ekihagaro kyabaho; (B) Ekihagaro ekyo nitukireeba nk'ekikugwisa kubi; (C) Ekikugwisa kubi nikireetaho ahonaho ekiniga “ekirikwotsya” n'okutiina (okugaruka kukwatwa kubi); (D) bwanyima y'obwire nituzaana omu biteekateeko byaitu kandi tukagumaho (i.e., teekateeka aha) ekihagaro, nyakukikora n'ebigyendererwa bye, hamwe n'ebiraruge omu kihagaro ekyo; (E) Eki nikireeta obutasaasira, otwariiremu “obufuki” (okukyererwa, obwiire buringwa) okwehuriira kw'okwanga, obusharizi, ekiniga, obwooba, rwango hamwe n'okuburwa obusingye. Okwehuriira kwonka nikukira “embeera”; biri ebiri kukwata aha mibiri yona ebirikutwariramu obwonko bwaitu, emisi, amaizi g'obwonko, enyama, ebirikutegyeka okwehuriira, n'omunda.⁷
3. Okusaasira, n'ahabw'ekyo, tikirikumanyisa kwikiriza ngu okozire enshobi hamwe n'okusharamu okusaasira eibanja n'okwetwarira eby'okufeerwa. Omu mwanya gw'ekyo, okusaasira n'ekikorwa ky'amaani ekirikworeka ngu okuhurwa kubi omuntu n'ekintu ky'amaani ekirikutukwataho aha ntobo y'amagara gaitu. Okusaasira n'ekintu “ekirikukwata aha nyehurira ahabw'okuba n'eky'okugaruraho enyehurira”. Okusaasira nikuza omu mwanya “w'enyehurira ez'omuriro” (obwanga, ekiniga, n'okutiina), tbutasaasira, hamwe “n'enyehurira ez'obunyogovu” (ekiniga, okwetomboita, ekiniga ekisigaireho, okutiina ekisigaireho, obwangani, hamwe n'okwerarikirira ebirikuruga omu kuteekateeka aha nshobi), eri *kubihindura* “enyehurira nungi” nka rukundo etarikweyendeza, esaasi hamwe n'embabazi ahari ogwe owashobya.⁸ Eki kyonka “okusaasira kw'enyehurira” omumazima “nikukiz omutima” (Worthington 2003: 44-45).
4. Kuturikusaasira, niturekaho ekyetengo ky'okwetantara orikutushobeza nainga okwenda kushashura orikutushobeza. Omu mwanya gw'ekyo, okusaasira nikureeta ebirungi omu mwanya gw'ebibi. Okusaasira nikuza omu mwanya gw'ebiteekateeko ebirikuteekateeka aha nshobi, n'ebiteekateeko ebirikwetenga akabi ahari abo abarikushobya, n'ebiteekateeko ebirikwetenga *oburungi* bw'abo abarikushobya. N'ahabw'ekyo, okusaasira *n'ekiconco* ekirimu embabazi, rukundo, hamwe n'obusingye (obusingye bwaitu kuruga omu buhuuku bw'obwanga, ekiniga, okutiina, ebiteekateeko ebitahikire, okutuura omu byahingwireho, okuta omutima aha nshobi n'obusaasi). Nitumanya ngu omukozi w'ebibi taine bugabe bw'okutunga ebiconco ebi (nk'oku *tutaine* bugabe bw'okutunga okusaasirwa kuruga ahari *Ruhanga*).
5. Torikubaasa kumanya okusaasirwa okwabuzima omunteekateeka—nobu waakuba osaasirwe—mpaka ohindwiire enyehulira yaawe. Nobu waakuba ohindwire ebiteekateeko byawe, ebi orikwenda, hamwe n'ebikorwa byawe, torikwija *kumanya* okusaasirwa kuhisya obu enyuhuriira yawe bihindukire—*kwonka okuhindura ebiteekateeko byawe, ebi orikwenda, hamwe n'ebikorwa byawe bishemereire kureetaho empindahinduka omu nyehurira zaawe*. “Okusaasirana tikurikuza omu mwanya gw'ebintu

⁶ Worthington naayoreka ngu hariho emiringo ebiri y'okusaasira (oba, obundi kurungi kugambwa, enshonga ibiri z'okusaasira): (1) *okusaasira nk'okusharamu* (“okusharamu kusaasira”—“okusaasira eibanja”); na (2) *okusaasira nk'okugaruraho okwehuriira* (“okusaasira omukwehuriira”) (Worthington 2003: ch. 2).

⁷ Eki hamwe n'ebindi bicweka bibiri ebirikukurataho, nibikwatiraine na Worthington 2003: 30-45.

⁸ Smedes naagigambaho omu muringo nigwo gumwe; enshonga z'okusaasira zirimu emitendera eshatu: [1] Nitugaruka twetegyereza abantu b'omuntu owatusaasize. [2] Nituheerezayo obugabe bwaitu bw'okwihura. [3] Nitugaruka tushwijume emiteekateekyere yaitu aha muntu ou twasaasira.” (Smedes 1996: 6-12)

ebirikubaasa kukugwisa kubi; nikwihaho ebiteekateeko ebitahikire ebirikukwata aha bintu ebyo” (Ibid.: 133).

6. Okusaasira n'ekintu ekitarikwetegyerezibwa “ekintu nk'okuheereza nikureeta omugisha kukira okutunga” (Byak 20:35) nainga “omuntu weena orikukuteera orukoba aha matama gaawe aga buryo, omuhindurire n'agawe” (Mat 5:39-42; Luk 6:29-30). N'okusaasira nitwikiriza ngu: (A) N'okusaasira nitwikiriza ngu; (B) twine obugabe bw'okugwera ekiniga; kwonka (C) nituheerezayo "obugabe" obwo nk'ekikorwa ky'embabazi n'okukunda, nk'ekiconco ky'omusiisi otashemereire, omu kworobera Kristo. N'ahabw'ekyo ekirikutangaza n'okugira ngu okubaasa kwetantara ekiniga n'okubiika ekiniga, ha omuntu owakucumire ekiconco ky'okusaasira kandi oyehindure ow'obusingye.

III. Enshonga z'omugasho ahabw'enki tushemereire kusaasira abo abarikushobya

A. Okusaasira n'obujunaanizibwa bw'abo abarikusaasirwa⁹

1. “Omu Baibuli yoona, nikireebeka hariho akakwate ahagati ya'okwakiira n'okuheereza okusaasira” (Jeffress 2000: 57). Niyo nshonga ahabw'enki Yesu omu kushaba kwa Mukama waitu (Mat 6:9-15) hamwe na Paul (Efe 4:32) nibaturagiira kusaasira.

2. N'abatariwikiriza omu nfumu ya Yesu ey'abahuuku babiri bakamanya ngu hariho akakwate ahagati y'okusaasira n'okusaasira abandi. Niyo nshonga ahabw'enki bakagira “obusaasi bwingi” omwambari owabaire asaasiirwe mukama we munonga ku yaabaire atasaasiire mugyenzi we owabaire amubanja kakye munonga; n'ahabw'ekyo, bakareeta okwetomboita kwabo ahari mukama we (Mat 18:31).

3. Ekigyendererwa kyaitu omu magara aga, “n'okushusha ekishushani ky'Omwana we” (Rom 8:29), “n'okuba abahikiriire, nk'oku Sho ow'omu iguru ari ohikiriire” (Mat 5:48). Ahabw'okugira ngu okusaasira nikuhika aha mutima gw'obuhangwa bwa Tataitwe na Kristo hamwe n'ekigyendererwa kye, okusaasira kwaitu n'akamanyiso kahango k'okweza kwaitu. N'akamanyiso akarikworeka ngu omwoyo gurikwera nigukora omuriitwe kutuhindura omu kishushani kya Kristo n'okutuhikiiriza. Niyo nshonga ahabw'enki Kristo akakwatanisa okusaasira n'okukunda (Luk 7:36-50) hamwe n'okushaba (Mak 11:23-26). Nk'oku Carson arikugira, “abo abarikumanya ngu basaasirwe nibo bantu abarikusaasira. Whitney naagira ngu akamanyiso kamwe akarikworeka ngu Omukristaayo akuzire omu by'omwoyo, n'okugira ngu abaasa ‘kusaasira juba.’” (Carson 2002: 80)

4. Okusaasira nikikira aha “obujunaanizibwa” oburikwetengwa, kureka nikitwariramu okuta omutima aha magara g'omuntu—i.e., omuntu yaaba naata omutima ahari Ruhanga nari ngaaha, n'amagara g'okushemeza Ruhanga n'okushusha Ruhanga.

a. Eki nikikwata omu muringo gumwe aha kusaasira n'okugarukana: “Okuta omutima ahari Ruhanga nikyo kikuru omu kugonjoora entongane omu muringo murungi. Ku turikwijuka embabazi ze kandi tukatunga amaani ge, burijjo nitureeba ebintu kurungi kandi tukakora n'obwengye aha ntongane. Omu kukora ekyo, nitubaasa kutunga oburyo burungi bw'okutereza oburemeezi bwaitu. Kwonka nabwo, nitubaasa kworeka abandi ngu Ruhanga ariho kandi ngu naashemererwa kutuhwera kukora ebintu ebi tutabaasize kukora ahabwaitu.” (Sande 2004: 20)

b. Sande naashoboorora ebirikubaasa kuhwera omuntu kuta amaani ahari Mukama: “Omwe aha mihanda mirungi y'okuta amaani ahari Mukama n'okwebuza ebibuuzo ebi: Nimbasa nta kushemeza n'okuheereza Ruhanga ekitiinisa omu mbeera egi? Okukira munonga, nimbaasa nta kuha Yesu ekitiinisa nk'orikworeka ngu akanyiga kandi ariyo naampindura? Okuteeraho kushemeza n'okuheereza Ruhanga ekitiinisa n'eky'omugasho omu magara gaitu, namunonga twaba twine oburemeezi bw'amaani. Yesu nawe akeebemberwa ebigyendererwa ebi [reeba Yoh 5:30; 8:29; 17:4]. . . . Okworeka oburungi bw'okukunda kwa Ruhanga n'okushemeza Ruhanga nikikuru munonga okukira okukwatanisa n'ebintu by'ensi n'okushemeza omutima gwawe, n'eky'obuhangwa kugarukamu obutaikirizana n'embabazi, n'obwengye, n'okwerinda. Enkora egi neha Ruhanga ekitiinisa kandi neetaho oburyo bw'okureetaho obusingye.” (Sande 2004: 34)

B. Okusaasira nikwetengwa ahabw'oburungi bwaitu¹⁰

1. Okusaasira nigwo muringo gwonka ogw'okushashura eibanja. Nk'oku Jeffress arikworeka, omu ky'okureeberaho kya Yesu, “omwambari akaba aine eibanja eri yaabaire atarikubaasa kushashura omu magara rukumi. N'ahabw'ekyo n'enki ekindi eki omugabe yaabaire aine okukira okusaasira?” (Jeffress 2000: 51) Okufubira n'okubonabonesa omukozi w'ebibi tikirikubaasa kurugwamu okushashura kwa

⁹ Ekicweka eki nikyegamira munonga ahari Jeffress 2000: 57-58; Smedes 1996: 65-69; na Sande 2004: 20, 34.

¹⁰ Ekicweka eki nikyegamira munonga ahari Jeffress 2000: 50-57; Smedes 1984: 125-51; hamwe na Smedes 1996: 55-74.

n'obu rwakuba orwigana rw'ibanja. N'amazima, “amabanja maingi” ag'omuringo ogu *tigariho mugasho*: orikubaasa kuba yafiire; naabaasa kuba yaagyenda; naabaasa kuba atakufaho. Okwongyera ahari ekyo, abakozi b'ebibi abingi tibarikubaasa kushashura eibanja ryabo omu muringo gwona: N'okushashura ki, nainga kibonerezo ki ekirikubaasa kushashura omwana waawe owaisirwe omuvugi w'emotoka asinziire? Nainga eiziina ryawe nirishiisha ahabw'ebishuba? Nainga obushwere bwawe bukasherekyerera ahabw'obushambani? Nainga obutaba na mushango obwiirwe ahabw'okuhamba? Amazima gari ngu okusaasira nikwe kwonka okurikubaasa kukucungura kuruga omu mabanja agataine mugasho agu *oine*.

2. Okusaasira nikutubaasisa okuruga omu buhuuku bw'ebyaaireho enyima hamwe n'okuruga omu buhuuku bw'abatushagize. Okusaasira nikutuheereza obugabe bw'okugumizamu n'amagara gaitu. Okusaasira nikutuhwera okureka enjegere ezitarikureebwa, kwonka ezihikire, ezirikutukwata aha bibi byaitu eby'enyima—enshobi zaitu z'enyima, obusaasi, n'obubi—ebirikuturamesa kutuura omu kushemererwa, obusingye, n'obusinguzi. **Heb 12:1-2** neetugambira ngu tushemereire “tujuure ebirikuturameera byona n'ekibi ekitwezingiriire,” kandi ngu “twirukye okwiruka okw'empaka oku tuteereirweho n'okugumisiriza, amaisho tugahangire Yesu.” Obutasaasira nikituzibira kukora ekyo, ahabw'okuba obutasaasira n'oburemeezi n'ekibi, kandi nikiturereeta kuta omutima aha nshobi n'obuhuta kutari ahari Yesu. Okusaasira nikutuheereza obusingye bw'okwiruka empaka zaitu tutakwasirwe enjegere kandi tukata amaisho gaitu ahari Yesu.

3. Okusaasira nikuturinda okubonabona okutaine mugasho.

a. *Okuremwa kusaasira nikibaasa kukureetera okuhwa amaani.* Okuteekateeka aha bibi ebikukoreirwe, okurinda ekiniga, nikishushana n'okwihaho ekironda, okanga kukikiriza kukira. Okugumizamu kwaitu nituteekateeka aha kihagaro, okwetwaza kubi, ebiteekateeko by'obwinazi, ebiteekateeko by'okwihirira, tibarikubaasa kukora kabi aha muntu ondijjo, kandi tibarikutukora birungi byona, nibitureetera kubonabona.¹¹ Ebiteekateeko nk'ebyo “nibikyendeza amagara gaitu” (nk'oku kirikubaasa kugambwa), kandi bikatuhindura *abatarikushushana na Kristo* omu mwanya gw'okutuhiga haihi na Kristo. N'amazima, ahabw'okugira ngu titurikubaasa “kushashura” omu muringo gwona, obutasaasira, okuteekateeka aha kabi, hamwe n'okubiika enziika, nibitwarira kimwe emyoyo y'abantu *ababonabonesiibwe munonga*. N'obu okwanga kurikubaasa kutuheereza “amaani g'akanya kakye,” omu bwire bureingwa nikuhindura amaani gaako okurwanisa okwanga.

b. *Okurekyeraho okusaasira nikweyongyera aha buremeezi bw'omutima, puresha, okushemererwa, hamwe n'oburemeezi omu by'omubiri.* Kwonka okusaasira nikukwatanisa n'okukyendeza oburemeezi bw'omutwe, ekiniga, hamwe n'okukura omu nyehurira (McCullough 2000: 43-55; Witvliet, et al., 2001: 117-23; Enright 2001: 45-67).

4. Okutasaasira nikushiisha enkoragana yaitu n'abandi. Okutuhindura abantu b'obusaasi, ab'emitima egumire, abarikweyendeza hamwe n'ebibi ebitukozire, okwetantara okusaasira nikutwahura aha bantu abandi.

5. Okuremwa kusaasira nikushiisha omukago gwaitu na Ruhanga. Ekibi, otwariiremu n'ekibi ky'obutabaasa kusaasira, nikitutaanisa ahari Ruhanga (**Isa 1:10-15; 59:1-2; Mik 3:4**). Okwebaganisamu na Ruhanga nikikwata aha magara gaitu omu nsi egi. Okwongyera ahari ekyo, nk'oku Carson arikworeka: “okugyemeserezibwa [omu Byahandiikirwe] kuri aha migasho y'ebiro byona ey'okuba ohikire ahari Ruhanga. Kandi kurugirira aha bihandiiko ebimwe (e.g., eky'okureeberaho ky'omuheereza otarikwesaasira ekyagambirweho ahaiguru), hariho akabi kahango kandi ak'ebiro byona *omukutasaasira abandi*. Tihariho kintu kyona ekikuru kukira okuhanya ngu Ruhanga naasaasira.” (Carson 2002: 80)

6. Okusaasira nikuhikaana n'abantu abaine enshobi nkaitwe. Abantu abaingi tibarikushobeziba bonka; tituri abashobezibwe twenka. Omu mwanya gw'ekyo, naitwe nitucumura aha bandi, naitwe turi abakozi b'ebibi. Omu “ensi eyaabuzima” okusaasira n'omuringo gw'amagara—ku orikuhutaaza munywani waawe ow'ahamara kurabira omu bigambo ebitahikire nainga ebikorwa (kandi twena nitukikora), abanywani baitu ab'ahamara burijjo nibatwara obusaasi obwo bakubureka. N'ahabw'ekyo, okushazamu eibanja n'okurekaho n'omuringo gw'amagara. Amagara gakabaire gatarikubaasa kugumisiriza abantu ku baraabe batasaasiire buri kaire.

7. Okutasaasira n'eky'okweraramu, nk'oku n'okusaasira n'eky'okweraramu. Nitukira kuba nitutoorana abo abu turikusaasira n'ebi turikusaasira: nitusaasira obusaasi “bukye” bwonka, n'obwo obureteirwe

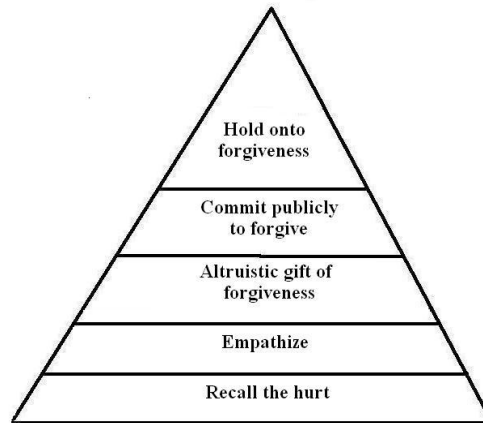
¹¹ Nk'omugyenzi omuri Amerika, Buddy Hackett, yaagizire ati, “Nkatongana n'abantu, kwonka tindikutwara enziika. Nomanya ahabwenki? Ku orikuguma oine ekiniga, nibo bariyo nibazina.” (Jeffress 2000: 53)

abantu abu turi haihi nabo Kwonka, Yesu taratuhare obushoboorozi bw'okushoroora abantu abu tushemereire kusaasira. Akagira ngu tushemereire kusaasira “emirundi makumi mushanju” (ogwo nigwo muringo gwa Yesu ogw'akamanyiso ogw'okugamba emirundi “mingi”, kutari emirundi 490 yonka) (**Mat 18:22**); ushemereire kukunda *abazigu* baitu, kutari abo bonka abarikukunda (**Mat 5:38-48**). Yesu n'ow'amaani munonga aha babi (nk'itwe) abarikuremwa kusaasira abakozi b'ebibi abandi, ahabw'okuba *twena* turi abakozi b'ebibi. Smedes, arikugamba aha ky'okureeberaho kya Yesu omu **Matayo 18**, akakishoboorora kurungi ati: “We [Yesu] n'ow'amaani ahabw'okugira ngu okutaikirizana kw'abasiisi, okwanga kusaasira abasiisi, nikiteganisa ebiteekateeko bya Ruhanga. Tarikubaasa kukigumira, tihariho muringo murungi gw'okukigumira. N'ahabw'ekyo naagira ati: ku orikwenda okusaasirwa kuruga ahari Ruhanga kwonka otarikubaasa kusaasira omuntu orikwetenga okusaasirwa, yebwa okusaasirwa oku orikwenda. Twihaho obwengye bwa Omugabe Yakobo omu Rungyereza, nitushanga Yesu arikugamba ekintu nk'eki: ku orayanga kusaasira abandi kandi nooteekateeka ngu naija kusaasirwa, noobaasa kuza omu geyena.” (Smedes 1984: 150)

IV. Oku orikubaasa kusaasira¹²

A. *Eky'okureeberaho kya Worthington ekya ISEAK eky'enkora y'okusaasira*

Worthington aine engyenderwaho y'emitendera etaano, ei arikureeba nka pyramid, kurugirira aha kicweka ISEAK (Worthington 2003: 73):



1. Ijuka obusaasi (I). Okubaasa kusaasira omuntu ahabw'ekibi ekyatukoreirwe, twine kubanza twetegyereza ekitahikire n'obusaasi obu twine.

a. *Nitubaasa kwehakana nari kuyendeza obusaasi ahabwokuba nibutuhutaaza munonga. Nainga, nitubaasa kutwaza kubi munonga ahabw'obusaasi bukye n'obusaasi; nitubaasa kuteekateeka ngu omusiisi akakora kubi munonga okukira oku yatukoreire, nainga nitubaasa kuteekateeka ekintu nk'eki, “ku ogire ngu eki kikaba kitarabeho, nkaabaire nshemereirwe, nkatunga obusinguzi n'okumarwa omu magara” (Enright 2001: 110). Twine kushwijuma omu mazima omuringo gw'ekibi, ekirikutukwataho, hamwe n'oku tutwire nitukikoraho (reeba Sande 2004: 80: “Nk'oku orikushwijuma omurimo gwawe omu butabanguko, nikikuhwera okuronda oburemeezi bw'emiringo ebiri. Eky'okubanza, noobaasa kuba oine emiteekateekyere y'okwetegyereza munonga, ekirikukureetera kukwatwa kubi emichwe n'emitwarize y'abandi. Eky kabiri, noobaasa kuba waareesireho obutaikirizana obwo orikurabira omu micwe yaawe y'ebibi.”).*

b. *Worthington naashaba obukoryo obumwe oburikubaasa kutuhwera kwijuka obusaasi. Tushemereire kutandika n'okushaba, okushaba okubaho kwa Mukama nk'omukuumi waitu, n'okushaba Omwoyo gurikwera nk'omuhumuriza waitu. Tushemereire kwecondooza nk'oku turikwijuka obusaasi n'ebirikubwatorwaire, okureeba ngu titurikugwa omu bwire bw'ekiniga, okutiina, nainga okwerarikirira. Gyezaho kwijuka ekyabaireho, hamwe n'oku waayehuriire aha bikwatireine n'ekyabaireho; teeka eiziina ry'enyehurira zaawe kurungi (gyezaho kuba ohikire nk'oku kirikubaasika). Yegyendesereze orikwehuza mpora mpora. Gyezaho kureeba ebintu nk'oku omuntu ondijjo arikubireeba. Nikibaasa kuhwera okukora aha kusaasira obusaasi bukye*

¹² Ekiweka eki nikyegamira munonga ahari Worthington 2003: chs. 4-8; n'ekya kabiri, ahari Smedes 1996: eshuura. 15-20; na Enright 2001: eshuura. 4-12.

tutakagambire aha butari buringaaniza bw'amaani oburikubaho obumwe n'obumwe. Ebi byona nibibaasa kuba nibishaasha, kwonka n'omutendera gw'okubanza omu ruguuto rw'okukira n'okugira amagara marungi.

c. “*Obusaasi obu omuntu arikutukwataho, nibutubuuza ekibuuzo kyanguhi: Noiija kunkorera ki? Tukaba tutarikwenda kugitunga, kandi nitwenda kugyeihamu. Kwonka tukigumizemu. Twine kugitunga. Kandi nitutandika kumanya obusaasi bwaitu twagarukamu ekibuuzo kyabwo.*” (Smedes 1996: 135) Twine eby'okukora bibiri byonka: “Nitubaasa kugyezaho kukyerabira, tukakiteeka omu bwengye bwaitu obu tutarikumanya, ahu nikiija kuhindikira nk'akakooko n'okukora akabi k'omunda. Nainga nitubaasa kukisaasira tukakiihaho. . . . Eki turikucwamu kiri ahariitwe. . . . Nitutandika kutwara obujunanizibwa bw'obusaasi bwaitu ku turikuhurikiriza ebibuuzo byabwo. Nitutandika kukira obusaasi bwaitu twagarukamu kurungi.” (Ibid.)

2. Shaasha nabo (S). Okusaasira omusibe nikimanyisa kwetegyereza obuntu bwe, i.e., ekiyabaire naateekateeka, n'ebiyabaireho ahariwe. Okusaasibwa nikimanyisa okureeba ngu ku ogire ngu ori omumwanya gwe, noobaasa kukora nk'oku yaakozire. Okusaasibwa nikimanyisa okutandika kumureeba nk'oku Ruhanga arikukikora: nk'omuntu (nk'okwekunda), kutari “nk'ekintu.” Eki nikibaasa kuba ekicweka kigumire munonga eky'okutungu “okusaasirwa omu nyehurira.” Titurikubaasa, omu maani gaitu, kukunda abazigu baitu. Omu maani gaitu, buriijo nitwenda kuhutaza abazigu baitu, tubareebe nibashashura ebi batukozire, tubareebe nibabonabona nk'oku twabonabonesiibwe. Nitwenda kubasindikira omuriro kuruga omu iguru. Kwonka Yesu naatuhabura ngu tushabe emigisha kuruga omu iguru aha bazigu baitu. Titurikubaasa kukunda abazigu baitu nk'oku Yesu arikuturagiira kukikora omu maani gaitu—n'obuhwezi bwa Ruhanga. N'obu turaabe tutakubaasa kusaasibwa, nitubaasa kwegu okusaasibwa n'okusaasibwa abo abatukozire kubi—kandi tukakunda n'abazigu baitu. Okusaasira okwabuzima, okw'ebiro byona, okurikuhindura amagara, nikwegamira aha ku orikwehurira omu muringo gw'omutaano aha muntu owakucumire.

a. *Ahagati ya 1985-1995 Worthington na bagyenzi be bakashwijuma abantu abarikurenga 1000, kandi bakagyeragyeranisa emiringo ebiri y'okusaasira: okusaasira ahabw'okugoba (i.e., “okusaasira ahabw'okutungu”—okusaasira kwehurira gye, okubaasa kugumizamu n'amagara, etc.) hamwe n'okusaasira okurikwegamira okusaasibwa (i.e., “okusaasira ahabw'okugoba”—okusaasira ahabwokuba iwe, orikubonabonesibwa, niwe muntu wenka orikubaasa kuheereza omusiisi eki arikwenda: okusaasira).* Ebi yaajumbwire nibishemeza munonga: “Abantu abaasaasize omu guruupu y'okweyendeza, bakatunga okusaasirwa kwingi ahonaaho kukira abo abaasaasize omu guruupu y'okusaasira. . . . Eshaaha emwe nainga munaana—okusaasira omuntu ahabw'okweyendeza, kikaba kitari ky'amaani. Abo abarikusaasira abandi ahabw'omugasho gwabo, eshaaha emwe ekabareetera okusaasira kukye. Eshaaha munaana zikareeta okusaasirwa kwingi, okukira okusaasirwa—emirundi etaano okukira eshaaha emwe n'emirundi eshatu okukira okwefaho.

Okwongyera ahari ekyo, ku twakyeberera abantu bwanyima y'esande mukaaga, omutindo gw'okusaasira omu guruupu y'okwegasira gukaba gukyendiire kuhika aha kicweka ky'okusaasira okwabaireho ahamuheru gw'okuragurirwa. Omu guruupu y'okusaasira, okusaasira kukaguma ahaiguru n'obu obujanjabi bwahwaire.” (Worthington, 2001: 13-14) Worthington akahendera ati: “Okusaasira nikutugasira. Kwonka ku turikusaasira okukira munonga kutunga, nitutunga kakye aha migasho egyo yoona. Kwonka ku turikuheereza ekiconco ky'okusaasira omuntu otukoragye, nitutunga obugabe, obusingye, obundi n'amagara marungi hamwe n'okugarura busya enkoragana yaitu. Okusaasira nikutemba nk'amaizi kuruga omu homu y'omuriro. Nikituboneza. Nikitureetera obusingye.” (Ibid.: 14)

b. *Okushaasha nabo nikubaho ahandengo eshatu:* (1) Okwetegyereza (i.e., noyetegyereza enteekateeka y'omuntu ondiijo); (2) Okumanya empurira (i.e., nohurira kandi oteekateeka hamwe n'omuntu ondiijo); kandi (3) Embabazi (n'okushasha ahabwa omuntu hamwe n'okumwetegyereza n'okumanya ebiteekateeko bye nawe). Okutungu okusaasirwa okw'amaani, okw'ebiro byona, oine kuhika aha rurengo rw'okusaasibwa: esaasi z'okusasibwa.

c. *Okwetegyereza enshonga nyingi nikibaasa kwongyera okwetegyereza n'okusaasibwa omuntu ondiijo:* (1) “Enyehurira zorobi” (e.g., okutiina, okwerarikirira, okwerarikirira, n'obusaasi) nibitera kureetaho ekiniga, obwangani, n'okurumbwa omuntu; (2) Abantu nibategyekwa embeera zaabo, emituurire yaabo hamwe n'embeera yaabo; (3) Abantu “nibakora n'amaani” okubaasa kubaho (n'ahabw'ekyo nibabaasa kukora ebintu ebirikubaasa kutiinisa amagara gaabo); (4) Abantu nibategyekwa ebyabaireho enyima (nibabaasa kugira okutiina n'ekiniga hati, ahabw'omuringo ogu baakuziibwemu, nainga ebindi ebyababaireho enyima); (5) Abantu

nibakira kukora batabandize kuteekateeka aha bintu (eki n'ekyamazima munonga abantu baaba bari, *okugarukamu* ahabw'okugira ngu *bo* bahutaziibwe nainga, omu buryo buhikire nainga butari burungi, bakareeba okutiinatinisa); (6) Titushemereire kwebwa ngu turi abakurisitaayo (kandi, n'ahabw'ekyo, ahabw'embabazi za Ruhanga, hamwe n'amaani g'omwoyo gurikwera, nitwija kukora aha kutahirirwa nainga okuhutaazibwa omuntu ondijjo turikwihaho omuntu owa ira, turikugamba amazima n'okukunda, kandi tukataho “ebiteekateeko bya Kristo” ebi twine) (reeba **Efe 4:15, 20-32; 1 Kor 2:16**).

d. Obukoryo butari bumwe na bumwe nibubaasa kutuhwera okusaasibwa omuntu ondijjo: (1) Shaba ekiconco ky'okusaasibwa; (2) Handiika ebaruha erikushoboorora nk'omuntu owakucumire, orikushoboorora ekigyendererwa, ebiteekateeko, hamwe n'enyeherira yaawe kurugiirira aha nshonga ye; (3) Handiika ebaruha y'okushaba okusaasirwa okurugiirira aha kiteekateeko ky'omusibe; (4) Gamba n'entebe etarimu muntu, ogambe omusibe eki orikuteekateeka n'oku orikwehurira, nk'orikushutama aha ntebe, reero ogarukye omurimo, oshutame aha ntebe—oyetware nk'omusibe, oshoboorore ekyakureeteire kukora ebintu ebi wakoziye, n'okushaba okusaasirwa ahabw'ebyo ebi wakoziye; (5) Gamba n'omunywani waawe nainga kwejumba omu guruupu y'abaikiriza bagyenzi baawe, okuhwera buri omwe kukora aha nshonga z'okusaasira; (6) kora nainga kora ekintu ekirikworeka ngu nookunda omuntu ondijjo; ahabw'embabazi za Kristo ahabw'abantu nka bataahi baabo; (8) Shabirira bataahi baawe [ti kugira ngu omuriro gw'omu iguru gumutware, kureka ngu Ruhanga amwirire haihi, amuhe omugisha, kandi amuhindure omuntu nka Kristo, nk'oku orikushabirira ebintu ebyo nikibaasa kukuhikaho]; (9) Teekateeka aha bibi byawe bingi, obweremwa bwawe, oku wahutaziibwe, oku waakoziye kubi, oku waakoziye kubi, oku wafeereirwe, oku wafeereirwe, n'oku wafeereirwe abantu.

3. Ekiconco ky'okusaasira otarikweyendeza (E). Okucondooza nikworeka ngu abantu ku barikwanga kugirira abandi esaasi, tibarikubaasa kusaasira. Kwonka, n'abantu abamwe abarikugirira esaasi abo abakoziye kubi, tibarikusaasira.

a. Abakristaayo bashemereire kuteekateeka aha bibi byabo ebi Ruhanga yaabasaasiire hamwe n'ebishobobo ebi twakoziye ebisaasiirwe abantu abandi. Okuhika aha kwetegyereza gye obuntu buntu bwaitu n'obucureezi bwaitu, nikitworeka ngu nitubaasa kusaasira abo abatushobize. Okubanza twijukye okwetomboita n'eshoni zaitu ahabw'enshobi ezimwe, reero twijukye obusingye n'okusiima ebirikuruga omu kusaasirwa enshobi ezo. Okwecureeza n'okusiima n'emitwarize mikuru y'abakristaayo erikutureetera kufayo aha bandi.

b. Okwehayo n'okukunda okuri aha-bandi; n'okugaba otagyereize kugarurwaho kintu kyona. Kimwe aha biconco ebihango ebi turikutunga, n'ekiconco ky'okusaasirwa—n'eky'obugabe; n'eky'amaani; kandi nikibaasa kuhindura amagara. N'ekiconco eki Kristo atuhare hamwe n'ekiconco eki abantu abandi batuhare. Okusaasira “n'amaani agarikukirayo” aga rukundo. N'ahabw'ekyo, n'obu okwanga kurikubaasa kutuheereza “amaani g'obwire bukya g'okugumizamu omu bwimukiriro oburiho hati . . . okwanga tikwine maani g'okureetaho oburingaaniza omu biro by'omumaisho okwihaho okuhooraana. Okusaasira nikwo kurikureetaho amagara marungi omu biro by'omumaisho. Omu bwire bureingwa, okusaasira nikukira okwanga.” (Smedes 1984: 146) Omukristaayo orikumanywa munonga n'omuntu orikusiima munonga; omuntu orikusiima tarikubaasa kureka kuheereza ekiconco ky'okusaasira ekyamugasiire munonga.

4. Okusaasira omu bantu boona (O). Noosaasira, ekikuru munonga, omunda yaawe—omu mutima gwawe, ebiteekateeko byawe, n'omutima gwawe, noyeyama omu bantu ngu noiya kusaasira bwanyima y'okukora ekirikwetengyesa “okusharamu kw'okusaasira,” ku kiraabe kitari ekyo “okusaasira omu nyehurira yaawe,” omu mutima gwawe n'omu biteekateeko byawe.

a. Okwehayo omu bantu boona aha kusharamu oku waakoziye omu kihama, nikihwera okuhanya okusharamu okwo, n'okurwanisa okubanganisa okurikukwata ahari waaba okozire “n'amazima nsaasirwe” omusiisi, ekirikubaasa kwija omu biteekateeko byawe bwanyima, waaba nooteekateeka ebitalikire ahari we nainga ekyabaireho. N'ahabw'ekyo, okwehayo omu bantu okusaasira nikishushana n'okubatizibwa nari okwejumba omu kyakiro kya Mukama—“n'akamanyiso akarikureebeka k'embabazi z'omwoyo omunda” k'okusaasirwa oku waheire.

b. Hariho oburyo bwingi oburikubaasa kukuhwera kwehayo omu bantu boona kusaasira: (1) Gira emicwe mirungi omu biteekateeko byawe otajumirira omuntu ondijjo, ebiteekateeko ebitalikire byabaho (oyegambire ngu “kireke,” “kwetantara okusherura enshobi”; “hindura enteekateeka yaawe” ebiteekateeko ebitalikire ku birikutaaha omu biteekateeko byawe). Nikyo

kimwe n'okuteekateeka, okwegyesa, n'okuhandiika *ebintu birungi* ebirikukwata aha muntu ondiijo. (2) Yoreka okusaasira kwawe. Handiika enshobi aha mukono gwawe; okunaaba n'okukoresha munonga, nikiija kuhwaho. Nainga, kwata eibaare rihango omu ngaro zaawe (“nk'eibaare ry'okubanza” Yesu akashaba abashaija b'omu rurembo kubinga omukazi owaakwasirwe arikushambana [**Yoh 8:7**]); reka okwerarikirira n'obusaasi obu orikwehurira ahabw'okukwata eibaare, nibijwekyera okwerarikirira n'obusaasi obu orikwehurira ahabw'obutabaasa kusaasira —oburemeezi bw'ekyetengo ky'okwesasuza ku burikweyongyera munonga ku orikwenda kubukwata, reka eibaare rigwe kuruga omu mikono yaawe nk'akamanyiso k'okusaasira kwawe. Nainga, handika enshobi yaawe aha rupapura, ogyotsye kandi ojanjaze eiju. Nainga, handika enshobi yaawe aha rupapura, ogishome aha musharaba gw'ekiti, nainga ogureke aha musharaba nainga ahansi y'omusharaba aha kerezia yaawe. Waaba nookora ebintu ebi byona, ijuka ngu noohayo obusaasi bwawe, n'obusaasi bwawe ahari Yesu—obwahati ariyo naazitwara; tikikikwetengyesa. (3) Handiika okusaasira kwawe. Handiika ekihandiiko “ekihandiiko ky'okusaasira” eki orikubaasa kuguma nooyehamya omu bwire bw'okubanganisa ngu waasaasira kimwe omuntu ondiijo. (4) Gambira omuntu okusaasirwa kwawe. Gambira Ruhanga, iwe, omukazi waawe, omukundwa waawe, omusumba waawe; abantu aba boona nibabaasa kukuhwera waaba oine okubanganisa. (5) Gira eki okorerira mugyenzi waawe nk'orikumusaasira kimwe. Emicwe yaawe ku erikuhinduka omuze, neija kwongyera aha kusharamu kwawe kw'okusaasira n'okukunda.

5. Kwatirira okusaasira (K). Ebiteekateeko n'enyehurira by'obutabaasa kusaasira nibabaasa kwija omuriitwe (nk'oku ebindi biteekateeko by'ebibi—okwetenga, omururu, amaryo, obwangane, etc.—nikibaasa kubaho omuriitwe). Okureeba omuntu ondiijo, okuba omu mwanya ogumwe, okuhurira ekintu, eizooba ry'okujaguza, embeera endiijo, nari twaba turuhire, twine eihamba, nari twine amaganya, nikibaasa kureetaho ebiteekateeko ebitarikwetengwa n'ebiteekateeko by'obutabaasa kusaasira. Obwire nk'obu nibwo turikwetenga kugumizamu n'okusaasira oku twine *ekirikwikirizibwa* kandi eki twehairero *kukikora omu bantu boona*.

a. Hariho obukoryo bwingi oburikubaasa kutuhwera kusaasira omu bwire nk'obwo: (1) Yetegyerere ngu obusaasi bw'okwijuka akabi tikirikushushana n'obutasaasira (obutasaasira nikyetengyesa okuteekateeka munonga; otakaheebwa amaani g'okuteekateeka munonga); (2) Otateekateeka munonga aha nyehurira mbi (yegyendesereze—oyeshongore, oshabe, ohimbise Ruhanga, okore emirimo y'omubiri—omu mwanya gw'okuguma nooteekateeka aha biteekateeko n'enyehurira ebirikusaasa); (3) Yeijusya ngu okusaasira omuntu ondiijo (kandi oyeijusye emirundi ei waayehayo omu bantu okusaasira okwo); (4) Shaba okuhumurizibwa kuruga ahari munywani waawe nainga munywani waawe (omuntu ou wahanuura nawe okusaasira kwawe) ashemereire kubaasa kukuhwera omu bwire bw'obubonero nainga oburemeezi); (5) Kozesa ebihandiiko ebi waahangire (shoma “satifiketi y'okusaasirwa,” ebaruha, nainga ebihandiiko ebindi ebi waakozire ebirikworeka okusaasirwa kwawe); (6) Yetegyerere, oteekateekye, kandi ogarukye oyetebekekanise enkora ya ISEAK ey'okusaasira.

b. Hinduka omuntu orikusaasira abandi. Eki nikitwara amagara gaawe goona, kwonka nikihwera okukora emicwe yaawe nk'eya Kristo. Okwongyera ahari ekyo, enkora y'okuhinduka omuntu orikusaasira, nekuhwera “kuhamya” okusaasira oku oine aha muntu ahabw'ekihagaro eki yaakozire. *Hariho emiringo mingi y'okukuhwera kuba omuntu orikusaasira abandi:* (1) Teekateeka aha nshonga ahabw'enki nooyenda kwongyera kusaasira. Haba Mukama kushwijuma omutima gwawe: ebigyendererwa byawe n'eby'okweyendeza, nainga n'eby'okworobera, nainga n'eby'okusiiima, rukundo n'embabazi? (2) Manya ebironda byawe ebikuru kuruga enyima obisaasire. Ku orikubaasa kusaasira n'okwegyera aha nshobi ezi wakozire enyima, nikwo orikubaasa kusaasira ebironda ebirikwija kubaho omu biro by'omumaisho. (3) Saasira ekironda kimwe omurundi gumwe. Gyezaho okusharamu n'okusaasira buri nshobi yaawe, nk'oku orikukoresha enkora ya ISEAK, reboora entunguuka yaawe ahari buri nshobi, okworeka ngu nookora entunguuka. (4) Manya abazira b'okusaasira. Okushoma ebirikukwata ahari, nari okugamba n'abantu ababaasize kusaasira, nikibaasa kuba eky'okugaruramu amaani n'okugaruramu amaani. (5) Yecondooze. Okurekyeraho okusaasira nikubaasa kuba omuze mubi, n'ahabw'ekyo gira amazima n'omutima gwawe kandi biika akawunti “nkye z'okusaasira.” (6) Kyendeeza aha mitwarize etahikire, kandi oyongyere aha mitwarize mirungi. Gyezaho n'obwegyendesereza kweyongyera kugira emicwe mirungi omu bintu ebirikukira aha kusaasira. *Gamba ebirikukwata* aha bintu ebi orikubaasa *kwetantara* kukora, hamwe n'ebi *orikubaasa* kukora kuba omuntu murungi. Nk'eky'okureeberaho, teeraho

kumanya emicwe ei oshemereire kugira reero ohandiike ebi orikwenda kukora kworeka emicwe: e.g., “Ku naabaire nyongyeire (*okukunda*) nkabaire (*nsiima abantu, n'okugyezaho kubetegyereza, n'okubahurikiza*) obwire obwingi.” (7) Hindura ebi waarabiremu enyimaho. Koresa okusaasibwa kwawe oteekateekye Yesu naahuumuriza omuntu owakukwise kubi. Eki nikiija kuhwera okuhindura emiteekateekyere yaawe n'okwijuka ebyabaireho enyima. (8) Tebeekanisa omuringo gw'okwetunguura. Gyezaho kutwara amagara gaawe n'obwegyendesereza, oreche obwire bw'okuteekateeka n'okushaba, okutebeekanisa n'okuhuumura. Amagara agarimu emirimo mingi, nigakira kugumira, kandi okusaasira kwaitu, okusaasira, n'okukunda abandi, nikikira kubonabona nk'ekyarugiremu. (9) Gyezaho okusaasira omu mbeera ezitarikuteekateekwaho. Okwegyesa okusaasira bukiri kare aha bikwatiraine n'embeera ezirikubaasa kubaho, nikibaasa kukuhwera embeera ezirikwetenga okusaasirwa ku ziraabeho. (10) Gira omuze gw'okusaasira burizooba. Ku orikukora enteekateeka y'eizooba ryawe, teekateeka aha bantu abu orikuza kukorengana nabo eizooba eryo. Bakwatire omu kushaba, kandi oburemeezi ku burikwija, basaasire ahonaaho. (11) Sherura obuhwezi kuruga ahari omuntu ou orikwesiga. Abanwani abu orikwesiga, abapasita, hamwe n'abandi abatendekirwe omu Byahandiikirwe n'omu by'okusaasira, nibabaasa kukuha obuhabuzi n'obuhwezi bw'omuhendo. (12) Andika ehururu y'okukunda abazigu baawe. Noobaasa kushaba, oteekateekye, kandi otware omu nkora oburyo bw'okukora gye abazigu baawe. Yegyendesereze omu kworeka rukundo ya Kristo ahari abo abatarikukundwa.

B. Okugambira owakucumire “ngu nkusaasire”

1. Okugambira omuntu ondiijo ngu nkusaasire, kishemereire kukorwa n'obwegyendesereza, obumwe nikiba kitarikwetengyesa. Okukora ekyo nikibaasa kukoresibwa nk'ekikwato ky'okurwanisa omukozi w'ebibi, nainga nikibaasa kukorwa bukiri kare, ekirikureetera omukozi w'ebibi kwerinda n'okwongyera obuhuta aha bukuru. Okwongyera ahari ekyo, omuntu ashemereire kwegyendesereza omu mbeera ahu okuza aha muntu ondiijo kumusaasira, nikibaasa kukureetera akabi k'okutuntuzibwa omubiri nainga obutabanguko kuruga aha muntu ogwo.
2. Smedes naagira ngu, otakasaasiire, oshemereire: a. *Teekateeka* (yija omu bwijwire nk'oku orikubaasa ahari ekyabaireho); b. *Yegyendesereze embeera*; c. *Gamba n'omunywani waawe nainga omuhabuzi waawe*; d. *Hurira* (baasa kwetegyereza eki orikwehurira hamwe n'enshonga ahabw'enki); kandi e. *Shaba* (okusaasira n'ekikorwa kigumire kukora— twine kuba ab'amazima na Ruhanga, tukikiriza ngu nitwetenga obuhwezi bwe, tukabushaba, kandi tukabukoresa ku burikwija). Reero, ku orasharemu kugambira omuntu ondiijo ngu wamusaasira, oshemereire: a. *Twara obwire bwawe*; b. *Yegyendesereze akabi*; c. *Rinda akamanyiso*; d. *Kikore omu bwijwire* (banza ogambe aha bintu ebindi; ohurikirize kumara akaire kakye; kikore nk'ekiteekateeko ky'enyima); e. *Kikore bwanyima y'okutandika ekiganiiro n'amazima, kandi n'obwesigye, orikwendeza omuntu ondiijo kurungi*; f. *Otakagizire ngu ebigyendererwa byawe n'ebirikwera*; g. *Yeteekateekye*; h. *Kihindure kigufu*; i. *Giteekateekye nk'ekyererezi*; kandi j. *Ha omuntu ondiijo obwire* (hindura enshonga yaaba ataketeekateekire kugigambaho; reka agiteekateekyeho; reka agigambeho aha sipiidi ye). (Smedes 1984: 138-39, 145-46)
3. Embeera nungi y'okugamba ebigambo by'okusaasira omuntu ogundi egwa omu mbeera ezirikukurataho:¹³
 - a. *Omusiisi ayesaasize kandi yaashaba okusaasirwa*. Orikujuranwa naabaasa kuba ayeteekateekire kuhurira ebigambo ebyo bikuru, otakabihereize. Ijuka ngu okusaasira tikurikubaasa kugyemeserezibwa, n'ekikorwa kyawe ky'obugabe. Okugarukamu kwawe okw'amazima nikubaasa kuba, "Ninyenda kukusaasira, kwonka mpa obwire bukye, TIKWE?"
 - b. *Omukozi w'ebibi t'ashabire kusasirwa kandi t'ashabire kusaasirwa, kwonka omushango gwe gwahamiibwe hatariho kubanganisa*. Noobaasa kusaasira owakucumbagiziibwe, oine amatsiko ngu naija kushaba okusaasirwa (eki arikubaasa kuba ayesharingiire ahabw'eshoni) bwanyima y'okusaasirwa; kwonka ku araabe ateteisize, noobaasa kuruga omu mbeera obwo orikumanya ngu okozire kyona ekirikubaasika.
 - c. *Enkoragana ahagati yaawe n'omusiisi esiisire kandi enjuyi zombi ziine ekiniga*. Owaba ataine *rubanja* naabaasa kutandika omurimo gw'okugarukanisa obwo arikubanza okwesaasiza, ekirikubaasa kureetera ondiijo oine rubanja kworeka obusaasi bwe, ekirikwigura orwigi.
 - d. *Ekihagaro kikabaho obwire buraingwa enyima, kandi omusibi takiri kicweka ky'amagara*

¹³ Ekiweka eki kikuru nikirugirira ahari Enright 2001: ch. 11.

gaawe. Omugisha nigubaasa kutabaho kworeka okusaasira owakozire kubi omuntu yaaba afiire, nainga yaaba atakiriho ahabw'eshonga ezindi. N'obu kirabe kiri kityo, noobaasa kworeka okusaasira kwawe omu muringo gw'akamanyiso (nk'oku kyagambirweho kare), nainga kworeka okusaasira kwawe ahari memba w'eka, oruganda, oruganda, nainga ekanisa, nainga kukoresa eka, oruganda, oruganda, nainga ekanisa, nainga abantu abandi kutandika orukiiko rw'okusaasira.

e. *Orikukora ebihagaro tarikumanya ngu noohurira kubi*. Omuntu ashemereire kureeta enshonga enkuru omu muringo gw'obwengye; nk'oku kyagambirweho kare, oshemereire kuteekateeka yaaba okureeta enshonga nibiija kureeta akabi nainga ebirungi aha muntu ondijjo hamwe nawe.

C. *Ebindi ebirikworeka omuhanda gw'okusaasira*

1. Noosaasira oihireyo, nainga “torikusaasira” kimwe. Torikubaasa “kugyemeserezibwa” kusaasira.
2. Okusaasira n'eky'okucwamu; okusaasira nikutwariramu *iwe wena*; okusaasira *nikutwara obwire*; okusaasira *nikutwara obwire* (obundi amagara goona); okusaasira *n'omurimo* (obundi *nikutwara obwire bureingwa*); okusaasira *n'empinduka* (*noiija kuhindurwa*; omu muhanda *noiija kureeba, Kristo naija kureeba, n'abandi nibaija kureeba, oku orikweyongyera kuhinduka nka Kristo, ahabw'omuringo muringwa, ogugumire, ogurikutwara obwire bukye ogw'okukora omurimo gw'okusaasira*). Nambwenu, Klasse akahika aha kugamba ati: “Omu muringo ogurikutangaaza, obuhuta obutarikubaasa kusaasirwa nibukureetera omugisha gumwe ogutari gwa buriijo omu magara: *okuhindura munonga*. Oburemeezi bw'okuhutaazibwa nibubaasa kukureetera okuhindura ebirooto byawe, ebiteekateeko byawe hamwe n'ebiteekateeko byawe. Ni nkahi okundi, okwihaho omu busaasi obu obw'amaani, ahu turikubaasa kuhikwaho entongane ezitarikukira kubaho. Okubaasa kugyeza enzikiriza z'omuntu, n'omugisha gw'amagara goona. Okukikora kurungi n'eky'omutaano. . . .

Omuntu omusya naaruga omu nteekateeka y'okusaasira. N'obu abantu baingi batarikwenda eki aharibo kandi ku barikuheebwa akaruuru, nibabaasa kugira ngu, ‘Tindikwenda kumanya bingi.’ Amazima nigagira ngu tikirikwetengyesa; titurikuheebwa okuronda. N'omuringo gw'okuheebwa omugisha ogundi, omugisha ogundi. Okuhutaazibwa omu muringo ogutarikwetegyerezebwa, n'okuheebwa ekiconco.” (Klassen n.d.: “Restoring the self”)

3. Nobaasa kuteekateeka ngu noiija kubuzabuzibwa, nobaasa kuteekateeka ngu oine ekiniga, nobaasa kuteekateeka ngu torikwetegyereza gye ekirikubaho, kandi nobaasa kuteekateeka ngu noiija kuhikwaho oburemeezi omu muhanda. Okusaasira nikubaasa kugyerageranisibwa n'omwana okwega kutambura. Omwana nabanza yaatwara amadaara makye. Akagwa ahansi. Tarikwenda kutambura, kureka nayenda ngu nyina amutware. Kwonka, bwanyima y'obwire, naakora amadaara amahango. Naatunga obwesigye kandi ahamuheru naabaasa kwiruka. N'ow'obusingye.

4. Obushoboorozi bwaitu bw'okusaasira nibubaasa kuhwerwa okwetegyereza ngu obuhuta tikurikubaasa kwetantarwa. Obusaasi, ebironda, okunyanganazibwa, n'okushiisha, obumwe bukya, obumwe bw'amaani, n'oburemeezi oburikubaasa kubaho. Abantu nibeteekateekyerwa ebyabo. Abaingi nibafa aha bandi, kwonka nibo barikubanza kwefaho kandi baine omugisha gw'okugumizamu n'amagara gaabo. Ku oraabe noyetegyereza ekyo, nikikworobera kwikiriza enshobi z'abandi hamwe n'ezaaawe. Nk'oku Klasse arikworeka: “[Obuhuta] n'ekicweka ekindi ky'amagara, nk'okukunda, okukora hamwe n'okushemererwa. Oburemeezi obumwe noobaasa kubuzibira, obumwe tiburikubaasa. Omuntu ku yaamara kwikiriza ngu oburemeezi nibubaho kandi oburikukira obwingi tiburikubaasa kuzibirwa, nikimanyisa ngu okusaasira kushemereire kwombekwa nk'omuringo gw'amagara; kandi haihi tihaine ekitarikubaasa kusaasirwa.” (Klassen n.d.: “The forgiveness principle: *Injuries happen*”)

V. Okwesaasira¹⁴

A. *Nikibaasika okwekusaasira*

1. Smedes naagira ati, “Nikireebeka ngu abantu babiri bonka nibo barikwikirizibwa kutuheereza ekihandiiko ekirikworeka ngu twesaasira. Omwe aharibo n'omuntu ou twakozire ekibi. Endiijo ni Ruhanga orikwehurira enaku twahutaaza abaana be.” (Smedes 1996: 96-97) Nayongyeraho ati, “muntu ku arikushaba ngu tumusaasire, naaba naashaba orusa rw'okwesaasira” (Ibid.: 97).

¹⁴ Ekicweka eki nikyegamira ahari Worthington 2003: 222-25; Smedes 1984: ch. 8; Smedes 1996: eshu. 12; na Jeffress 2000: 183-84.

2. Omuntu ou waakozire kubi ku araabe yakusaasiire, ahabwenki torikubaasa kwesasirira? Ku oraabe okozire kyona ekirikubaasika okushaba okusaasirwa, okushashura, okwefuuza, n'okushaba okusaasirwa, kwonka omuntu ondijjo yaayanga kukusaasira, okubaasa kwawe okwekusaasira kushemereire kurugiirira aha kusaasira kwa *Ruhanga* ahariwe, kutari aha kibi ky'okutasaasira omuntu ondijjo.
3. Ruhanga ku arikukusaasira, nooha otarikwesaasira ahabw'enshobi, ebibi, n'ebihagaro ebi okozire—hamwe n'obusaasi n'obusaasi obu okureesire abandi hamwe naiwe? Ku oraabe *ota* yesaasire, nooba noteeka *ahaiguru ya Ruhanga*, owakusaasiire. Ekyo n'ekibi ky'okwehimbisa.

B. N'obu kiraabe kigumire munonga okukira okusaasira abandi, oshemereire kwesaasira waaba oshemereire kukikora

1. Obwire obwingi, omuntu owabaire akozire ekibi niwe aine obushoborozi bw'okusaasira omuntu owabaire akozire ekibi; 'kwesaasira' nikukureeta omu myanya yona omurundi gumwe. Kwonka, burijjo nitweyongyera omu muringo nigwo gumwe: nitweshetsya; nitwebeiha; nitwebaza; nitwehurira kubi; nitwetomboita. Ahabwenki naitwe tutashemereire kwesaasira?
2. Nitubaasa kwesaasira nk'oku turikusaasira abandi. Wine kuba ab'amazima ahariitwe, tuketegyereza enshobi ezi twakozire, tuketomboita ebibi byaitu kandi tuketomboitwa (tukaruga omu mihanda yaitu emibi). N'ahabw'ekyo, okwekwasa okusaasira nikitaana n'okwekwasa okusaasira n'abo abatashobeize kwonka bakanga kweteisa; okwekwasa okusaasira nikishushana n'okusaasira kwa *Ruhanga*—nk'oku *Ruhanga* arikutusaasira nikigyenderera kugaruraho omukago oguhikire ahagati yaitu na *Ruhanga*, nikwo n'okwekwasa okusaasira kwaitu nikigyenderera kugaruraho oburingaaniza bwaitu (“omukago oguhikire naitwe”). N'ahabw'ekyo, okweteisa n'okuhendeka n'eby'omugasho omu kwesaasira.
3. K'emiringo endijjo y'okusaasira, nitwebasaasira ebikorwa bibi ebi twakozire, ebikorwa ebi twineho orubanja kandi ebi twineho orubanja, kutari ahabw'oha nainga eki “turi.” Nitubaasa kukuratira enkora emwe eya ISEAH ei turikukoresa kusaasira abandi, kugira ngu twesaasire. Okwongyera ahari ekyo, oshemereire kwetegyereza ngu “*Ruhanga* nakusaasira naanye nikyo kimwe.” Nitubaasa kwegarukamu ekyo, obwire bw'okubanganisa ku burikwija. Nitubaasa kushaba omushaija weitu, omushumba weitu, nainga munywani weitu ou turikwesiga ngu atuhwe okusaasira. Nitubaasa kukora ekicweka ky'omushaija nari omukazi owashabirwe, turekye kwetomboita ahabw'ekintu eki *Ruhanga* yaasaasiire kandi eki twakozire kyona ekirikubaasika okushemeza n'okushaba okusaasirwa kuruga aha muntu ou twahereire.
4. Okwesaasira nikibaasa kwongyera kutuhwera kwetegyereza gye enshusha yeitu eyamazima oyihireho Kristo. Nitukira kugumirwa kwikiriza ngu tukakora enshobi—obumwe n'obumwe enshobi y'amaani. Nitubeihabeiha nitwikiriza ngu tituri nka 'abantu babi' abarikubeiha, okwiba, okuhamba, kwita, nainga okukora ebindi bibi byona. Tushemereire kumanya gye (reeba **Mat 5:21-32; Mak 7:14-23**). Okureeba omu maisho ebibi ebiri omu mitima yaitu nikituhwera kwetegyereza gye, nikituhwera kwihaho amaryo, kandi nikituhwera omu muhanda gw'obucureezi. Nk'oku okusaasira abandi kurikubaasa kureebwa nk'akamanyiso akarikworeka okusaasira kw'omunda n'omu by'omwoyo oku Kristo yaatuhaira, nikwo n'okwekwasa kusaasira kurikubaasa kutuhwera kureeba okusaasira kwa Kristo “nk'okwabuzima” omu mitwarize yaitu n'ebiteekateeko byaitu.

VI. Okusaasira n'okweteisa¹⁵

A. Okweteisa burijjo nikukwata aha mushaija owabaire akozire ekibi (ogwo owashabirwe okusasirwa) kutari ogwo owabaire akozire ekibi (ogwo owashabirwe okusasirwa)

1. “Okweteisa” nikimanyisa okwefuuza ahabw'ekibi eki omuntu akozire kyonka, kureka “n'okuhindura ebiteekateeko bye” “okuhindura omuhanda.” Omu muringo ogundi, okweteisa n'okuruga omu muhanda mubi ogu omuntu yaabaire nagyenda, kugira ngu akuratire omuhanda musya, oguhikire (Zodhiates 1993: *metanoéō; metánoia*).
2. Aha rurengo rwayo orurikukirayo, okweteisa “nikimanyisa okwefuuza munonga ahabw'okugira ngu eki wakozire kikaba kitahikire, oihireho oburemeezi oburikubaasa kurugamu. Nikitwariramumu empindahinduka y'omutima — *ekirikubaasika waaba noomanya ngu ekibi n'ekihagaro ahari Ruhanga (2 Bus 6:37-39; cf. Yer 31:19)*. Okushaasha okurikuruga ahari *Ruhanga*, tikurikubaasa kugyendera hamwe n'enyehurira y'amaani, kwonka nikimanyisa empindahinduka omu miteekateekyere, ekishemereire kurugwamu empindahinduka omu micwe.” (Sande 2004: 118-19, okuhamya

¹⁵ Ekicweka eki nikyegamira munonga ahari Jeffress 2000: ch. 4; Worthington 2003: 51-52; Smedes 1996: ch. 11; na Smedes 1984: eshu. 7.

kwongyerweho)

3. Okweteisa kurimu emitendera ena, kandi "tushemereire kurabira omu mitendera yona etakahwire"
(Smedes 1984: ch.7). Emitendera ena egi n'egi:

a. *Enteekateeka*: Oshemereire kubanza okareeba ebikorwa byawe kurabira omu maisho g'abandi. Nooreeba ngu ebiteekateeko byabo aha bi wakozire n'ebuzima.

b. *Okwehurira*: Okuruga omu kwetegereza okuza omu busaasi. Noohurira obusaasi obu waareteire omuntu ondiijo kuhurira. Nogabana obusaasi obu waareesire.

c. *Okwatura*:

(1) Okwatura tikwikiriza ngu okakora ekintu kyonka, kureka n'okusaasaana n'omuntu ondiijo, orikweta omu mikono y'omuntu ondiijo. Noogambira omuntu ou wahutaziibwa ngu eki wakozire tikirikwikirizibwa kandi ngu nookwatanisa n'obusaasi bwe.

(2) ahu kirikubaasika kukikora, oshemereire kugarurira, okworeka amazima g'okwatura kwawe. ky'okureberaho kirungi n'ekya Zaakeo, owaagizire ati: "Ekicweka ky'ebintu byangye nikiza kuheereza abooro, kandi ku naabaire nyiize omuntu ekintu kyona, ninyija kumugarurira emirundi ena" (Luk 19:1-10) (reeba Sande 2004: Appendix C, "Principles of Restitution").

d. *Okuraganisa*: Okwefuza kwawe kwakuba kuri okw'amazima, nikwija kuhwaho n'ekyetengo ky'amaani eky'obutakihutaaza kandi n'ekigyendererwa ky'amaani kandi okuraganisa obutakihutaaza.

4. Okweteisa n'eky'omugasho omu mbeera ina:

a. *Okweteisa n'eky'omugasho okutunga okusaasirwa kuruga ahari Ruhanga.* Nitujunwa ahabwa embabazi za Ruhanga. Kwonka, okweteisa kwaitu nigwo *muhandu* ogu embabazi za Ruhanga zirikirabwamu. Hariho entaaniso ahagati y'*okusaasira kwa Ruhanga n'okusaasira abantu*. Entaaniso egi nereebeka omu ntaaniso eri ahagati ya Ruhanga n'abantu, ekirikworekwa omu bihandiiko ebitarikushushana ahagati y'*okusaasirwa Ruhanga n'okusaasirana*. Worthington naagira ati: "Abantu tibari Ruhanga. Ruhanga naabaasa kumanya ebigyendererwa by'abantu, abantu tibarikubaasa. Ruhanga naabaasa kureeba omu mitima yaitu reero ashemereire kweteisa. Tindikubaasa kureeba omu mutima gw'omuntu ondiijo kumanya ebigyendererwa bye ebihikire. (Tindikubaasa kumanya ebigyendererwa byangye ebihikire.) N'ahabw'ekyo okusaasira abantu, omu Byahandiikirwe byona, tikirikwetenga kweteisa kw'omusiisi. . . . Omu Byahandiikirwe nitureeba entaaniso ahagati y'*okusaasira kwa Ruhanga n'okwabantu*. Fred Di Blasio . . . Ebyahandiikirwe nibigamba aha kusaasira kwa Ruhanga n'abantu. Abangi abarikugamba aha kusaasirwa okurikuruga ahari Ruhanga, nibagira ngu okusaasirwa okurikuruga ahari Ruhanga nikwetengyesa okweteisa. . . . Endagaano ensya ejiwire ebigambo ebirikugamba aha kusaasira. Okusaasira nk'okwo, kurugiirira aha nnyiriri ezi Di Blasio yaagambireho, nikwegamira aha bucureezi. Abantu tibarikubaasa kumanya ebigyendererwa by'omutima gw'omubi. N'ahabw'ekyo orikutegansibwa ashemereire kuba aine embabazi n'obucureezi, ayeteekateekire kusaasira atarikwetenga kweteisa." (Worthington 2003: 51-52)

b. *Okweteisa n'eky'omugasho omu kugarukana n'omuntu ondiijo.*

(1) Ahabw'okugira ngu okusaasira n'ekintu eki iwe orikubonabonesibwa orikukora omu mutima gwawe, ebiteekateeko byawe, n'omutima gwawe, omuntu ondiijo tarikwetengwa kweteisa nk'akakwakurizo k'okusaasira. Ku ogire ngu okweteisa nikwetengyesa omuntu kubanza akeeteisa kubaasa kusaasira, nikiba *kitarikubaasika* okusaasira, *nobu waakuba nooyenda*, omuntu yafiire, yaagyenda, yaaba ataine bushoboorozi, nari yaayanga kweteisa. Nambwenu: "Abantu bashemereire kusaasira, kandi nitujunanwa twakora tutyo (Mt 6:12, 14-15; Lk 6:37-38). Ku ogire ngu okweteisa kw'omukozi w'ebibi kukaba nikwetengwa tutakasaasize, obwo tukabaire nitucwerwa orubanja omukozi w'ebibi yaayanga kweteisa. Kwonka n'amazima Ruhanga tarikubaasa kutujunaana ahabw'ekintu ekitari omu bushoboorozi bwaitu." (Worthington 2003: 51)

(2) Aharubaju orundi, okusaasira omuntu tikirikumanyisa ngu oine kukwatanisa nawe: okusaasira omuntu orikukora nawe eby'obushubuzi owakubeihabeiha tikirikumanyisa ngu oine kuguma nawe omu by'obushubuzi; okusaasira omuntu ou orikutuura nawe (otwariiremu n'omushaija waawe) orikukuteera, tikirikumanyisa ngu oine kuguma notura nawe. *Okugaruraho enkoragana* n'omugasho gw'okugarukana. Ekyo nikiyetengyesa kugaruraho obwesigye n'okugaruraho obwesigwa bw'omubi. Omukozi w'ebibi ashemereire *kugaruraho* obugabe bw'okukwatanisa. Niyo nshonga ahabw'enki okweteisa kutarikwetengisa okusaasira omuntu kwonka n'ekicweka ky'omugasho

ky'okugarukana n'omuntu ogwo. Nk'oku kyagambirweho kare: *Nikyetengyesa omuntu omwe kusaasira; nikiyetenga abantu babiri kugarukana.*¹⁶

c. *Okweteisa n'eky'omugasho omukugarurwa omu ntebe.* Ogu n'omuringo gw'okugarukana. N'obu okushiisha kwawe, nk'omuntu, kushemereire kusaasirwa hatariho bukwakurizo, ebibi nk'ebyo nibibaasa kugira ebirikurugamu. N'ahabw'ekyo, n'obu oraabe oine kukora kurabira omu nkora ya ISEAH y'okusaasira omuntu owayibire esente kuruga ahariwe, nainga okuhamba muhara waawe, nainga okukureetera akabi nainga obuhuta obundi, okusaasira omuntu ogwo tikirikumwihaho ebirikubaasa kuruga omu biragiyo by'ekikorwa kye; kuruga ahariwe, nainga okuhamba muhara waawe, nainga okukureetera akabi nainga obuhuta obundi, okusaasira omuntu ogwo tikirikumwihaho ebirikubaasa kuruga omu biragiyo by'ekikorwa kye; mazima, naabaasa kushashura ebirikubaasa kurugamu eby'amaani (okwitwa, okusibwa, okushashurwa, okugarurwaho, okuswazibwa, okuingwa aha murimo, etc.) ahabw'ebi akozire. N'ahabw'ekyo, omuri **Mat 18:15-20, 1 Kor 5:1-5, na 2 Kor 2:5-8** Yesu na Paulo nibahamya ngu abantu b'ekanisa abarikukora ebibi nibabonerezibwa (kwonka aha muheru nibatereera) ahabw'ekanisa ei ekibi kyabo kitganiise ego ekanisa.

d. *Okweteisa n'eky'omugasho omu kwihaho okwetomboita n'eshoni.* Enshoni (ebirikubaho n'okuhurira ebikwatiraine n'okukora ebisahikire, enshoni, okwetantara okukwatanisa) hamwe n'okwerarikirira (okukora ekisahikire, omushomankuzi) tibirikwija kuruga ahari

¹⁶Eki nikibaasa kuba enshonga endiijo ahabw'enki Ruhanga arikwenda ngu twefuze ahabw'okusaasira kwe: okusaasira kwe tikutureka twenka, omu mbeera y'okusaasirwa kwonka n'obu kwakuba kuri aheeru y'omukago gwe nawe; kureka, okusaasira kwe nikutugarurira omukago murungi nawe. Ekyo nikitwariramu okututoorana, okututwara nka abaana be, okutucungura, okutuha eby'obusika, n'okututaho akamanyiso n'Omwoyo Orikwera (**Efe 1:3-14**). Nk'oku Smedes arikworeka, "abantu ku barikwenda kusaasirwa Ruhanga, nibenda kugaruka bakwatanisa nawe omu bwire bumwe. Kwonka Ruhanga nayenda kugarukana n'obwesigwa. Kandi okweteisa n'amazima agarikukwata ahari ebyo ebi twakora okushiisha enkoragana yaitu na Ruhanga. Egi niyo nshonga ahabw'enki omuntu atarikubaasa *kuteekateeka* ngu Ruhanga naija kumusaasira yaaba ataketeisize." (Smedes 1984: 92-93)

Enkora ya Ruhanga y'okutusaasira—otwariiremu n'okutugarura omu mukago oguhikire nawe—Sande akakishoboorora omu muringo ogurikwetegyerezibwa omu kugaaniira n'omuhabuzi we, Rick, owaabaire aine oburemezi bwingi bw'okusaasira (n'okugarukana) n'omukazi we, Pam (owabiire akozire obushambani): "Nkabaasa kureeba oburuhe omu maisho gye. "Ninyetegyereza ngu mwembi muri omu busaasi bw'amaani, Rick. Kwonka tindikuteekateeka ngu okwahukana nikwija kukimaraho. Noija kuhindura obusaasi obw'omuringo gumwe n'obundi. Hariho omuringo gw'okurinda obushwere bwanyu hamwe n'okuteeka enyima yaawe enyima yaawe. Kwonka torikwija kukishanga n'okusaasira okutahikire oku orikuha Pam."

"Noomanyisa ki, 'okusaasira okutahikire'?"

"teeberera ngu waaherize kwatuura ekibi kyawe ky'amaani ahari Ruhanga, kandi omurundi gw'okubanza omu magara gaawe akagamba naiwe kurungi ati: 'Nkusasire, Rick, kwonka tindikubaasa kugaruka kuba haihi naiwe.' Okaayehurira ota?"

Bwanyima y'okuhunama kakye, akagarukamu ati, "Nintekateeka ngu nkahuriire Ruhanga naba atansaasira."

"Kwonka tikwo orikusaasira Pam?" Nkabuuzza.

Rick akareeba ahansi, arikurwana kuronda eky'okugarukamu.

Omu iraka rikye, nkagumizamu nti, "Teekateeka ngu Ruhanga akagira ati, 'Rick, nkusaasire. Nkaraganisa obugaruka kuteekateeka aha kibi kyawe, nari kukiteekateekaho. Ninkuraganisa obutakigambaho ngu n'okukoresa kukurwanisa. Nkaraganisa obutagamba n'abandi ahari kyo. Kandi ninkuraganisa ngu ekibi eki tikirikwija kwemerera ahagati yaitu nainga kuturemesa omukago gwaitu'."

Bwanyima y'okuhunama kumara obwire buraingwa, amaziga gakatandika kwijuza amaisho ga Rick. "Nkabaire nimanya ngu nkasaasirwa kimwe . . . Kwonka nkaba ntashemereire kusaasirwa nk'okwo ahanyima y'omuringo ogu naatwarizemu Pam."

"Okabaasa kuba ogishemeraire?" Nkabuuzza. "Okusaasirwa kwa Ruhanga n'ekiconco kya busha ekyakugurirwa Yesu kufa aha musharaba. Tarikukusaasira ahabw'okugira ngu okishemereire. Naakusaasira ahabwokuba nakukunda. Waaheza kwetegyereza oku okusaasira kwe kuri okw'omuhendo, noija kwenda kusaasira Pam nk'oku akusaasiire." (Sande 2004: 202)

N'ahabw'ekyo, nk'oku kyagambirweho ahaiguru, nk'oku hariho entaaniso ahagati ya Ruhanga n'abantu, nikwo hariho entaaniso ahagati ya okusaasira kwa Ruhanga n'okusaasira okw'abantu. Kwonka, okukwatanisa ahagati y'okusaasira n'okugarukana nikureebeka: Rick okwetegyereza omuringo gw'okusaasira kwa Ruhanga, kikamureetera kushaba Pam kumusaasira ahabw'obusaasi n'obutashemererwa obuyabaire amworekyeire, oihireho okugira ngu "akamusaasira." (Okukoresa enshonga za Worthington, Rick akabanza yaagamba "okusharamu okusaasira"; ku yaashabire Pam kumusaasira ahabw'obusaasi bwe n'obufuki bwe, akahika omu mbeera ya "okusaasira kw'ebiteekateeko" nawe.) Ekyo kikareetera Pam kugamba aha nyehurira ye y'okwerarikirira, enshoni, n'okutiina, ekyarugiremu obushwere bwe kugarurwaho (Ibid.: 203).

omushomankuzi kuhisya obu arikwikiriza, arikwetomboita, kandi akeeteisa omushango gwe. Naabaasa kutandika omurimo gw'okugarurwa omu bantu n'abantu abu yaabaire atarikukwatanisa nabo; enshoni ze, hamwe n'okwetomboita kwe, nibibaasa kwihwaho.

B. Ebyahandiikirwe tibirikwetengyesa kweteisa nk'omuringo gw'okusaasira abantu

1. Ebicweeka byingyi (e.g., Mak 1:14-15; 6:12; Luk 13:3; 24:47; Byak 2:37-38; 1 Yoh 1:9) nibyoreka ngu okusaasira nikukwatanisa n'okweteisa. Kwonka, embeera ezo zoonza nizigamba aha kusaasira kwa *Ruhanga*, okujunwa, n'okugaruraho enkoragana nungi na *Ruhanga*. Tihariho ekyahandiikirwe ekirikworeka ngu omushajja ashemereire kwatuura nainga kweteisa atakasaasirwe omu mbeera z'abantu. Okwongyera ahari ekyo, boona nibakorengana n'abantu *abarikwenda* kusaasirwa, batari abo abeine *kukora* okusaasira.

2. Ebyahandiikirwe bibiri munonga, obumwe nibigambwaho nk'ebirikworeka okweteisa nk'ekyetengo ky'okusaasira abantu: Mat 18:15-20 (“Mwene waanyu ku arakukore kubi, gyenda omumanyise eki akushagiize muri mwembi . . . kandi ku araayangye kworobera ekanisa, abe nk'omunyaihangana n'omuhooza ahariwe”); na Luk 17:3-4 (“mwene sho ku araashiishe, omuhane; ku araayeteise, omusaasire; 4ku arakukore kubi eizooba rimwe emirundi mushanju, yaakuhindikira emirundi mushanju naagira ati: Nyeteisize; omusaasire.”). Obumwe n'obumwe enfumu y'omwana owazaahire, **Luk 15:17-21** (“Taata, nkacumura aha W'omu iguru, kandi n'omu maisho gaawe, tinkiri w'okwetwa omwana waawe”), nikyo kimwe nikigambwaho. Kwonka tihaine omushango gwona ogurikwetenga okweteisa kw'omusiisi otakamusaasiire:

a. *Omuntu ashemereire kwegyendesereza okutaanisa ebirikushoboororwa n'ebirikuhaburwa. Luka 15 na 17 nizishoboororwa embeera ahu omusiisi yaayeteisize. Tibarikugira ngu omuntu owabaire aabebeze ashemereire kusaasira “yaba, kureka yaba” ori omunshobi yayeteisa. Omuringo nigwo gumwe, tibarikugira ngu omuntu owaboonabonesiibwe tashemereire kusaasira owaboonaboiise yaaba ateteisize.*

b. *Omuri Luka 15, yetegereze ngu, n'obu omwaaana owazaahire “araabe yaayetegyereze” kandi yaayoreka okweteisa, ishe akamusaasira atakagambire ishe ebigambo by'okweteisa (Luka 15:20).*¹⁷ Etegyereze ngu taata omu nfumu akooreka “okusharamu kusaasira” hamwe “n'okusaasira kw'ebiteekateeko” (Worthington 2003: 53-54).

c. *Enshonga ezirikukwata ahari Mat 18 nizikwata munonga aha nshonga y'okukwatisa emicwe omu kanisa, ebibi ebirikuteganisa ekanisa, hamwe/nainga okugarurwa omu kibiina nainga omwanya.* Ellingworth naagira ngu eki Yesu arikugamba omuri **Yoh 20:23** “n'okukwatisa emicwe omu bantu abarikwikiriza, kutari kurekyeraaho kusaasira enshobi zaabo, kandi,” kandi **Mat 16:19** kandi **Mat 18:18** “nibishushana, kwonka obundi nibigamba aha kusharamu kw'ebyo ebirikwikirizibwa n'ebitarikwikirizibwa omu bantu, okukira okusaasira kwonka” (Ellingworth 1992: 242). N'ahabw'ekyo, okweteisa n'ekintu ky'omugasho, ekirikwetengwa kandi ky'omugasho omu nteekateeka y'okugarurwa busya. Entaaniso ahagati y'ekyo hamwe n'okusaasira abantu, nikyorekwa omu kicweka ekirikukurataho, okurugiirira ahari **Mat 18:21**, ahu Petero yaabuuziire ati “Mukama wangye, murumuna wangye naanshobyanya emirundi engahi, nkasaasira? Emirundi erikuhika mushanju?” kristo tarabeire nayetenga ngu omukozi w'ebibi atandike kweteisa kubaasa kusaasirwa “emirundi makumi mushanju emirundi mushanju” (**Mat 18:22**).

d. *Eky'ahamuheru, twine kumanya entaaniso eri ahagati y'okwakiira okusaasirwa hamwe n'okusaasira.* “Enshonga y'okweteisa n'eyomugasho munonga omu kwikiriza okusaasirwa, kwonka terikwetengwa omu kusaasira” (Jeffress 2000: 73). **Luk 15 na 17** zikagamba aha bantu abaabaire *nibenda* kusaasirwa; bakoreka okweteisa kwabo nk'omuringo gw'okwakiira okusaasirwa.

C. Okusaasirwa tikurikubaasa “kukorerwa” okwetomboitwa, kwonka okusaasirwa okutarimu bukwakurizo, nikyoreka amazima, amaani, obugabe, ekitiinisa hamwe n'okukunda

1. Baingi nibateekateeka ngu “omuntu orikutucumintiriza yaaba ateteisize, t'ashemereire kusaasirwa.” Smedes naagarukamu munonga eki: “N'amazima, t'ashemereire kusaasirwa. Tihaine oshemeire.

¹⁷ Nk'oku taata w'omu nfumu arikujwekyera Tataitwe ow'omu iguru, okweteisa nikwetengwa nk'oku kyagambirweho. N'obu kiraabe kiri kityo, yetegereze ngu *ishe* niwe yaatandikireho *okwiruka* kubugana omutabani, nobu omutabani “yaabaire akiri hare.” Nikyo kimwe, Tataitwe ow'omu iguru niwe arikubanza kutukiza. Reeba, e.g., **Yoh 1:12-13; 6:37, 44; Efe 2:8-9.**

Amaziga goona agari omu nyanja ya Neptune tigarikumureetera kushemererwa. Okusaasira omu mbeera yoon, n'okw'abantu abatarikwetenga kusaasirwa. Okushaba okusaasirwa ahabw'ebibi ebi twakozire tikirikutuheereza obugabe bw'okusaasirwa. Nikibaasa kita? Tihariho kintu nk'obugabe bw'okusaasirwa. Okusaasira burijjo n'obumwe nikuruga omu ki abeebembezi b'ediini barikweta embabazi—embabazi ezitashemereire. Ekisa ekirikutungirwa tikirikubaasa kwetwa ekisa. Omu muringo ogutarikutangaaza, ku ogire ngu nitubaasa kusaasirwa, titurikwetenga kusaasirwa.” (Smedes 1984: 90-91)

2. Burijjo nihabaho obuzibu ahagati y'ekintu eki omusibe arikubanjibwa omuntu ou yahutaize n'ekintu eki arikubaasa kushashura. Omu nshonga omwana owazahire (**Luka 15**) n'obu omutabani yaagizire ati, “Taata, nkozire ekibi,” tarashashwire sente ezi yatwaire, nainga emyaka y'obusaasi ei yaareesiremazima, omutabani akashiisha omugabo gwe gw'ebyobugaiga. N'okweteisa okurikuruga aha mutima gw'omuhambi tikurikubaasa kugaruraho obumanya kibi; okweteisa okurikuruga aha mutima kw'omwitsi tikurikubaasa kugaruraho amagara; okweteisa okurikuruga aha mutima kw'ogwo owakwihaho eriisho, tikurikubaasa kugaruraho amaisho gaawe. Okweteisa tikurikwinganisa minzani”; nekishuba kuteekateeka ngu nikwo kiri. N'ahabw'ekyo tiky'oburingaaniza okushaba okweteisa kw'omusiisi atakasasiirwe.

3. Torikubaasa kureetera omuntu weena kweteisa. Owakugwisa kubi naabaasa kuba yaafiire, nari yaagyenda, atarikubaasa kweteisa, atarikumanya ngu akakugwisa kubi, nari atarikukufaho. Okusaasira okutarimu bukwakurizo nikitwariramu ekyo. Tikirikukureetera kusaasira omuntu kurugirira aha kwefuuzwa oku otarikubaasa.

4. Okusaasira okutarimu bukwakurizo n'okukoresa amaani. Nikikureeta omu mbeera y'okusharamu kwesaasira nainga okwetantara. Okwenda ngu orikushiisha oyefuze otakamusaasire, nikikukomerera. Eky'omugisha mubi, ekyo nikikureetera kwegamira omuntu owakuhutaziibwe. Okushaba okwetomboitwa kw'omuntu otakamusaasire, nikimuha amaani g'okutegyeka omutima gwawe, ebiteekateeko byawe hamwe n'ekigyendererwa kyawe.

5. Okusaasira okutarimu bukwakurizo, nikikureetera okwetantara omuntu owakucumire. Nikikuhwera okuruga omu buhuuku bw'ebyabaireho enyima, ebibi, okushasha n'ebitahikire. Nikikwiha omu mbeera yaawe y'okwerinda. Nikikuhwera kukira n'okugumizamu n'amagara gaawe.

6. Unconditional forgiveness shows respect to the other person. Okusaasira omuntu otarikumwetenga kweteisa nikyoreka ngu nomureeba nk'omuntu *orikubaasa* kuhinduka. Nikibaasa kumureetera kuhinduka.

7. Okusaasira okutarimu bukwakurizo, nikyoreka rukundo y'amaani. Nk'oku kyagambirweho kare, kimwe aha “enyehuriira erikwotsya” ebirikutuma omuntu atasaasira, n'okutiina. Kwonka Baibuli neegira ngu, “omuri rukundo tihariho kutiina, kwonka rukundo ehikiriire neebingaho okutiina” (**1 Yoh 4:18**). Nk'oku Jeffress yaagizire: “okweteisa ku kurikuba nikyotengwa okusaasirwa, nikimanyisa ngu twine kureeba buri muntu orikutucumintiriza tutakamusaasiire. . . . Kwonka shi nitwenda kumara amagara gaitu nitushaba okweteisa kuruga omu bantu abatwetorwaire? Mbweni shi titurikureeba ngu abantu bakahunga ku barikutureeba turikwija ku turaabe nitwenda kugamba aha nshonga zaitu? Kandi ekikuru munonga, entaro nk'ezo tizirikuhakanisa rukundo y'abakristaayo, rukundo etarikukwata bibi’ (1 Abakorinso 13:5, NIV).” (Jeffress 2000: 80)

8. Okusaasira okutarimu bukwakurizo nikukuratira eky'okureeberaho kya Kristo. Yesu akatubabarira tutakaheerize kwatuura n'okweteisa ebibi byaitu (reeba **Mak 2:3-12; Luk 7:36-48; 23:33-34; Yoh 8:1-11**). N'ahabw'ekyo, tushemereire kuba tweteekateekire kusaasira abandi bataketeisize kandi bakashaba okusaasirwa.

VII. Okutunga okusaasirwa ebibi byawe ahari Ruhanga hamwe n'abantu abandi

A. Tunga kandi otungye okusaasirwa kwa Ruhanga¹⁸

1. Ahabw'okugira ngu tushemereire kusaasira abandi ahabw'okugira ngu naitwe tukasaasirwa, nikikuru kubanza twayakiira okusaasirwa kwa Ruhanga omu mitima yaitu, ebiteekateeko byaitu, amagara gaitu n'amagara gaitu. Jeffress naagira ngu, “torikubaasa kugaba eki otaine” (Jeffress 2000: 143). Omu nshonga egi, n'eky'omugasho “kuhurira” nari “kumanya” okusaasirwa kwaitu kuruga ahari Ruhanga. Smedes nayongyeraho ati, “Okukwatanisa ahagati y'okusaasirwa n'amaani g'okusaasira n'kyo kikuru omu bintu ebindi byona” (Smedes 1984: 120). Twine kureeba ngu *nitwetenga* okusaasirwa munonga.

¹⁸ Ekiweka eki nikyegamira munonga ahari Jeffress 2000: 143-55; Smedes 1996: chs. 8, 14; na Worthington 2003: ch. 3.

Nitwetenga okwetegyereza gye Ruhanga hamwe naitwe—okwetegyereza oburungi n'oburungi bwa Ruhanga, n'ekibi ekiri omu mitima yaitu kandi ekirikushiisha buri kicweka ky'omubiri gwaitu (e.g., **Kut 5:1-3; Zab 51:5; Yer 17:9; Yoh 8:31-34; Rom 3:9-18; 6:6, 20-21; 7:14-25; Efe 2:1-3; Tit 3:3; 2 Pet 2:18-19**).

2. Twine kuteekateeka aha bintu bingi ebi twasaasirwa—ekiteekateeko ekyo kishemereire kuguma kiri ekicweka ky'okwetegyereza kwaitu n'oku turikwetwara. Okwetegyereza eki, hamwe n'ekyetengo kyaitu, hamwe n'obuhango bw'okusaasira kwaitu, nikitworobera kusaasira abandi (kandi nikituhindura *abanyakuryarya* ab'amaani twaba tutasaasiire abandi). Nk'oku Kristo yaagambire, omuntu orikusaasirwa bingi nakunda bingi, kandi omuntu orikusaasirwa bikye nakunda bikye (**Luk 7:47**).

3. Twine kwetegyereza omuringo n'obuhango bw'okusaasira kwa Ruhanga ahariitwe. Ruhanga atusaasiire kimwe kandi ebiro byona—hatariho ebirikwetengwa, ebitarikwetengisa nainga ebitarikuhikiriza.

a. Baiburi neekoresa eby'okureeberaho bingi kworeka oku Ruhanga arikutubabarira kimwe, hatariho kubanganisa, ebirikwetengwa, nainga ebitarikwetengwa:

(1) **Zab 103:12:** “Nk'oburugwa-izooba oku eri hare n'oburengyerwa-izooba, Nikwo atwairere atyo hare eby'okushiisha byaitu.”

(2) **Isa 38:17:** “Ahabw'okuba ebibi byangye byona obyenagire enyima.”

(3) **Isa 43:25:** “Nyowe, nyowe nyenka, niinye orikuragaza ebicumuro byawe, nkakwesaasirira, Kandi ebibi byawe tindibijuka.”

(4) **Mik 7:19:** “Aryagaruka kutugirira esaasi; aryaribatiirira eby'okushiisha byaitu ahansi y'ebigere bye. oryanaga ebibi byaitu byona omu maizi maingi agari ahagati y'enyanja.”

b. Kristo akahayo amagara gye ahabwaitu, ekyarugiremu okusaasirwa ebibi byaitu ebiro byona:¹² kwonka Kristo we, ku yaaherize kutamba ekitambo kimwe eky'ebiro byona ahabw'ebibi, yaashutama aha rubaju rwa buryo rwa Ruhanga. . .¹⁴ Ahakuba abarikwezibwa akabahikiiriza ahabw'ekitambo kimwe yaaheza okumara ebiro byona . . .¹⁷ Ebibi byabo n'ebiy'okushiisha byabo tindibijuka bundi. (**Heb 10:12, 14, 17**)

c. Ku turaabe nitwetegyereza oburengye bw'ekibi kyaitu, oburungi bw'embabazi za Ruhanga, n'oburungi bw'okusaasira kwaitu, entwaza yaitu eshemereire kuba ey'okusiima, okukunda, okwecureeza, n'okusaasira. “Ahabw'okugira ngu Ruhanga akabanza yaakora omu rukundo, embabazi, hamwe n'oburingaaniza, abakurisitaayo bakagarukamu okwetwa kwa Ruhanga n'okusiima. Omu bukurisitaayo, Ruhanga niwe arikutandikaho. Abantu abamwe nibagira ngu okusiima nigwo muringo mukuru gw'okukoresa omukristaayo (Zab 50:14, 23; 1 Tes 5:18).” (Worthington 2003: 63)

d. Ruhanga okusaasira ebibi byaitu n'ebikorwa byaitu ebitahikire, nikyo eky'okureeberaho ekyaitu kusaasira abandi: omu bwijwiire kandi ebiro byona, hatariho ebirikwetengwa, ebitarikwetengisa ebitarikwikirizibwa.¹⁹

B. Sherura okusaasirwa kw'abandi²⁰

1. Ku turaabe nitureeba kandi tuketegyereza oburemeezi bwaitu n'okushiisha kwaitu, omuhendo n'obuhango bw'okusaasira kwa Ruhanga ahariitwe, hamwe n'oburemeezi bwaitu bw'okusaasira ebibi byaitu ebirikugyenda omu maisho, tushemereire kushabwa kushaba okusaasirwa kw'abantu abandi abu twakozire kubi. N'amazima, okushaba okusaasirwa *kuruga* omu bandi nikyo kintu ekirikukirayo kutuhiga kusaasira *abandi*. N'ahabw'ekyo, nitubaasa tuta kureka kusaasira abantu abandi, tutarikugyenda ahari Ruhanga wenka, kureka *n'aha bantu abandi*, okushaba okusaasirwa?

2. Okushaba okusaasirwa n'omutendera gw'okubanza gw'okugarukana (okutereza omukago ogwahendekire ahabw'ekibi ekikozirwe). Okushaba okusaasirwa kushemereire kukorwa ahonaaho bwanyima y'okunyangaraza omuntu—omu muringo ogwo, haine obwire bukwe bw'omuntu ondijjo

¹⁹ Omuringo gumwe ogw'omugasho gw'okuteekateeka aha kusaasira abandi, n'omuringo ogurikworekwa omu katekisi omu kitabo kya *The Book of Common Prayer* ogurikushoboorora aha sakaramenti: “Sakaramenti n'obubonero bwa'aheru burikureebwa obwa embabazi z'omunda ez'omwoyo, burikuheebwa Kristo nk'okuhamba buzima omuringo gw'okwakiira ezo embabazi” (*The Book of Common Prayer* 1979: 857). Ekiteekateeko ekyo eky'okusaasira abandi nikyeyoreka kurugiirira aha buhabuzi bwa Kristo oburikukwata aha kukwatanisa kw'okusaasira kwa Ruhanga n'okw'abantu **Mat 6:9-15; 18:21-35; Mak 11:25-26; na Luk 7:36-50**.

²⁰ Ekicweka eki nikyegamira munonga ahari Jeffress 2000: 155-64; Enright 2001: ch. 14, hamwe na Chapman na Thomas 2006: passim.

“kukugumira” hamwe n'omubiri gwona, n'embeera y'ebiteekateeko y'obutabaasa kusaasira omu muntu ondiijo.

3. Okushaba okusaasirwa, nikitwariramu emitendera mingi:

a. Yegyendesereze ngu oine kushaba okusaasirwa.

(1) Nk'oku “turikusaasira” ebikorwa bibi (otwariiremu n'ebigambo) by'abo abatushobize, nikwo tushemereire kushaba okusaasirwa kw'abo abu tushobize n'ebigambo byaitu n'emitwarize yaitu. *Okuteekateeka* munonga ebirikusaasa, ebyetengo bibi, nainga ebindi ebatahikire ahari omuntu tikirikwetengyesa kandi tikishemereire kutureetera kumushaba okusaasirwa. Sande naashoboorora, “oba ekibi kishemereire kwatuurirwa abantu abandi hamwe na Ruhanga, nikyegamira aha kuba kyabaire kiri ‘ekibi ky'omutima’ nainga ‘ekibi ky'abantu’. Ekibi ky'omutima nikibaho omu biteekateeko byawe byonka kandi tikirikuteganisa abandi butunu. N'ahabw'ekyo, nikyetenga okwaturirwa Ruhanga wenka.” (Sande 2004: 127)

(2) Omu kumanya yaaba twine kushaba okusaasirwa, titushemereire kwehakana orubanja rwaitu nainga okwefuuzza ngu eki twakora kikaba kitari ky'akabi munonga. Tushemereire kuteekateeka aha bintu nka: (A) *Nitukwatwa enshoni ahabw'ebi twakozire?* (B) *Nitwefuuzza ahabw'ebi twakozire?* (C) *Nitugarukamu emirundi mingi ebyabaireho omu biteekateeko byaitu (obundi turikugyezaho kubihakanisa)?* (D) *Nitwegyerageranisa n'omuntu ou twakozire kubi (obaasa kuba nitwegamba nti, ni mubi munonga nk'oku ndi—nari mubi munonga!)?* (E) *Tubeihiire kushweka ebi twakozire ahabw'eshoni?* (F) *Amagara gaitu gahindikire gata ahabw'ebi twakora (nubu haakuba omu miringo etari “y'amaani” nk'okutuhindura “guguma” ninga “kugangara”)?* (G) *Nitwetenga okurekyeraho enshoni n'okwerarikirira ahabw'ekibi kyaitu?* (H) *Twatura ekibi kyaitu ahari Ruhanga kandi tukasaasirwa (omu mbeera egi, naitwe tushemereire kushaba okusaasirwa kuruga aha muntu wenka ou twakozire ekibi)?*

(3) Omushango gw'okukora ekibi ahari omuntu otarikumanya ebikorwa byawe (nk'obushambani obu waabaire oine n'omuntu, n'obu ou oshweraine nawe yaaba atarikukimanya) nigubaasa kuguma. Jeffress naatebeekanisa ebibuuzo bishatu by'okubuuzza omu nshonga nk'ezo: (A) *Okugaruraho ebintu nikyetingwa?* Ku oraabe wafeereirwe, kwonka otarikumanya orikureeta okufeerwa, n'obujunaanizibwa bwawe kushaba okusaasirwa n'okushaba okusaasirwa, kwonka n'okugaruraho okufeerwa; mazima, okugaruraho okufeerwa, nikyoreka amazima g'okusaasirwa kwawe n'ekyetengo kyawe ky'okusaasirwa. (B) *Ni migisha ki erikubaasa kubaho y'okumanya omushango gwawe?* Omukago ogwabaireho emyaka makumi ashatu enyima nigubaasa kuba gutarikumanywa omu bushwere bwawe hati, kwonka omukago ogwabaireho emyeezi mukaaga enyima nigubaasa kumanywa omushaija waawe nari omukazi waawe, kandi okuhurira amakuru kuruga ahari omuntu ondiijo nikibaasa kukusaasa munonga okukira okuhurira kuruga ahariwe. (C) *Okwatura kwawe nikwija kuhwera nainga kukora kubi owaabo?* Naayongeraho ati, “Eki nikyo kintu kikuru munonga. Obumwe ekyetengo kyaitu ‘ky'okwatura’ kibaasa kuba eky'okweyendeza. N'obu turaabe nituhurira oburuhuuko bwanyima y'okwiha kasasiro aha bakazi baitu, nabo nibabaasa kuhwamu amaani. Obumwe n'obumwe rukundo y'okwefeereza neetwariramu okwetwarira emigugu yaitu omu mwanya gw'okushaba omuntu ondiijo okugigabana.” (Jeffress 2000: 158-59)

b. Shaba okusaasirwa.

(1) juka ngu “okushaba okusaasirwa nikimanyisa okushaba omuntu ou waasiisire kukora ekintu: okukurekura omu bujunanizibwa bwawe” (Jeffress 2000: 161). Okushaba orukiiko rw'omuntu buntu, nigwo muringo ogurikukirayo kukundwa ogw'empurizagana—Okugamba n'omuntu ondiijo nikimuhwera kuhurira eiraka ryaitu, okureeba engyesho zaitu, okwetegyereza orurimi rwaitu rw'omubiri, n'okubuuzza ebibuuzo ebirikukuratirwa, byona (nainga bingi) ebirikuzibirwa okugamba aha simu ninga ebaruha.²¹ Okwongyera ahari ekyo, okubugana omu buntu nikiyamba kworeka

²¹ Nihabaasa kubaho enkora y'omutaano omu by'obuhangwa n'obuhangwa, nk'okukoresa abantu b'omuka, abakuru b'ebyaroy, abebembezi b'enganda, abebembezi b'ekanisa, n'abandi “nk'abarikuhwera abantu”. Ekanisa eine omurimo ogu erikubaasa kukora n'okutunguuka omu kureetaho okusaasira.

oburemezi bw'omukoro, n'ahabw'ekyo nikyoreka amazima g'ekyetengo kyawe ky'okusaasira. Ekyo n'eky'amazima munonga, ahabw'orugyendo oru orikwenda kutamburira nainga embeera ezindi, nikijja kukufeerwa ekintu ky'okubugana omu buntu. Nk'oku Jeffress arikworeka, “obwiire n'okwefeereza ebirikwetengwa omu kuteeraho nk'okwo nibibaasa kureebeka nk'eby'ahaiguru, kwonka tibirikwetengwa wayerageranisa n'okushemererwa kw'omuntu w'omunda oshemeire” (Ibid.).

(2) Okushaba okusaasirwa nikitwariramu ekirikukira aha kugamba ngu, “Nsaasire.” Nikitwariramu okwikiriza obusaasi bw'okuswazibwa oburikubaho ku turikwikiriza ngu tukaba turi omu nshobi. Ekyo nikibaasa kuba eky'omugasho munonga omuntu aine obushoborozi n'obushoborozi (e.g., omushaija, omuzaire, nari omukozesa) aine kwecureeza kandi akashaba okusaasirwa kuruga ahari omuntu orikwetengwa nari orikwetengwa (e.g., omukazi, omwana, nainga omukozi). N'obu kiraabe kiri kityo, “Ku turaabe nitwenda kuba ab'obusingye, twine kwikiriza obusaasi oburikukwatanisa n'okunyangarazibwa oku” (Enright 2001: 254).²²

(3) Jeffress naashoborora enshonga ina ezirikukwata aha kushaba omuntu okusaasira: (A) *Okureka kujunaana abandi*. Nobu haakubaho omuntu wa kashatu, nainga omuntu ou orikushaba okusaasirwa, niwe arikureetaho obutaikirizana, oine kuta *omutima aha kihagaro kyawe*. (B) *Manya enshobi ei wakozire*. Otakagyezaho kukyendeeza ebi okozire nainga okugamba ebirikukwata aha bintu ebirikugyenda omu maisho. Omuntu ondijjo yaaheza kumanya eki okozire; hati nayenda kumanya ngu *nookimanya kimwe*. (C) *Yikiriza obusaasi obu orikureeta*. Omuntu ondijjo nayenda kumanya ngu noyetegyereza obusaasi obu yaabonaboona ahabw'ebikorwa byawe. Okuikiriza ekyo (nainga okugamba ngu “torikubaasa kuteebereza obusaasi [nainga enaku, nainga enshoni] eki kirikubaasa kuba kikureesire) nikijja kureetera omuntu ondijjo kukusaasira. (D) *Shaba omuntu ondijjo okukusaasira*. Toshemereire kwikiriza enshobi ei wakozire, kureka okahendera okuganiira kwawe orikushaba omuntu ondijjo kukusingura ahabw'amabanja agu otungire ahabwa enshobi yaawe. Torikubaasa kushaba okusaasirwa, kandi torikubaasa kugamba ngu omuntu ondijjo ashemereire kukusaasira ahabw'omugasho gwe. Instead, Omu mwanya gw'ekyo, Jeffress nahabura okushaba okusaasirwa orikugamba ekintu nk'eki: “Nkimanya ngu nakukosa ahabwa _____. Ninza kukora kyona ekirikubaasika okureeba ngu tinkagaruka kukora eki, nobu ndikumanya ngu tihaine eki ndikubaasa kukora kwihaho obusaasi obu naakureetera. Eki nakozire kikaba kibi, kandi tindikubaasa kujunaana omuntu weena okwihaho nyowe. Ninyija ahariiwe erizooba nkubuuza yaaba noobaasa kushangwa omu mutima gwawe kunsasira ahabw'ebi.” (Jeffress 2000: 163)

(4) Chapman na Thomas nibakuratira omuringo nigwo gumwe, ogw'emitendera etaano, y'okushaba okusaasirwa n'okushaba okusaasirwa: (A) *Shoborora okwetomboitwa* (e.g., “Nkaba nshobize”); (B) *Yikiriza obujunanizibwa* (e.g., “Nkaba ngweire”); (C) *Garuraho* (e.g., “Nkakoraki kukitereza?”); (D) *Okweteisa omu mazima* (e.g., “Ninyija kugyezaho obutakigarukamu”); kandi (E) *Shaba okusaasirwa* (e.g., “Noija kunsasira?”) (Chapman and Thomas 2006: *passim*).

(5) Sande aine engyenderwaho y'emitendera mushanju, ei arikweta “A Mushanju z'okwatura”: (A) *Okugamba ahari buri omwe orikukwatwaho*. atuura ebibi byawe ahari buri muntu orikutegansibwa ebikorwa byawe ebitahikire; (B) *Yetantare haba, Kwonka, na Shinta*. Ekigambo “haba” (i.e., “Nsasira haba hariho ekinakora kukushasha”) nikishiisha okwatura ahabwokuba nikimanyisa ngu torikumanya yaaba okozire kibi nainga ngaaha. Nikyo kimwe, okugamba ebintu nk'a “mbasa kuba ngwire,” “Obundi nkagyerize ho n'amaani,” “nkaba ntashemereire kufeerwa ekiniga kyangye, kwonka nkaba nduhire,” kandi “nsaasiire kukusaasa, kwonka okangwisa kubi munonga,” nikimaraho ebindi “okwaturira” n'okushiisha obushoborozi bw'okworeka okweteisa okw'amazima; (C) *Yikiriza omu bwijwire*. Ku orikugumizamu noyetegyereza munonga

²² Tushemereire kwijuka (n'okutunga okuhumurizibwa) eki: Nitugondera Kristo. Okwongyera ahari ekyo, Kristo *akareeba enshoni n'okushekerera omu bantu* ahabw'okushekererwa, okukubwa, n'okuhanikwa aha mishara ahabw'ebibi ebi *abantu abandi* baakozire; ku turikushaba omuntu okusaasirwa, nituba nitubona enshoni omu *bwesherekye* (okwihaho ku twakora ekibi omu bantu, omu mbeera egi okwatura kwaitu kushemereire kuba omu bantu) ahabw'ekibi eki itwe *nk'abantu* twakozire. Mazima, “*omwambari tarikukira mukama we*” (Yoh 13:16; reeba na Mat 10:24; Luk 6:40; Yoh 15:20).

waaba noyatura, nikwo orikugumizamu nootunga okugarukwamu okurungi; (D) *Yakiira obusaasi*—noyetenga kworeka ngu nooyetegyereza oku wahutaza omuntu ondiijo; (E) *Yikiriza ebirikurugamu*. Okwikiriza ebirugyire omu bikorwa byawe, otwariiremu n'okugyezaho kugarura busya, nikyoreka okweteisa okwabuzima; (F) *Hindura emicwe yaawe*. Gambira omuntu ou waakozire kubi oku orikuteekateeka kuhindura emicwe yaawe omu biro by'omumaisho; (G) *Shaba okusaasirwa (kandi oreke obwire)*. Okukora kurungi ebirugireho nikikuhwera kushaba okusaasirwa. Okushaba okusaasirwa nikihindura obujanizibwa bw'okukora ekindi aha muntu ondiijo. Kwonka, omuntu t'ashemereire kugyemesereza mugyenzi we kukora encwamu y'ahonaaho. Omuntu oine ekiniga naabaasa kwetenga obwire kuteekateeka, okushaba hamwe “n'okwetegyereza” ekibi hamwe n'okwatura kwawe. (Sande 2004: 126-34)

(6) Nikibaasa kuba ngu omuntu ou turikushaba okusaasirwa afiire, atakiriho, nari yaayanga kugamba naitwe. Nainga, omuntu naabaasa kugarukamu okushaba kwaitu kw'okusaasirwa ataine ki arikumanya, ataine ki arikumanya, nainga ataine ki arikumanya. N'obu ekyo kiri eky'obusaasi, ku turaabe twakora kyona ekirikubaasika okwefuza n'okwikiriza obujanizibwa bw'ebi twakora, tukagarura busya, tuketomboitwa (tukihindura), tukashaba okusaasirwa n'okwikiriza, nitubaasa kugira omuntu w'omunda “okumanya ngu Ruhanga nainga omuntu weena tarikubaasa kukujunaana enshobi ei otaragyezaho kukora kurungi” (Jeffress 2000: 164).

c. *Kurira omuri Kristo, kandi okahinduka omuntu murungi, ahabw'obubonero bwawe.*

(1) Enright naagira ngu, ahabw'okunyangarazibwa kwaitu n'okushaba okusaasirwa, tushemereire: (A) *Kuronda amakuru omu kuremwa kwaitu n'enshobi zaitu* (obusinguzi bwaitu tiburikutwegyesa bingi nk'okuremwa kwaitu); (B) *kumanya ngu twine amaani ahabw'ebyo ebi twarabiremu* (ahabw'obumanzi oburikwetengwa kwikiriza enshobi n'okureeba omuntu ou twahurira kubi, nitwija kweyongyera amaani n'okubaasa kurwanisa oburemeezi omu biro by'omumaisho hatariho kutiina); (C) *Yetegyereze ngu tituri twenka* (i.e., nitubaasa kwetenga obuhwezi kurabira omu nkora egi,²³ kandi tuketegyereza ngu turi nk'abantu abandi —n'ahabw'ekyo titurikubaasa kuba ab'ekitiinisa nainga abarikunyangaraza abandi); (D) *Kora encwamu, kandi okore ebirikwetengwa, obutarigarukamu enshobi egyo*; kandi (E) *Hikwaho obugabe kuruga omu kwe Ebintu ebi byona bishemereire kutureetera*. All of these things should draw us closer to Christ and make us more Christ-like in the future.

(2) Ebintu bitaano ebirikushushana ebi Enright arikugira ngu nitubitunga bwanjima y'okusaasirwa, nitubaasa kubitunga twaba tutaine rubanja ahabwaitu, omuntu ondiijo yaaba atarikubaasa kutusaasira nainga yaaba atarikubaasa kutusaasira. Twaheza kuhikiiriza obujanizibwa bwaitu, obusingye n'entunguuka ebirikuruga omu kushaba okusaasirwa, okugaruraho, n'okweteisa, tibirikubaasa kuturemesa ahabw'okuba *omuntu ondiijo* tarikubaasa kwesaasira.

(3) Sande naagira ngu nitubaasa kutunga obusingye kuruga omu kibi kyaitu “turikukora na Ruhanga kuhindura emiteekateekyere yaitu n'emitwarize omu biro by'omumaisho” (Sande 2004: 134). Naagira ngu Ruhanga aine ekihika ky'okutuyamba kukura n'okuhinduka kandi ngu tihariho kibi nainga omuze omu magara gaitu ogutarikubaasa kusingurwa embabazi ze. Obujanizibwa bwaitu ni: (A) okushaba; (B) shemererwa omuri mukama; (C) shoma; kandi (D) n'okukoresa ebi turikwega (Ibid.: 134-35).

OKUGARUKANA

Ebyahandiikirwe Ebikuru Ebirikugambwaho

I. Ruhanga atugarukanisa nawe kandi atuha obuheereza bw'okugarukanisa (2 Kor 5:16-21):¹⁶ *Mbwenu okuruga hati titukimanya muntu weena omu buzaare bw'omubiri. N'obu turaabe twamanyire Kristo, nk'oku abantu baamumanyire, mbwenu titukimumanya tutyo.*¹⁷ *N'ahabw'ekyo omuntu weena, ku aba ari omuri Kristo,*

²³ Ahabw'okugira ngu okusaasira n'ekintu kikuru omu bukurisitaayo, ekanisa eshemereire kureeba omurimo gwayo nk'okuhwera n'okureetaho okusaasira n'okugarukana. Buzima, okucondooza nikworeka ngu “abantu abarikutunga obuhwezi kuruga omu banywani baabo omu bibiina by'ekanisa nibagamba ngu nibabaasa kusaasira munonga kukira abantu b'ekanisa abatarikwetaba omu bibiina ebyo” (Worthington 2003: 70).

*aba ari ekihangirwe kisy; ebya kare biba bihweire, reeba byona biba bihindukire bisya.*¹⁸ *Kwonka byona biruga ahari Ruhanga, owaatwegaruririire omuri Kristo, akatuha omurimo gw'okugarukanisa abantu na Ruhanga;*¹⁹ *ekirikushoboorwa ngu Ruhanga akaba ari omuri Kristo naayegarurira abari omu nsi, atakibabarira by'okushiisha byabo, kandi naitwe yaatukwatsa ekigambo ky'okugarukanisa okwo.*²⁰ *Mbwenu turi entumwa omu mwanya gwa Kristo, Ruhanga naashusha nk'orikweshengyereza abantu omuriitwe. Naitwe nitubeeshengyereza omu iziina rya Kristo, mugarukane na Ruhanga;*²¹ *ahakuba Ogwo otaramanyire kibi Ruhanga akamuhindura ekibi ahabwaitu, ngu omuriwe tuhindukye okuhikiirira kwa Ruhanga.*²⁴

II. Ruhanga yaihayo ebirikuturemesa kugarukanisa n'abantu abatarikushushana (Efe 2:11-22):¹¹

*N'ahabw'ekyo hariho eki ndikubajutsya, imwe Abanyamahanga omu buzaare, abu abashazirwe n'engaro emibiri yaabo beeta abatashazirwe;*¹² *mwijukye ngu omu biro ebyo mukaba mutaine Kristo, mutaanisiibwe n'oruganda rwa Israeli, mutaine kakwate aha ndagaano y'ebyaraganisiibwe, mutaine matsiko, kandi muri omu nsi mutaine Ruhanga.*¹³ *Kwonka hati omuri Kristo Yesu imwe abaabaire bari hare munonga ira, mwiriziibwe haihi ahabw'eshagama ya Kristo.*¹⁴ *Ahabw'okuba Ogwo niwe busingye bwaitu, owaatuhindwire, itwe ababiri, kuba omwe, akasheenyanya ekisiika ekyabaire nikitutaanisa, nibwo buzigu,*

¹⁵ *ahabw'okuhayo omubiri gwe kwihaho ebiragiro ebyaragiirwe n'ebyatairweho, ngu abaabaire bari babiri abahangyemu omuntu omwe omusya, abone kureeta atyo obusingye;*¹⁶ *kandi atuteerane twembi na Ruhanga omu mubiri gumwe ahabw'omusharaba, ogu yaitsize obuzigu.*¹⁷ *Yaija, yaabuurira engiri y'obusingye imwe abaabaire bari hare; n'abaabaire bari haihi, nabo yaabagambira obwo busingye;*¹⁸ *ahakuba ahabw'Ogwo twembi twiriziibwe haihi na Isheboona omu Mwoyo omwe.*¹⁹ *N'ahabw'ekyo timukiri banyamahanga nari abahinguzi, kureka muri abanyarurembo hamwe n'abarikwera, kandi ab'omu kikaari kya Ruhanga,*

²⁰ *mwombekirwe aha musingi gw'entumwa na baanabi, kandi Kristo Yesu niwe ibaare ery'obuhamizo;*

²¹ *omuriwe ekyombeko kyona nikiteeranwa gye, kikura kiba hekalu erikwera omuri Mukama;*²² *naimwe mwombekirwe hamwe omuriwe kuba omwanya gwa Ruhanga ogw'okutuuramu omu Mwoyo. (Reeba na Rom 10:12; 1 Kor 12:13; Gal 3:28; Kol 3:11)*

A. Okwebaganisamu okurikirayo ahagati y'abantu omu ndagaano enkuru, kandi okurikwetengwa omu by'ediini, nikwo kwabaireho ahagati y'Abaisraeli n'abanyamahanga; omuri Kristo okwebaganisamu okwo tikuriho; n'ahabw'ekyo, abantu b'emiringo yoonna niberingana omu maisho ga Ruhanga

Ahabw'okuba obwangane oburikikirayo oburungi n'orugo orurikubaganisamu abantu, bikaihwaho omuri Kristo, n'obwangane bukye n'orugo orurikubataanisa nabyo bikaihwaho; n'ahabw'ekyo omuri Kristo, tihariho kizibu kyona ekirikuzibira abantu kugarukana.

B. Ekigyendererwa kya Kristo n'okugira ngu twena tube “omuntu omwe omusya” kandi tube omu busingye; n'ahabw'ekyo, okubaho kwaitu nk'omwe kandi twine obusingye na bataahi baitu, n'akamanyiso akarikureebeka ngu turi omuri Kristo

C. Eki Ruhanga yatukoreire (ekigambirweho omu kicweka ekiri ahaiguru), kishemereire kutureetera kugarukana n'abandi bantu nk'eky'omugasho omu magara gaitu (nk'oku Paulo yaagambire omu Abaepeesoo)

Sande naashoboorora oku okugarukamu kwaitu nk'abarikugarukanisa n'abarikureetaho obusingye kushemereire kuruga omu kugarukanisa kwaitu na Ruhanga kurabira omuri Kristo: “Ebaruha ya Paulo ahari Abaepeesoo neegamba munonga aha kugaruraho obusingye. Eshuura ishata ez'okubanza nizishoboorora kurungi enteekateeka ya Ruhanga y'okucungura abantu. Omu shuura ya kana, Paulo natandika kushoboorora oku tushemereire kutwaza ahabw'ebi Kristo atukoreire. Tihaine eki Paulo arikuteeka ahaiguru y'orunyiriri rw'okukoresa engiri: ‘Nk'omusibe omuri Mukama, n'ahabw'ekyo, nimbashaba okugira amagara agarikuhikaana n'okwetwa oku mwatungire. Mugume nimucureera, nimucureera, nimugumisiriza, nimugumisiririzana omu rukundo. Mugume n'amaani, okurinda okukwatanisa kw'omwoyo, omubwegyendesereza bw'obusingye’ (Efe 4:1-3). Ekigambo ky'Orugriika ekirikuvunuurwa 'kukora kyona ekirikubaasika' omu kyahandiikirwe eki nikimanyisa okuteeraho munonga n'amaani. N'ekigambo eki omutendeki w'abateezi b'ebikonde yaabaire naabaasa kukoresa ku yaayohereize abashaija kurwana okuhitsya aha kufa omuri Coliseum: ‘Kora kyona ekirikubaasika kuguma ohuriire eriizooba!’ Nikyo kimwe n'omukristaayo ashemereire kurwanirira obusingye

²⁴ Ekigambo ekirikuvunuurwa “okugarukana” ni *katallagē*, ekirikumanyisa “empindahinduka nainga kugarukana kuruga omu mbeera y'obwangane ahagati y'abantu kuza omu y'omukago” (Zodhiates 1993: *katallagē*; reeba na Danker 2000: *katallagē*, “okugaruka kutaho omukago ogutaganiisibwe nainga omukago oguhendekire, *okugarukana*”). Ekigambo ekirikuvunuurwa “nk'okugarukanisa” nikishushana n'ekya *katallassō*, ekirikumanyisa “okuhindura obwangani n'omukago gw'obunywani, *okugarukanisa*” (Ibid.: *katallassō*).

n'obumwe. Nikyoreka butunu ngu okuteeraho munonga kugarukana tikirihikaana n'ebi Paulo yaabaire aine omu biteekateeko bye.” (Sande 2004: 52)

III. Okugarukanisa kwaitu n'okw'omugasho omu by'omwoyo kandi nikukwata aha kuramya kwaitu Ruhanga (Mat 5:21-26):

²¹ “Mukahurira ku kyaragiirwe aba ira ngu: otariita; kandi ngu: Oriita aryaba ashemereire kugiibwaho orubanja. ²² Kwonka nyowe nimbagambira nti: omuntu weena origwerwa kubi mugyenzi we, aryaba ashemereire kugiibwaho orubanja; n'ogwo origambira mugyenzi we ati: Raaka! aryaba ashemereire kutwarwa omu ishengyero; kandi orumugira ati: ori ekifeera! aryaba ashemereire kunagwa omuri Gehena y'omuriro. ²³ N'ahabw'ekyo ku oraabe oreetsire empongano yaawe aha itambiro, wajjukira aho eki oshobeize mugyenzi waawe, ²⁴ otsigye empongano yaawe omu maisho g'eitambiro, ogyende, obanze ogarukane nawe, bwanyima ogarukye oheyo empongano yaawe egyo. ²⁵ Rahuka kwikirizana n'ogwo orikukutabaariza, mukiri omu muhanda, orikukutabaariza atakaakuhayo aha muramuzi, n'omuramuzi akakuha omuserukare, naiwe okateebwa omu kihome. ²⁶ Buzimazima ninkugambira nti: Torirugamu okuhitsya obu orihura eibanja ryona, otatsigye yo nangwa na sente emwe.”²⁵

A. Omu kicweka eki, Yesu akataho akakwate ahagati y'okugarukana n'abandi abantu n'okugarukana na Ruhanga

B. Ekyahandiikirwe eki nikyoreka omugasho ogu Ruhanga arikuha omukugarukanisa abantu — n'akamanyiso k'okugira “omutima gw'obukama”

Dallas Willard aashoboorora oku engyenderwaho ya **Mat 5:23-24** ni: “Ori n'abakuru b'omu Hekalu omu maisho g'eitambiro, ori haihi kuhayo ekitambo kyawe ahari Ruhanga. N'obumwe aha bwire oburikukirayo oburungi omu migyenzi y'abaikiriza. Enkora ekaba eri ngu tihaine ekishemereire kutaataaganisa emikoro egi okwihaho enshonga nkuru ezaabaire nize tengwa.

Ahonaaho, ahagati y'ebyo byona, noijuka ow'eishe, emwe owakugwiire ekiniga. Okukimanya ngu n'eky'omugasho aha magara ge okurekurwa, n'obusaasi ahabw'okwahukaho ahagati yaawe nawe, okazibira omukoro. Okarugayo kumusherura okagarukana nawe. Ekyo nikyoreka oburungi bw'omutima gw'obukama.

Kubaasa kwetegyereza gye eky'okureeberaho eki, twine kuteera akashushani tukashwerwa, twabatizibwa, nari twaheebwa obujunaanizibwa bw'omutaano, nk'obw'omubuurizi. Ahagati y'emishango, niturugayo kushaba kugarukana n'omuntu otariho. Ekyo nikyoreka rukundo y'obugabe n'oburingaaniza bw'obugabe.” (Willard 1997: 156)

IV. Abakristaayo nibaragiirwa Kristo n'entumwa kukora kyona ekirikubaasika kutuura omu busingye n'okugarukana n'abantu boona

A. Kristo akaragiira ngu tube omu busingye na bataahi baitu (Mak 9:50): Omwonyo ni murungi; mbwenu ku guraabe guhweirwemu ensha, muryagigaruramu muta? Imwe mugire omwonyo omu mitima yaanyu, kandi mugire obusingye omuntu na mugyenzi we.

B. “Buri baruha omu ndagaano ensya erimu ekiragiro ky'okutuura hamwe omu busingye” (Sande 2004: 51)

1. Rom 12:18: Ku kiraabe nikibaasika aha rubaju rwanyu, mutuurane n'abantu boona n'obusingye. (Reeba na **2 Kor 13:11; 1 Tes 5:13**)

2. Rom 15:5-7: ⁵ Mbwenu, Ruhanga mukama w'okugumisiriza n'okuhuumuza abahe okukwatanisa omu biteekateeko byanyu, nk'oku Kristo Yesu akunda, 6mubone kuhimbisa Ruhanga Ishe wa Mukama waitu Yesu Kristo n'omutima gumwe n'akanwa kamwe.

⁷ N'habw'ekyo mwakiirane, nk'oku Kristo yaabaakiire, Ruhanga abone kuhimbisibwa.

3. 1 Kor 1:10: Kwonka nimbeeshengyereza, B'eishe-emwe, omu iziina rya Mukama waitu Yesu Kristo, mukaikirizaine, mureka kwebaganisamu, mukwatanisa hamwe buzima omu biteekateeko byanyu n'omu bi murikuhama.

4. Kol 3:15: Kandi obusingye bwa Kristo obu mwayeteirwe nk'engingo z'omubiri gumwe, butegyekye omu mitima yaanyu. Kandi mube abarikusiima.

²⁵ Ekigambo ekirikuvunurwa “mugarukana” omu **5:24** ni *diallassomai*. Nikishushana omukushushana na *katallassō*, i.e., “n'omugasho gwa *katallassō*, i.e., okubaasa kugaruraho enkoragana nungi n'omuntu, oshemereire, *kugarukana nawe*” (Danker 2000: *diallassomai*).

V. Kristo n'entumwa boona bakooreka okugarukana omu magara gaabo

A. Kristo akooreka okugarukana omu magara gye omu nsi (Rom 5:8-11): ⁸ kwonka Ruhanga ayoreka okukunda kwe oku atukunda, ahakuba ku twabaire tukiri abanyabibi, Kristo yaatufeera. ⁹ Mbweni okukira munonga, nk'oku tuherize kwihwaho orubanja ahabw'eshagama ye, turyakira ekiniga kya Ruhanga ahabwe. ¹⁰ Ahakuba ku turaabe twagarukaine na Ruhanga ahabw'okufa kw'Omwana we tukiri abazigu be, mbweni okukira munonga, nk'oku tuherize kugarukana nawe, amagara ge garyatukiza; ¹¹ kandi t'ekyo kyonka, kureka nitushemererwa omuri Ruhanga ahabwa Mukama waitu Yesu Kristo, otuhaisize hati okugarukana oku.

B. Kristo agumiizemu kworeka okugarukana omurimo gwe nk'omunyamurwa omukuru (Heb 7:23-25): ²³ Kandi abanyamurwa aba ira bakaba bakuratana baingi, ahakuba rufu ekaba ebazibira kugumaho; ²⁴ kwonka Ogwo, ahabw'okugumaho ebiro byona, aguma ari omunyamurwa otarikurugaho. ²⁵ N'ahabw'ekyo naabaasa kujunira kimwe abairirira Ruhanga nibaraba omuriwe, ahakuba atuura obutoosha bwona naabeeshengerereza. (Reeba na **Rom 8:34; 1 Yoh 2:1**)

C. Abeegi boorekire ngu nibenda kugarukana omu magara gaabo: gyanisa **Mat 20:20-24** na **Byak 1:13-14; Byak 15:36-40** na **2 Tim 4:11**; reeba na **Filem 10-18**.

VI. “Ku turikuremwa kumaraho obutaikirizana ahabwaitu, Ruhanga naashaba ekanisa y'omukyanga kwejumba omu nshonga kandi ereete obwengye bwayo, eby'obugaiga n'obushoborozi kukora ahaburemeezi (Mat 18:16-17; Fil 4:2-3; 1 Kor 6:1-8)” (Sande 2004: 14).²⁶

A. Ahabw'okugira ngu ekanisa n'ekitongore kimwe, ekirimu “abantu” b'emiringo mingi, abaine ebiconco bitari bimwe na bimwe, nikipuru kumanya n'okutendeka abashaija n'abakazi abarikuheebwa ekitiinisa, abanyabwengye, abakuzire, abarikutiina Ruhanga omu kanisa abarikubaasa kuheereza nk'abahabuzi, abarikugarukanisa, n'abarikuhakan (kandi n'omubantu abatari ba memba)

B. “Abarikugarukanisa abantu nibabaasa kukora emirimo mingi omu ntongane” (Sande 2004: 191)

Sande nagira ngu emirimo egi neebaasa kutwariramu: 1. okuhwera abantu abari omu butabanguko kukora eby'okusharaho ebirikwetengwa kugaruraho obusingye; 2. okureetaho empurizagana kurabira omu kuhiga enjuyi zoonza kuhurizana n'obwegyendesereza; 3. okuhwera abantu kumanya amazima obwo barikuhurikiza n'obwegyendesereza, okubuuza ebibuuzo ebirikwetengyesa, n'okubahwera kutunga amazima agandi; 4. okuha obuhabuzi aha kukora ahaburemeezi (nk'oku kirikworekwa omuri Mat 18:17 na 1 Kor 6:1-8); 5. okuhiga abantu kweteisa n'okwatura ebibi byabo, obwo barikworeka emicwe etarikhikaana n'ebi Baibuli erikwegyesa; 6. okureetaho oburyo bw'okukora aha nshonga ezirikukwata ahari baiburi obwo orikuhwera enshonga ezirikukwata ahari baiburi kurabira omu misingye n'eb'okureeberaho ebiri omu Byahandiikirwe; 7. barikukoresa obwengye bwabo n'obumanyirizi bwabo kutaho oburyo bw'okutereza oburemeezi (Ibid.).

Okwetegyerereza n'Okukoresa Okugarukana omu Magara Gaitu²⁷

I. Entaaniso ahagati y'okusaasira n'okugarukana

A. Okusaasira n'eky'okugarukamu ky'omuntu omwe ahabw'obutari buringaniza bw'omuntu ondiijo; okugarukana n'abantu babiri abarikuza hamwe kugaruraho enkoragana yaabo, obwesigye bwabo obwahendekire (i.e., okwihaho oburemeezi bw'emitwarize omu kukwatanisa)

“Nikitwara omuntu omwe kusaasira. Nikitwara abantu babiri kugaruka kukwatanisa.

Okusaasira nikukorwa omu muntu owahutaziibwe. Okugarukana nikubaho omukukwatanisa kw'abantu.

Nitubaasa kusaasira abo abatarikushaba okusaasirwa. Titurikubaasa kugarukana okwihaho yaashaba

okusaasirwa. Nitubaasa kusaasira n'obu turaabe tutarikwesiga omuntu owatukoreire ekibi omurundi gumwe ngu atakitukorerera kibi omurundi ogundi. Okugarukana nikubaasa kubaho twaba nitwesiga omuntu owatukozire ekibi

²⁶ Ebyongyeirweho F omuri Sande's *Peacemaker* nibigamba aha “kutungura eby'obuhangwa by'obusingye omu kanisa yaawe.” Ekitongore kye ekya Peace Maker Ministries, kiine amakuru agarikukwata aha kutendeka abarikugarukanisa, eby'obwegyese hamwe n'obuheereza bw'okugarukanisa. Ebirikukwata aha buhereza bwa Peace maker ni ebi: endagiriro—P.O. Box 81130, Billings, MT 59108, U.S.A.; esimu —(406) 256-1583; email—mail@HisPeace.org; website—www.HisPeace.org.

²⁷ Ekicweka eki nikyegamira munonga ahari Worthington 2003: chs. 9-12; Jeffress 2000: ch. 5; na Smedes 1996: chap. 3 hamwe n'ekya kabiri ahari Enright 2001: ch. 15.

omurundi gumwe ngu tarigaruka kutukora kibi omurundi ogundi. Okusaasira tikurimu bukwakurizo. Okugarukana kwine engyenderwaho nyingi.” (Smedes 1996: 27)

B. Okugyerageranisa entaaniso ahagati y'okusaasira n'okugarukana ²⁸

	<u>Okusaasira</u>	<u>Okugarukana nooha</u>
Nooha?	Omuntu omwe	abantu babiri
N'enki?	Ekiconco kuheebwa	kukikorera, tikirikuheebwa
Bata?	Okuhindura ebiteekateeko	okuhindura emicwe
Nkahi?	Omu mubiri gwawe	omu mukago gwawe
Enkora?	Enkora ya ISEAH y'okusaasira	orutindo rw'okugarukana

II. Ahabw'enki okugarukana kuri okw'omugasho

A. Okugarukana n'obuhame bw'amaani ga Ruhanga, kandi nikyoreka ngu nitworobera ekiragiro kikuru eki Kristo yaatuhare omu kiro ky'okubanza atakanikirwe

1. Omukiro kye eky'ahamuheru omu nsi atakanikirwe, Yesu akagira ati: Nimbaha ekiragiro kisyu, ngu mukundane; nk'oku naakunzire, naimwe mukundane. N'ahabw'ekyo abantu boona nibaija kumanya ku muri abeegi bangye, ku muraabe nimukundana. (Yoh 13:34-35)
2. Hatariho kugarukana, nituremwa kworeka ensi obuhame oburikukirayo obukuru oburikworeka ngu turi abeegi ba Kristo.

B. Okugarukana nikutuha amaani g'okurwanisa okutahirirwa kw'abazigu

1. Omububi, abarikwikiriza okuremwa kugarukana, nikibataanisa n'okubabaganisamu, ekirikubareetera kutahirirwa abazigu.
2. Omubulungi, abaikiriza abarikutuura omu busingye n'obumwe, baine okukwatanisa nk'eihe ry'amaani, eririkubaasa kusingura omu ntaro y'eby'omwoyo ei turimu (Efe 6:12), kugira ngu amarembo ga geyena gatasinga ekanisa (Mat 16:18).

C. Okutuura omu busingye n'abandi, n'okubaha emigisha, nikijja kurugwamu emigisha ya Ruhanga (1 Pet 3:8-9): ⁸ Eky'aha muheru mwena mukwatanise omu mwoyo, musaasirane, mukundane nk'eishe-emwe, mugirirane embabazi n'omutima omucureezi. ⁹ Murekye kwihurana ebibi, nari okugarurirana ebijumo; kureka omu mwanya gw'ebyo mushabirane omugisha; manya nikyoy mwayeteirwe ngu muhungure omugisha.²⁹

III. Okubashemereire kugarukana

A. Okugarukana tikurikubaho ahonaaho, kureka nikitwara obwire kandi nikyotenga emitendera mingi

1. Jeffress naashoboorora emitendera ena y'okugarukana (Jeffress, 2000: 115-23).³⁰
 - a. Okweteisa. N'obu omuntu arikubaasa kusaasira omuntu otarikwikiriza ngu niwe yaareesire obuhuta, omubwire obwingi okugarukanisa omukago nikyotenga okwikiriza enshobi ezi akozire n'okwikiriza obusaasi obureesirwe, kugira ngu omukago gurugye aha musingye musya.
 - b. Okugarurwaho. Okugyezaho kugaruraho ekyatwairwe, nainga ekyashazirwe omukukwatanisa, nikyoreka amazima g'okwefuza n'ekyetengo ky'okutungwa omukago oguhikire. Okugaruraho nikuhwera “omukureetaho oburingaaniza,” kugira ngu enjuyi zombi zitandike kugarura busya enkoragana yaazo aha musingye ogurikwingana (Reeba Sande 2004: Appendix C, Emisingye y'okugaruraho”).
 - c. Okugarura busya. Kubaasa kugaruraho enkoragana n'omuntu otukozire kubi, n'eky'omugasho kuhamya ngu owatukozire kubi ahindikire kugira ngu tutakibaho. Niyo nshonga ahabw'enki okweteisa okwabuzima nikweyorekyera omu mpindahinduka y'emitwarize.

²⁸ Okugyerageranisa okurimu emishororongo nikuruga omuri Worthington 2003: 171, Table 9.1.

²⁹ “Emigisha” ei turikutunga kuruga ahari Ruhanga neekwatanisa “n'emitwarize mirungi ei Petero aragiire [abaikiriza] okworeka omu mm. 8-9a” (Grudem 1988: 147). N'obu abahangu abamwe baraabe nibagira ngu 'omugisha' ogurikugambwaho n'ogw'okujunwa kw'omuntu okw'ahamuheru, hariho enshonga y'amaani erikubaasa kugambwa ngu eki Petero arikumanyisa n'okugira amagara marungi n'okuha abandi emigisha ahabw'okukora ebibi, nikijja kureeta emigisha kuruga ahari Ruhanga omu magara aga (cp., Michaels 1988: 178-79, na Grudem 1988: 148-49).

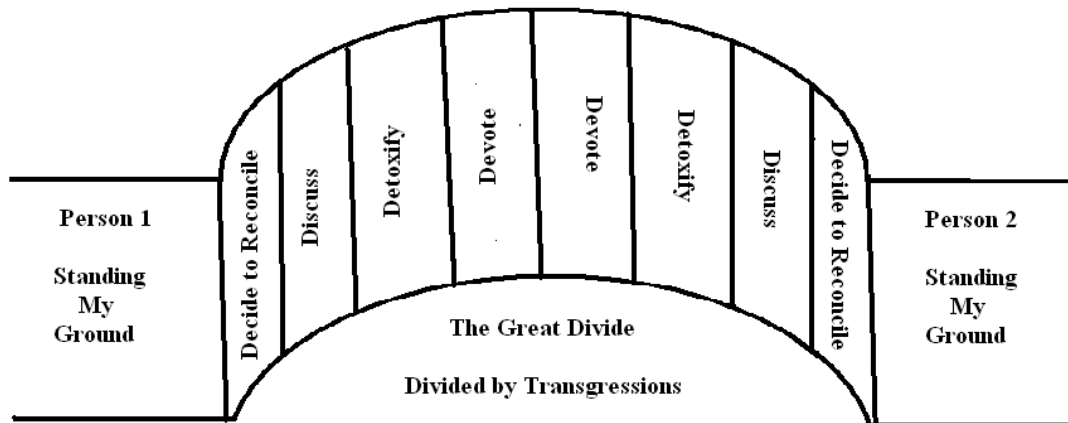
³⁰ Sande aine omuringo ogurikushushana ogw'emiringo ena ogw'okugarurwaho: (1) okweteisa, (2) okwekyebera, (3) okwatura ebibi byaitu, (4) n'empindahinduka (Sande 2004: 118-35).

d. *Okugaruka kwombeka obwesigye*. Obwire obwingi, abantu baingi nibabaasa kwetengwa kugaruraho enkoragana (Reeba **Gal 6:1**). Emiteekateekyere ehindukire neiya kurugwamu ebigambo n'ebikorwa ebyahindukire aha muntu ondiijo; ahamuheru, omuntu ondiijo naija kureeba obwesigwa bwaitu. Nikibaasa kutwara obwire bwingi kugaruraho obwesigye obwahendekire, nk'oku kyabaire kiri okutandikaho omukago gw'okwesiga. Kwonka ahabw'embabazi za Ruhanga hamwe n'okukwatanisa kw'abantu boona, nikibaasa kubaho.

2. Obundi eky'okureeberaho ekirikukirayo kukora aha nkora y'okugarukanisa n'ekya Worthington. N'obu arikukoresa ebigambo ebitarikushushana n'ebya Jeffress na Sande, “okwefuza, okugarura busya, n'okugaruka kwombeka obwesigye” ebi Jeffress arikugambaho, namwe nebya Sande “okwteisa, okwekyebera, okwatuura, n'empindahinduka y'omuntu,” byona biri omu nkora ya Worthington.

B. Enkora ya Worthington ey'okugarukanisa abantu

kiine emitendera ena, eki arikugyerageranisa n'orutindo, erimu emitendera ena: okusharamu, okuhanuura, okwetantara emibazi erikutokooza obwonko, n'okwehayo (Worthington 2003: chs. 9-12):



1. Yegyendesereze. Eky'okubanza n'okusharamu kw'okugarukana nainga obutagarukana. Okugarukana nikyetenga entambura kuruga omu mbaju *zombi*, n'ahabw'ekyo buri mbaju neebaasa kukuremesa eshaaha yoono. Okugarukana nikitwariramu obwire, amaani, obucureezi, hamwe n'oburemeezi bw'okugaruka kuhurirwa kubi nainga okukoresa omugisha gw'omuntu ondiijo.

a. *Omuntu naabaasa kuba atarikwenda kugarukana yaaba*: (1) arikukunda okwebaganisamu kandi atarikureeba nshonga y'okugaruka kwiguraho omukago; (2) n'eky'akabi aha magara g'omuntu kukikora (hariho akabi k'okutunga akabi k'omubiri nainga akandi); (3) omuntu omwe atwire naahenda obwesigye bw'omuntu kandi arikworeka oburemeezi tihaine okwetomboitwa n'okwetomboitwa okw'amazima; (4) obusaasi n'obusaasi oburiho hati, n'obw'amaani munonga; (5) ondiijo muntu afiire, tarikubaho, nainga ahabw'enshonga ezindi tikirikubaasika kugarukana.

b. *Abantu nibasharamu kugarukana ahabwokuba*: (1) tibarikwenda kwikiriza omukago oguremirwe; (2) nibasiima bataahi baabo n'omukago gwabo; (3) bateiremu amaani maingi omuri bataahi baabo n'omukago gwabo; (4) tibarikwetenga kugaruka omu *mbeera eriho obwahati*, kureka nibenda ekirikukiraho oburungi n'amaani enkoragana; (5) nibaikiriza ngu okuronda obusingye nikibaasa kurugwamu eburungi bingi kukira obutakora kintu kyona.

c. *Twine kusharamu oku turikubaasa kugarukana. Okugarukana nikubaho omu miringo ebiri*:

(1) Okugarukanisa okurikukira obwingi nikukorwa omu muringo gwesherekire, abantu bataganiise gye okugarukanisa. Okugarukana okutarikwetegyerezibwa kurimu: okurekyeraho obwangani, okuza hamwe (i.e., ahabw'omurimo gwaboona); okwegaita hamwe (nari okwegaitwa hamwe) n'omuntu owa kashatu kukora emirimo etari emwe n'emwe; okushemererwa n'okusiima buri omwe; okumanya okukwatanisa kwaitu omuri Kristo, ekirikubaasa kutuhwera kushenya “ebisiika by'okwebaganisamu” omu mbeera n'ebiteekateeko byaitu (**Efe 2:14-16**).

(2) Okugarukanisa omu bwijwire, nikukorwa abantu ku barikukorengana hamwe, okukora ahaburemeezi n'okugaruraho enkoragana eyahendekire.

(A) *N'obu abantu abamwe baraabe nibateekateeka ngu Mat 18:15-20 n'ekika kya 'kiragiro' ekirikworeka ngu buriijo twine kugamba n'omuntu owatugwisa kubi omu kihama tutakagambiire abandi kwejumba omu nshonga egyo, ekyo tikyo kiri*. Yakobo (**Kut 32-33**), na Abikaili (**1 Sam 25:18-35**), Yoab (**2 Sam**

14:1-23), na Barunaba (**Byak 9:26-27**) boona bakahikiirira abandi, nari bakakoresa abandi, kugira ngu bagarukye omu nshonga zitakahikire.

(B) *Omu kumanya oku orikubaasa kutandika omurimo gw'okugarukanisa:* “Okuganiira ahabwawe nikukirayo oburungi, kwonka omubimwe okureeta abantu abandi ahonaaho nikiba kiri kirungi munonga. Hariho embeera nyingi ezi eki kirikubaasa kuba ekihikire ebiro ebi:

Ku orikukorengana n'omuntu orikuruga omu buhangwa nari eby'obuhangwa, n'omucwe gw'okutereeza oburemeezi kurabira omu bajwekyerwa b'ekika nainga abebembezi abarikwesigwa;

Okuza ahari omuntu omu kihama nikibaasa kumureetera okufeerwa ekitiinisa omu maisho g'abandi;

Emwe aha mbaju ku erikubaasa kutiinisibwa endiijo, obundi ahabw'omuringo gw'okugamba gutarikushushana, obwebembezi butarikushushana, n'obushoborozi butarikushushana;

Omuntu omwe ku arikubonabonesibwa ondiijo, n'obuhame ngu orikubonabonesibwa naabaasa kukoresa okuganiira kw'ekihama kumucumintiriza;

Ku haraabe hariho omuntu owa kashatu oine enkoragana nungi okukukira ei oine n'omuntu orikubaasa kukwatwa omu kibi, kandi omuntu ogwo ayeteekateekire kureetaho enshonga n'omubi.” (Sande 2004: 146-47)

d. *Tushemereire kusharaho obwire bw'okugarukana.* Okusharamu n'okusaasira obumwe nibibaho juba; okugarukana buriijo nikyeta obwire. Abakristaayo bashemereire kuronda oburyo bw'okutandikaho enkora y'okugarukana. Tutakatandikire kugarukana omu *bwijwire*, twine kushwijuma ebigyendererwa byaitu hamwe n'embeera y'omutwe n'enyehurira yaitu (nituba twine oburemeezi bwingi? oine ekiniga?—nikiba kiri kirungi kushaba reero okoragana n'ebintu ebyo). Twine kushwijuma omuntu ondiijo n'embeera, tushabe obuhabuzi bwa Ruhanga. Kwonka, buriijo tushemereire kukoresa omuringo ogurikushushana n'ogwa Kristo oguri omu muhanda (kandi oguri kuretaho) okugarukana *okwesherekire*.

2. Gambaho. Kubarasharemu kugaruraho obusingye, abu kirikukwataho bashemereire kuteeranira hamwe bakahanuura aha nkoragana yaabo, okwebaganisamu okuri ahagati yaabo, n'oku barikubaasa kugaruraho omukago n'omukago murungi.

a. *Omuringo murungi gw'okubugana n'okugamba n'omuntu ondiijo n'okubanza wahindura emtwarize yawe—kora ho “emicwe yampora.”* Emicwe mirungi neekuhwera *kugamba gye*, kandi ekyo n'eky'omugasho omu kugarukana n'omuntu ondiijo. Emicwe mirungi neemanywa nk'okusaasira n'obucureezi.

b. *Okucondooza nikworeka ngu omu bwire obwingi, oihireho ekirikubaasa kuba “ekihikire”, enjuyi zombi nizireeba nk'omugyenzi kandi endiijo nk'omukozi w'ekibi; enjuyi zombi nizibaasa kwija ziteekateekire kusaasira endiijo, kwonka tizirikweteekateekyera kimwe kusaasirwa* (Worthington 2003: 191). Omu nshonga nk'ezo, enjuyi zoonza nizikora enshobi. Obwire obwingi, omuntu oine enshobi nkye (kwonka orikwenda kugaruraho omukago) naabaasa kutandikaho enkora y'okugarukanisa obwo arikuza aha muntu ondiijo yaayoreka ebibi bye ebyashiisha omukago (omuntu aine enshobi nyingi naabaasa kugira enshoni nyingi kutandikaho enkora egyo). Oihireho orikutandika omurimo, okugamba ebirikukukwata ahaburemeezi, nikikora ebintu bibiri: (1) nikikuratira okwegyesa kwa Yesu omuri **Mat 7:3-5** iwe “kwiha ekiti omu riisho ryawe” otakakozire aha “akati omu riisho ry'ow'eishe - emwe; kandi”; and (2) “okweteisa kwawe obumwe nikureetera ondiijo muntu kwikiriza ebibi bye” (Sande 2004: 158). Sande neeyeta eki “Ekiragiyo ky'ezabu,” n'ekiragiyo kya zaabu (ekirikutushaba kukorera abandi nk'oku turikwenda ngu batukorere): “Ekigyendererwa kya zaabu nikigira ngu *abantu nibatukorera nk'oku turikubakorera*. Ku turikujunaana abandi ahabw'oburemeezi, nabo nibatwejunaana. Kwonka ku turikugira ngu, ‘nkakora enshobi,’ nikitangaaza oku abantu barikukira kugarukamu ngu, nabwo n'omushango gwangye.” (Ibid.: 78)

c. *Okwatura kwawe kwawe kukareetera ondiijo muntu “kwikiriza n'ekicweka ky'omutima”, noobaasa kukyetegyerwa, okagarukayo ahari ondiijo muntu, nari okubuuza ebibuuzo kureeta enshonga omu bwijwire.* Omu kugarukamu okwikiriza okurimu ekicweka ky'omutima nka, “Ninteekateeka ngu nanye nkafeerwa ekiniga kyangye,” ninga “Ekirungi, tikiri ensobi yaawe yoona,” Sande nahabura eby'okugarukamu nka: “Ninkusiima okwikiriza ngu wafeerwa ekiniga kyawe, Bob. Mbasa kushoboorora oku ekyo kyampwereire kwehurira?”; “Ninsiima okugamba

kubi munonga omu kujunaana omuntu ondiijo; (3) niturumba omuntu, omu mwanya gw okukira okuhamira aha nshonga; (4) nituhurira obusaasi omu mahurire gaitu; (5) titurikubaasa kureka obusaasi.

4. Yeheyo. Nitubaasa kuhika aha rurengo rw'okugarura busya, ekirikutwariramu okwehayo aha muntu ondiijo hamwe n'omukago.

a. *Eki nitubaasa kukikora turekye kuteekateeka munonga aha nshobi, omu mwanya gw'ekyo, nitubaasa kusingura obusaasi bwaitu turikwegyera aha buremeezi.* Nitubaasa kureeba oku eki kituhindwire kandi kikatuhindura abantu barungi. Nituhika aha rurengo rw'okwehayo twakora rukundo. Nitwetegyereza oku omuntu ondiijo arikubaasa kwetwa nk'otaine mugasho n'okwetwa nk'otaine mugasho, okwetwa nk'otarikukundwa n'okwetwa nk'orikukundwa. Nitubaasa kukora ebintu ebyo, kugira ngu turekye kukyendeeza omutindo gw'omuntu ondiijo, kureka ngu tumutwale nk'ow'omugasho kandi tumworekye rukundo yaitu. N'ahabw'ekyo, nitukyendeeza aha bintu ebithahikire kandi tukongyera aha birungi ebirikutukwataho, turikugyezaho kureeba enkoragana egyo kurugiiirira aha miteekateekyere y'omuntu ondiijo.

b. *Okwongyera omutindo gw'okukorengana kurungi n'okutahikire, nikyetengyesa kumanya omuntu ondiijo kurungi kandi nikyetenga okusaasibwa.* Nikyetengyesa kumanya oku omuntu arikwehurira nainga oku arikwehurira ku arikukundwa. Emiringo y'okworeka rukundo neetwariramu: (1) ebigambo by'okukunda n'okuhanya; (2) okukwata aha mubiri n'okukunda; (3) okumara obwire n'omuntu; (4) ebikorwa by'okuheereza n'okukunda; (5) ebiconco by'okukunda. (Chapman, 1995: *passim*) Nitukoresa ebigambo by'okukunda ebi omuntu ondiijo arikukunda munonga. Omu bwiire bukye, okurabira omunkora y'okugarukanisa, nitubaasa kwetegyereza gye omuntu ondiijo, kandi tukatuura nk'Abakristaayo, twine ebiteekateeko n'omwoyo gwa Kristo, tushemereire kwetegyereza abantu kandi tukatuura, obwire bwona, omu mikago yaitu.

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EBIRIKUGYENDERWAHO

Eky'okureeberaho ky'okusaasira eky'okugaruraho omukago gw'abashwereine n'amaka³²

Kwonka, nikibaasa kukoresibwa abakurisitaayo abaine oburemeezi omu mikago yaabo. Nikibaasa kuba eky'omugasho ahari abo abatari bakurisitaayo, kwonka ekyo tikirikubaasika, ahabw'okuba nikyegamira aha biiburi abatarikukrisitaayo tibarikubaasa kwikiriza.

Omurimo gw'okusaasira ogurikwetabwamu omubuurizi hamwe n'abashwereine n'ogw'obwire buraingwa (hakiri eshaaha ishata) kandi gurimu emitendera ikumi n'eshata. Emitendera etebekanisiibwe omu bicweka bishatu: (1) okushoboorora n'okweteekateekyera (Emitendera 1-3), ekirikutwariramu okuhanuura ahagati y'abashwereine n'omuhabuzi; (2) okushaba n'okusaasirwa (Emitendera 4-12)— ahanyima y'omuntu omwe kuhendera emitendera yoona ahagati ya 4-12 ,omukundwa ondiijo naahindikamu; kandi (3) omukoro niguhendera n'ekikorwa ky'emikoro (Omutendera 13). Abashwereine nibabaasa kuba nibetenga okuhumurizibwa omu biro by'omumaisho ahanyima y'okusaasirwa, kwonka okuhendera kurungi okusaasirwa, kishemereire kukyendeeza omuhendo gw'okuhumurizibwa omu biro by'omumaisho.

Omuringo 1: *Enshonga z'okusaasira nizigambwaho*. Omuhabuzi natunga orusa kuruga omu babuurizi kugamba aha kusaasira, ahabw'okuba nikipuru omu kwikiriza. Boona nibagamba aha makuru g'okusaasira. Omuhabuzi naagaaniira aha ki Baibuli erikugamba aha kusaasira n'okukunda. Omuhabuzi naata amaani aha nkora y'okusharaho. Abajwekyerwa bashemereire kwikirizana ngu okusharamu kw'okusaasira tikirikukwata aha kureka ekiniga n'okwenda kushashura, kureka nikitwariramu n'okwehayo, okusaasira n'okukunda nk'oku Kristo yaakozire. Okwegyesa abashwereine Ebyahandiikirwe n'eky'omugasho, ahabw'okuba abakristaayo abarikukira obwingi nibenda ebiteekateeko byabo, ebigambo byabo, n'ebikorwa byabo bikwatane n'Ebyahandiikirwe.

Omuringo 2: *Buri muntu aine omugisha gw'okushaba okusaasirwa ahabw'ebikorwa bye ebitahikire*. Abashwereine baine omugisha gw'okwaturirana enshobi zaabo omu maisho g'omuhabuzi. Ebiteekateeko byabo ti by'okurwanirira ebikorwa byabo, nainga kurwanisa enshobi z'abakazi baabo, kureka n'okwerarikirira enshobi zaabo n'okwefuza enshobi zaabo. Omuhabuzi naabaasa kugamba ekintu nk'eki: "Twine kutaho engyenderwaho y'okwebembera omurimo. Abashwereine nibakira kureeta okwerarikirira omu kuhumurizibwa aha bikwatiraine n'emitwarize y'omugyenzi waabo, kwonka tibarikukira kuta omutima aha bibi byabo. Ku orasharamu kugumizamu omu kushomesa, nooyeteekateekyera okureetaho oburemeezi, obwo obwire bwawe bwaheza kuhika, reero orekye kuteekateeka eki ou orikushwerana nawe ashemereire kwatwara? Munywani waawe yaaba

³² Eky'okureeberaho eki nikyegamira aha bihandiiko ebirikukurataho: Frederick A. DiBlasio, "Scripture and Forgiveness: Interventions with Christian Couples and Families," *Marriage and Family: A Christian Journal* 2 (1999): 247-58, and Frederick DiBlasio and Robert Cheong, "Christ-like Love and Forgiveness in Marital Counseling: Theory and Practice" (submitted by the authors to *Marriage and Family: A Christian Journal*, in press).

Okwongyera ahari ekyo, ECLEA eri aha mukutu gwayo (www.eclea.net) byombi *Leader's Manual and Guide*, and *Participant Manual* for Everett L. Worthington's course for promoting forgiveness, *Experiencing Forgiveness: Six Practical Sessions for Becoming a More Forgiving Christian*. Dr. Worthington ehereize orusa eby'okukoresa omu mishomo egi, okwiha aha intaneti, okubikora, n'okubikoresa busha.

atagambire aha nshonga erikukwerarikiriza, nitubaasa kugigambaho bwanyima omu rukiiko.”

Omuringo 3: *Entandikwa y'okuragurirwa kw'okusaasira hamwe n'okusharamu kw'okugumizamu nainga kutagumizamu.* Nikirungi kutandikira aha mushaija nari omukazi owakozire ekihagaro ky'amaani. Buri musheija n'omukazi bashemereire kusharamu ebintu bikye ebi bashemereire kushaba okusaasirwa. Omuhabuzi naabaasa kumanya yaaba baine enshonga erikushushana. Omuhabuzi naabaasa kugira ati: “Okushaba okusaasirwa tikurikushushana n'okuhaburwa kw'abashwereine okwa buriijo. Ku oraije kwikiriza kugumizamu, [Omugore A] naija kurabira omu mitendera 4-12, reero [Omugore B] atuhe omugisha (omuhabuzi naabaasa kukuha kopi y'emitendera kandi agigambeho omu bwijwire). Ninyija kukora omurimo gw'amaani omu kushaba okusaasirwa, okureeba ngu okushaba nikugyenda omu maisho n'okusharamu, n'obuhwezi bwanyu, ebirikubaasa kuba eby'omugasho omu kushaba okusaasirwa n'ebirikubaasa kubiikwa ahabw'obwire.”

Omuringo 4: *Ekihandiiko ky'obuhuta.* Abashwereine bashemereire kworeka gye emicwe yaabo erikushaasha. Nikyetenga kugambwa omu muringo ogurikworeka okwetegyereza ngu kikaba kigwire, nikishaasha, kandi ngu kikaba kitarikwetengwa. Emirundi mingi omushaija nabaasa kuta omu sitamenti ye ekintu ekirikukwata aha bikorwa by'omukazi we (e.g., omushaija naashaba okusaasirwa ahabw'okugamba kubi omukazi we omu bantu, ahabw'obutashemererwa bwe. Okutwariramu enteekateeka ye aha bikorwa by'omukazi we, nikimwihaho orubanja rwe kandi kyongyera aha kwerinda kw'omukazi we. N'ahabw'ekyo, omuhabuzi ashemereire kuhwera omushaija n'omukazi we kweta ekicweka kye ky'oburemeezi. N'eky'omugasho kubuuzza ou ori nawe omu bushwere oti, “Omushango ogu gukaba guri mubi?” Omushaija nari omukazi ku arikubangaarira, omubuurizi ashemereire kumworeka ekyo reero ashemereire kuronda enshobi ei arikuteekateeka ngu n'ekishobobo, nainga kugaruka agiteekateekye. Obwire obwingi, okworeka omushango nikireeta enshonga ezindi nyingi.

Omuringo 5: *Omukozi w'ebibi naashoborora.* Omuhabuzi natandika omutendera ogu arikutunga orusa kuruga ahari omuntu oine ekiniga kugyezaho kumanya enshonga ahabw'enki omukazi we/omushaija we aine ekiniga (okutunga orusa nikureetera omushaija we/omushaija we oine ekiniga kwejumba omu kwetegyereza emicwe y'obusaasi). Omuhabuzi nayoreka kurungi ngu enshobi ezirikukira obwingi omu bushwere ziine enshonga, kwonka obumwe n'obumwe enshonga egyo terikwetegyerezibwa ahabw'obusaasi n'obusaasi obu buriijo burikuhikwaho. Omuhabuzi ashemereire kurabura ngu okushoborora tikurikwija kutwarwa “nk'okwekwasa”, kureka n'ekicweka ky'okuronda amakuru agarikwija kuhwera omu kushwijuma emishango. Okucondooza enshonga ezirikureetaho enshobi, nikibaasa kureetaho okwetegyereza emicwe y'abantu abaabaire bari omu bushwere batakagiire omu bushwere. Eki nakyoko nikibaasa kureetera abashwereine kwetegyerezana, n'okusaasirana.

Omuringo 6: *Ebibuuzo n'okugarukwamu ebirikukwata aha mushango.* Abashwereine bashemereire kuteeraho kwetegyerezana. Kwonka, ebibuuzo bingi ebi barikushaba, nibikira kukoreshwa 'kukora enshonga' omu mwanya gw'okuronda kwetegyereza n'okutunga amakuru. Omuhabuzi naabaasa kugira ati: “N'obu eki kirikubaasa kureebeka nk'ekitari kya buriijo, abashwereine tibarikukira kutunga eby'okugarukamu by'ebibuuzo byabo ahabw'embeera y'okwerinda haihi n'ekihagaro. Ebibuuzo nibikira kubuzibwa kubi nainga omu muringo gw'okworeka enshonga. Ogu nigwo bwire bw'okutunga amakuru omu mutima gw'okukunda. Reka twena tukoreze hamwe kwetegyereza ekizibu eki turikubuuza ebibuuzo. [Omushaija/omukazi B] oine eki orikubuuza [omukazi/omushaija] waawe?” Okuha eby'okugarukamu hamwe n'ebirikukwata aha nshonga nikiyonja owakozire kubi kandi kyanguhiira okusaasira. Omuhabuzi w'abashwereine naabaasa kukora omurimo gw'amaani, okuhwera abashwereine kukora ebibuuzo ebirikwetengwa.

Omuringo 7: *Oshebeziwe nahereza oku arikuhurira.* Omukago gw'ahamara nigubaasa kubaho, abashwereine ku barikubaasa kukwatanisa aha rurengo rw'ebiteekateeko. Omuntu oine ekiniga naayenda ngu oine ekiniga yahurira kandi yaayetegyereza obusaasi n'enyehurira ye kwonka naabaasa kugumirwa kugamba gye enyehurira ye. Kandi, omubuurizi ashemereire kukora omurimo gw'amaani kandi ashemereire kureetaho emiteekateekyere y'okwetantara kwerinda. Omuhabuzi naabaasa kugira ati: “N'obu kiraabe nikyetengyesa [Omushaija B] kugamba ebirikumukwataho ahabw'okutiina kukugwisa kubi, noiya kumwikiriza kukugambira ebirikumukwataho? (Abashaija n'abakazi ku barikuheerezagana orusa kworeka enyehurira zaabo, nibahinduka okuruga omu kwerinda kuza omu kwakiira.) Omushaija nari omukazi oine ekiniga naabaasa kworeka oku yaabaire ayehurira omu bwire obwo, hamwe n'oku arikwehurira hati kurugirira aha bi yaayegire omu kubudaabudibwa.

Omuringo 8: *Omusiisi naayoreka okusaasibwa n'okwefuza ahabw'obusaasi obu arikureeta ahari mugyenzi we.* Okugira ngu omushaija n'omukazi we boorekye obusaasi n'oburemeezi, nikyoreka ngu okubonabona kwe nikwetegyezibwa kandi nikusiimwa. Eki nakyo nikireetaho okusaasira n'okusaasira. Abashaija n'abakazi bainingi nibabaasa kwefaho bonka, kandi bakashanga kigumire kugirira bagyenzi baabo esaasi. Omuhabuzi naabaasa kuhwera omuri eki arikubuuza ebibuuzo nka, “Omukazi waawe ku yaagambire ngu akahutaazibwa munonga yaayemerera nyekiro, noteekateeka ngu ekyo nikyehurira kita?” Omuhabuzi naabaasa n'okushaba buri musheija n'omukazi okworeka okwetomboitwa n'okusaasibwa kwe.

Omuringo 9: *Omukozi w'ebibi naakora enteekateeka y'okuzibira engyesho.* Omuntu okushaba okusaasirwa omu mazima nikimanyisa ngu omusiisi atebekanisa kurekyeraho engyesho mbi n'okuzibira ekyo kubaho omubiro by'omumaisho. Okusaasira nikureetwaho enteekateeka y'okutereeza hamwe n'enkora y'okureetaho imbaririra. Enteekateeka eshemereire kuba ehikire kandi erikukorwa omukozi w'ebibi n'obuhwezi bw'omukazi we n'omuhabuzi we. Omuhabuzi naabaasa kushaba Omwoyo Orikwera kureeta ebiteekateeko omu biteekateeko bye kandi yaabaasa kugira ati: “Ahabw'enki otaratandikire n'okwehayo kwona oku orikwenda kukora, kandi obundi nk'oku orikubikora, ebiteekateeko nibiija kwija nk'oku orikubaasa kureeba ngu okwehayo kwawe kukahikiirira?” Omuhabuzi naakora ekihandiiko ekirikukwata ahari buri kicweka ky'enteekateeka yaabo kandi nahamya omugasho gw'abashwereine kurinda enteekateeka yaabo omu mwanya ogurikwetengwa kandi ogurikwetengwa.

Omuringo 10: *Ogwe osaasire nayoreka okweteyereza kw'obusaasi bw'ogwe owakozire kubiffended spouse shows empathy for the offender's hurt.* Oburemeezi bw'omu bushwere buriijo nibureeta obusaasi bw'amaani ahari abo abarikuhenda ebiragiho hamwe n'abo abarikuhenda ebiragiho. Enkora y'omushaija naabaasa kushoboororwa ahabw'obusaasi obwabaireho omu bushwere hamwe/nainga obusaasi obwabaireho enyimaho. Okwongyera ahari ekyo, omukozi w'ebibi hati aine kukoragana n'eshoni n'okwerarikirira ahabw'okureeta obusaasi aha mukazi we. Omuhabuzi naabaasa kugambira omushaija nari omukazi oine ekiniga ati: “Nimanya ngu ekiniga ky'omukazi waawe kikureeteire obusaasi bwingi, kwonka hati nitureeba ngu nawe aine obusaasi. Noobaasa kuta omu bigambo oku arikwehurira?” nk'oku kiri omu rurengo rwa 8, omuhabuzi naahwera omushaija n'omukazi we.

Omuringo 11: *Okuta amaani aha kucwamu n'okwehayo omu kureka.* Omuhabuzi najitsya abashwereine ebyabaganiisibwemu omu kicweka kya 1 ekirikukwata aha rukundo n'okusaasira hamwe n'enkora y'okusharamu aha kusaasira. Omushaija nari omukazi oine ekiniga ku arikucwamu kusaasira, naahayo kureka ekiniga nk'ekintu ky'okurwanisa omu biro by'omumaisho. Ekyo tikirikuzibira okuhanuura aha mushango; omu mazima, okukora aha nshonga omu kuhumurizibwa nikibaasa kuba nikyetengwa. Okuhanuura, n'ahabw'ekyo, kushemereire kubaho aha ku barikubaasa kwetantara okugarukamu ebitahikire, hamwe n'oku barikubaasa kukoragana n'ebiteekateeko by'ekiniga ebirikubaasa kubaho omu biro by'omumaisho (reeba okuganira okurikukwata kwehayo kusaasira omu bantu kandi n'okuguma aha kusasira hamwe n'okusasirwa omu kicweka V. “Okusasira hamwe n'Okugarukana,” ahiguru).

Omuringo 12: *Okushaba okusaasirwa omu butongore.* Okureeba ngu okusaasira nikweyoreka gye, abashwereine bashemereire kuta omu bigambo okushaba n'okwikiriza okushaba kwabo. Omuhabuzi naabaasa kugira ati: “Obwahati n'obwire, [Omukazi A] yaaba nayenda, kushaba okusaasirwa omu butongore omu maisho gangye nk'omujurizi. [Omukazi B] naabaasa kugarukamu yaaba naija kumusaasira nainga ngaaha. Okushaba omu butongore omu maisho g'abajurizi nikuhamya ngu okusharamu okuhikire kukakorwa okusaasira.” Abakundiine abaingi nibarira, bakwata engaro, nainga bakagwa amaju kworeka okweteisa n'okwetomboitwa ahabw'ekibi eki bakozire. Bwanyima y'okusaasirwa, omuhabuzi naahandiika eizooba n'obwire, reero yaashaba abashwereine kubihandiika omu mwanya gw'omutaano. Omuhabuzi naabaasa kugira ati: “Okusaasirwa kukashabirwa kandi kwaheebwa aha shaaha 11:32 ez'akasheeshe aha eizooba eri. Nyabura we teekateeka aha kukwata eizooba n'obwire omu mwanya gw'omutaano ahabwokuba obwire obu n'oburikwera omu maisho ga Ruhanga. Ku oraabe oine ekibuuzo kyona ekirikukwata aha kushaba okusasirwa nainga okureka okusasirwa, habaho obwire n'eizooba, nainga nyeta nk'omujurizi.”

Omuringo 13: *Ekikorwa ky'emikoro.* Ekikorwa ky'omukoro ahagati y'abashwereine, nikyongyera amaani omu kusaasira, kandi kibahwera omu kuteekateeka, emiteekateekyere, n'omu by'omwoyo, kugira ngu ebiteiso byabo bigumeho. Omuhabuzi naabaasa kubuuza ati: “Noobaasa kujaguza ota okusaasirwa okwakozirwe aha—ekintu ekirikujwekyera okusaasirwa—ekintu ky'emikoro?” Abashwereine nibabaasa kusharaho kuhandiika enshobi zaabo aha rupapura reero bayokye orupapura, okubyara ekimera ky'omutaano, okuhandiika

n'okuhaana ebaruha z'okukundana, okuhaana ebiconco, nainga kukora ekintu ekindi eky'omugasho aharibo ekirikumanyisa okusaasira kwabo hamwe n'okutandika kw'amagara masya Omurundi gwonu nigubaasa kuba ogw'obucunguro, ogurikuhindura amagara g'omuntu, ogurikuteganisa enkoragana y'abashwereine, n'okureeta hamwe omukukwatanisa na Kristo.

OMUHANDIIKI



Jonathan Menn natuura omuri Appleton, WI, USA. Akatunga obubonero bwa B. A. omu by'obutegeye kuruga omu yunivasite ya Wisconsin-Madison, n'ekitiinisa, omuri 1974, kandi akatwarwa omu kibiina kya Phi Beta Kappa. Bwanyima akatunga diguri ya J. D. kuruga omu ishomeru ry'ebiragiro erya Cornell Law School, Magna cum laude, omuri 1977, kandi akatwarwa omu kibiina ky'ebiragiro ekya Order of the Coif. Akamara emyaka 28 erikukurataho arikukora nk'omunyabiragiro, nk'omunyabiragiro, omuri Chicago, reero yaaba nk'omunywani omu kitongore ky'ebiragiro ekya Menn omuri Appleton, WI. Akahinduka omwikiriza kandi omukuratsi wa Yesu Kristo omuri 1982. Okweyongyera kukunda eby'ediini hamwe n'obuheereza, kikamureetera kwega diguri ya kabiri omu by'ediini aha eishomeru rya Trinity Evangelical Divinity School omuri Deerfield, IL. Akatunga diguri ye eya M. Div. kuruga omuri TEDS, summa cum laude, omu kwakataano 2007. Ahagati ya 2007-2013, akaba ari mukuru w'ekitongore kya Equipping Pastors International omuri burugwa izooba bwa Africa. Obwahati Jonathan niwe mukuru w'ekitongore kya Equipping Church Leaders-East Africa (www.eclcia.net). Ebyahandiikirwe bye bingi eby'okwegyesa abantu ebirikukwata ahari baiburi biri aha www.eclcia.net. Jonathan nabaasa kuhikwaho ahari: jonathanmenn@yahoo.com.